

There is a two-letter word that perhaps has more meanings than any other two-letter word, and that is 'UP.'

- It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?
 - At a meeting, why does a topic come UP?
 - Why do we speak UP
 - Why are the officers UP for election
 - Why is it UP to the secretary to write UP a report?
 - We call UP our friends.
 - And we use it to brighten UP a room,
 - polish UP the silver;
 - we warm UP the leftovers
 - and clean UP the kitchen.
 - We lock UP the house and some guys fix UP the old car.
 - People stir UP trouble
- [There's more, that that will wrap it UP for now.]*

Mattityahu מתתיהו
(Matthew) 16:11-12

Mattityahu (Matthew) 16:6-10

Now when the disciples came to the other side of the sea, they had forgotten to take bread. "Watch out," *Yeshua* said to them, "and beware of the *hametz* of the Pharisees and Sadducees."

What is Hametz? חמץ

Hametz [leaven] is any food product made from wheat, barley, rye, oats or spelt that has come into contact with water and been allowed to ferment and "rise."
[other fermented products are OK: wine, kefir, etc.]

Passover prohibitions!

[\[http://www.chabad.org/holidays/passover/pesach_cdo/aid/1742/jewish/What-Is-Chametz.htm\]](http://www.chabad.org/holidays/passover/pesach_cdo/aid/1742/jewish/What-Is-Chametz.htm)



Shmot/Ex 12.14-15 "It shall be for you a remembrance . . . seven days you shall eat matzah, and on the first day you should remove all *se'or* (sourdough, a leavening agent) from your homes. Anyone who eats *hametz* (leaven) from the first day to the seventh day shall be cut off from Israel."

Shmot/Ex 12.19 For seven days no *hametz* is to be found in your houses, for whoever eats *hametz*, that soul will be cut off from the congregation of Israel, whether he is an outsider or one who is born in the land.

[Serious issue. Cut off not well defined: excommunicated/exiled, die prematurely?]

So, leaven, hametz is to be burned before Pesakh/Passover]



[We have a little bonfire, previously at my house. This year, burn barrel from Sukkot left out for Hametz burning ceremony. Only a very few have come in the past...]

Fine to eat Hametz the rest of the year. So what was the deal?

Mattityahu (Matthew) 16:6-10

And they began to discuss among themselves, saying, “We didn’t bring any bread.” But knowing this, *Yeshua* said, “O you of little faith, why do you discuss among yourselves that you have no bread?

[Note: faith is part of this.]

You still don’t get it? Don’t you remember the five loaves for the five thousand, and how many baskets of leftovers you gathered? Or how about the seven loaves for the four thousand and all the baskets of leftovers you gathered?

Mattityahu (Matthew) 16:11

איך זײַ אײַנעם מְבִינִים שְׁלֹא עַל כִּפְרוֹת הַלֶּחֶם דְּבַרְתִּי אֵלֵיכֶם? הִזְהָרוּ מִשָּׂאֵר
הַפְּרוֹשִׁים וְהַצְּדוּקִים!”

How can you possibly think I was talking to you about bread? Guard yourselves from the hametz of the P'rushim and Tz'dukim!"

Mattityahu (Matthew) 16:12

אָז הִבִּינוּ כִּי לֹא אָמַר לָהֶם לְהִזְהָר מִשָּׂאֵר הַלֶּחֶם אֶלָּא מִתּוֹרַת הַפְּרוֹשִׁים וְהַצְּדוּקִים.
Then they understood — they were to guard themselves not from yeast for bread but from the teaching of the P'rushim and Tz'dukim.

What teaching? *Yeshua* MOSTLY agreed with P'rushim.

Mtt. 23.1-3 Then *Yeshua* addressed the crowds and his *talmidim*: “The *Torah*-teachers and the *P'rushim*,” he said, “sit in the seat of Moshe. So whatever they tell you, take care to do it.

[What teaching was sooooo troubling? Similar issue with Shaul/Paul:]

So, what was Shaul so upset about in Gal. 5.12?

- As for those agitators, I wish they would go the whole way and emasculate themselves! NIV
- I wish that those who are troubling you would even mutilate themselves. NASU
- I would that they that unsettle you would even go beyond circumcision. ASV
- I only wish these teachers who want you to cut yourselves by being circumcised would cut themselves off from you and leave you alone! TLB
- I wish the people who are bothering you would go the whole way and castrate themselves! CJB

What???

[Not very nice talk!!]

Teaching / hametz of the P'rushim and Tz'dukim =

Ro. 10.3 They are unaware of God's way of making people righteous and instead seek to set up their own.

[I've taught this verse previously, but different slant today.]

- Some people do righteousness VERY well.
- Some people are nicer by nature than others are by grace.
- GREATEST mystery to me is the deep flaws in the 'righteousness' of people with Messiah's grace.

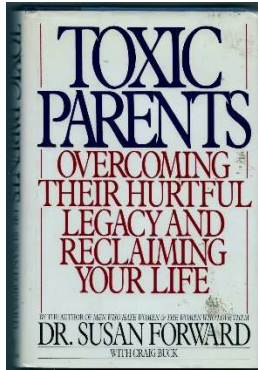
What I am about to share is the MOST important, life impacting teaching I've ever shared. Compared to this, I've never preached anything significant before. What makes us who we are. Essence of freedom from hametz.

Eph. 3.14-21 For this reason, I fall on my knees before the Father, from whom every family in heaven and on earth receives its character.

John Bradshaw, a family-systems therapy advocate and family dynamics expert, cites research that found 96 percent of all families to be to some degree 'dysfunctional' — that is, distorted by addictions and compulsions... so, ignores the needs of each individual.

96 percent of all families are to some degree emotionally impaired.

[<http://www.thebiganswer.info/Family-Dysfunction.php>]



[Given to me by my sister.]

“Most adult children of toxic parents grow up feeling tremendous confusion about what love means and how it’s supposed to feel. Their parents did extremely unloving things to them in the name of love. Love doesn’t hurt, it feels good. Loving behavior nourishes your emotional well-being...Genuine love creates feelings of warmth, pleasure, safety, stability, and inner peace.”

— Susan Forward, *Toxic Parents: Overcoming Their Hurtful Legacy and Reclaiming Your Life*



Classical nuclear family

[Smiling, eye contact, affirming, body language leaning in 6x/sec exchange of affirmation → oxytocin

Most of us don’t understand father allusion, since no experience in healthy families.

Father hunger]

Eph. 3.14-21 For this reason, I fall on my knees before the Father, from whom every family in heaven and on earth receives its character.

[Verse is opaque, except for revelation following.

Need the following to have healthy families, source of all.]






Eph. 3.14-21 I pray that from the treasures of his glory he will empower you with inner strength by his Spirit,

[Treasures: most treasuries in the world are bankrupt.

Next slide too small to read, but if get notes, for comparison. Treasuries of the nations of the world. US is 20th wealthy.]

Rank ↕	Country ↕	Foreign-exchange reserves (Millions of US\$) ↕	Figures as of ↕
1	 China	3,051,600	November 2016 ^[1]
2	 Japan	1,242,792	October 2016 ^[2]
3	 Switzerland	685,559	October 2016 ^[3]
4	 Saudi Arabia	535,900	October 2016 ^{[4][5]}
5	 Taiwan	435,263	October 2016 ^{[4][6][7]}
6	 Russia	385,300	2 December 2016 ^{[8][9][10][11]}
-	 Hong Kong (China)	383,145	31 October 2016 ^{[12][13]}
7	 South Korea	375,170	October 2016 ^{[14][15]}
8	 India	365,306	25 November 2016 ^{[16][17]}
9	 Brazil	365,295	1 December 2016 ^{[18][19]}
10	 Singapore	251,364	October 2016 ^{[4][20]}
11	 Germany	200,394	April 2016 ^[21]
12	 Thailand	182,668	August 2016 ^[22]
13	 Mexico	176,852	October 2016 ^{[23][24]}
14	 United Kingdom	163,503	March 2016 ^[25]
15	 France	153,891	March 2016 ^[26]
16	 Italy	143,183	March 2016 ^[27]
17	 Turkey	123,440	November 2016 ^{[28][29]}
18	 Algeria	121,900	October 2016 ^{[4][30]}
19	 Indonesia	116,400	1 January 2017 ^{[31][32]}
20	 United States	116,184	18 November 2016 ^{[33][34]}

***[Twenty countries with the most treasure = reserves
US 116,184,000,000 dollars in reserves. \$116 billion]***

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[https://en.wikipedia.org/wiki/List_of_countries_by_foreign-exchange_reserves]

China has \$3 trillion treasure = reserves

Next slide is the debt of the countries of the world]

Country/Region	External debt ^[2] US dollars	Date	Per capita ^{[3][4][5][6]} US dollars
 United States	19,643,000,000,000	31 March 2016 ^[10]	60,340
 United Kingdom	9,219,000,000,000	31 December 2014 est. ^[11]	146,244
 France	5,750,152,000,000	31 March 2014	86,317
 Germany	5,546,869,000,000	31 March 2014	68,720
 Luxembourg ^[note 1]	3,472,282,000,000	31 March 2014	3,696,467
 Japan	2,861,488,000,000	31 March 2014	24,000

[https://en.wikipedia.org/wiki/List_of_countries_by_external_debt]

United States of America

- \$20 trillion debt, \$116 billion reserves [hard to visualize, so proportionally:]
- Like \$20 thousand debt, \$116 reserves
- USA has no treasure, no reserves

Eph. 3.14-21 I pray that from the treasures of his glory he will empower you with inner strength by his Spirit,

^{NIV} I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

[1. Treasures: most treasuries in the world are bankrupt. US \$20 trillion debt, \$116 billion reserves

\$20 thousand debt, \$116 reserves

2. Of His glory: made of??, no lien: pearls, Au, Ag, ²³⁵U fissile, and it's empowering!!]



[2.5 million times more than the energy released from burning coal

https://en.wikipedia.org/wiki/Uranium-235

Heavy gloves]

Eph. 3.14-21 I pray that from the treasures of his glory he will empower you with inner strength by his Spirit,

^{NIV} I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

[3. Empower you: give, grant, bestow

4. Inner strength: dunamis: (miraculous) power, might, strength, physical power, force, might, ability, efficacy, energy, meaning

Why strength: wealth like that easy to waste.

5. By the Spirit of Him: not impersonal

Yn 16.15 Everything that the Father has is Mine. For this reason I said the Ruach will take from what is Mine and declare it to you.”

Accumulation of descriptions: treasure, empower, inner strength, Spirit]

Eph. 3.14-21 so that the Messiah may live in your hearts through your trusting.

[Again, not impersonal strength, but Messiah, whom we love, whom we know, who bore our sins, has no malice, ‘Meek and lowly in heart’ Direct His love, humility, patience to those we deal with.

Yeshua said, ‘You of little faith.’

In our hearts Conscious partnership

Thru trusting: decision of our mind, will, emotions, continuous

Continuous treasured empowering of inner strength by the Ruakh/Spirit

Next illustration some may think irreverent, but hang on...]



[Chirrut Inwe. Blind warrior: ‘I am with the force, and the force is with me.’

We can say:

‘I am with Yeshua, and Yeshua is with/in me.’]

Eph. 3.14-21 so that the Messiah may live in your hearts through your trusting. Also I

pray that you will be rooted and founded in love,

[Not just some mystical presence, but LOVE

Rooted: cause to take root; met: I plant, fix firmly, establish]



The sequoias have a matting, shallow, and wide spreading root system. There is no taproot. They only root to 12 to 14 feet deep even at maturity. A mature

sequoia's roots can occupy over 1 acre of earth and contain over 90,000 cubic feet of soil



*[<https://www.linkedin.com/pulse/sequoia-tree-dr-tohid-nooralvandi>
Wide root system: interdependent with other trees]*

That mass of matted roots and soil has to maintain the equilibrium of a tree that is nearly 300 feet tall and weighs nearly 2 million pounds

[<https://www.giant-sequoia.com/faqs/giant-sequoia-questions/>]

Eph. 3.14-21 so that the Messiah may live in your hearts through your trusting. Also I pray that you will be rooted and founded in love,

[Rooted: cause to take root; met: I plant, fix firmly, establish

Founded: found, lay the foundation building, structure, World Trade Center.]



[Inadequate foundations in muddy soils below sea level caused these houses in the Netherlands to subside

[https://en.wikipedia.org/wiki/Foundation_\(engineering\)#/media/File:Stompwijkseweg_68-70,_Stompwijk,_Netherlands.JPG](https://en.wikipedia.org/wiki/Foundation_(engineering)#/media/File:Stompwijkseweg_68-70,_Stompwijk,_Netherlands.JPG)]

The foundation of the Twin Towers rested directly on the rock at a depth of more than 70' below the ground surface. A slurry wall (or diaphragm wall), 3' thick and

about 80' deep, was constructed to support the soils surrounding the basements.

[<http://www.columbia.edu/cu/civileng/ling/wtc/>]



[On the Rock]

Eph. 3.14-21 so that you, with all God's people, will be given strength to grasp the **breadth, length, height and depth** of the Messiah's love, yes, to know it, [not only private knowledge, community knowledge, ~mat root system of sequoias]

[Love in community: dance together, eat together, home groups, social intimacy 'with all G-d's people']

Strength: 'have strength for (a difficult task), to be perfectly able.' Why need strength? Easier to NOT dwell in love. Grumble, complain, see my needs, unfulfilled aspirations, social deficits, family, fanancial, career disappointments. I'm not honored enough. I'm criticized. Love is selfless, outward!

Breadth: inclusive ^{T'hilim/Ps 103¹²} As far as the east is from the west, so far has He removed our transgressions from us. [north/south 12k miles. E/W unlimited.]

Length: ∞ ***Height:*** to the very presence of G

Depth: No matter how perverted, debauched, vile, His blood atonement covers!!]

Eph. 3.14-21 even though it is beyond all knowing, so that you will be filled with all the fullness of God.

Now to him who by his power working in us is able to do far beyond anything we can ask

^{2 Cor 12.3} *And I know that such a man — whether in the body or apart from the body I don't know, God knows — was snatched into Gan-'Eden and heard things that cannot be put into words, things unlawful for a human being to utter. Bit like quasars, black holes, pulsars, worm holes: unimaginable. Love of King Messiah Yeshua*

^{Yn 14.23} *Yeshua answered him, "If someone loves me, he will keep my word; and my Father will love him, and we will come to him and make our home with him.*

~jar filled with all the fullness of the ocean: salts, bacteria, seaweed, but only a bit]

Eph. 3.14-21 or imagine, to him be glory in the Messianic Community and in the Messiah Yeshua from generation to generation forever. Amen.

[In the community: you and me

In the Messiah: KING

Generation to Generation: Lador vador.]

Teaching / hametz of the P'rushim and Tz'dukim =

Ro. 10.3 They are unaware of God's way of making people righteous and instead seek to set up their own.

So, we need to receive His righteousness, in excellence!

Application:

2 Kefa/Peter 3.11-14 Since everything is going to be destroyed like this, what kind of people should you be? You should lead holy and godly lives, as you wait for the Day of God and work to hasten its coming.

2 Kefa/Peter 3.11-14 That Day will bring on the destruction of the heavens by fire, and the elements will melt from the heat; but we, following along with his promise, wait for new heavens and a new earth,

2 Kefa/Peter 3.11-14 in which righteousness will be at home. Therefore, dear friends, as you look for these things, do everything you can to be found by him without spot or defect and at peace.

Some people do righteousness VERY well.

Some people are nicer by nature than others are by grace.

GREATEST mystery to me is the deep flaws in some of G-d's best people.

Dr. Tal Ben Shahar, nicknamed "Professor Happiness," taught a course at Harvard on positive psychology - known as the most popular course on campus. (He has since returned to Israel where, perhaps, he is happier.)

Dr. Shahar believes the top predictor of happiness is spending time with people we care about and who care about us. In Israel, Friday night Shabbat dinners with extended family are a matter of course, even for the young and hip. After all, isolation is known to be a leading cause of unhappiness.

"It's because of our focus on relationships," the professor notes. "Friends and family are very high up on our value scale, and quality time with them is given a priority. Time we spend with people we care about and who care about us is the number one predictor of happiness." (www.israel21c.org)

[http://www.maozisrael.org/site/News2?abbr=maoz_&page=NewsArticle&id=11171&news_iv_ctrl=-1#top

RTF the key to all dysfunction and pain is abandonment/isolation, physical or emotional.]

Let's open our lives, hearts, will power/choice, purpose to RECEIVE:

from the treasures of his glory he will empower you with inner strength by his Spirit, so that the Messiah may live in your hearts through your trusting, that you will be rooted and founded in love.