

**e-handout**

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[messages](#), 2020**



401K  
FOR FATHER'S DAY

A 3D rendered graphic featuring the text "401K FOR FATHER'S DAY" in a bold, gold, sans-serif font. The letters are thick and have a slight shadow on the surface below them. The background is a light, textured grey. Behind the text are several vertical red pillars of varying heights, resembling a bar chart. The entire scene is set on a light brown wooden floor.

**There are many who are  
foretelling impending doom and  
disaster**

# 5 Warning Signs an Economic Implosion is Near...



# Martin Weiss

**Stock Legend** gives a clear roadmap about what's likely to happen now and over the next few months

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*Here's how to protect yourself and  
even go for windfall profits in the ...*  
**COLLAPSE OF 2020**



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The coronavirus pandemic is creating a financial nightmare. And it will change everything in your life.



# This Is Why We Are Facing A 6 Week Countdown To Immense Economic Despair...

June 14, 2020 by Michael Snyder



# The Revolution After The Crisis



Daniel Araya Contributor @

AI

Advisor and Policy Analyst



COVID-19 coronavirus in USA. GETTY

We are on the cusp of a massive economic contraction and a total reset of the global economy. The Coronavirus pandemic has metastasized into a global

crisis that experts predict will very likely kill millions and unleash a worldwide economic depression



Generally, they are selling an investment plan, strategy, book, or product.

Should we panic? I don't think so.

Will they work?

I don't guarantee any.

But there is a scriptural investment mandate keyed to fatherhood:



401K  
FOR FATHER'S DAY

A 3D rendered graphic featuring the text "401K" in large, gold, block letters with a blue shadow effect, positioned above the text "FOR FATHER'S DAY" in smaller, gold, block letters. The letters are set against a white, textured background. Behind the text are several vertical red pillars of varying heights. The entire scene is set on a light brown wooden surface.

2 Cor.12.14-15 Children are not supposed to save up for their parents, but parents for their children. And as for me, I will most gladly spend everything I have and be spent myself too for your sakes. If I love you more, am I to be loved less?

**A father is the prototype giver,  
builder, lover.**

**We are expected to invest in our children.**

- **Relationships among persons are the central meaning of existence.** Dan Juster *Relational Leadership* p 5
- **Fathering is a type of talmidut/Discipleship, grooming someone to be your closest friend.** Asher Intrater *Covenant Relationships* p 44



**Bamidbar/Nu. 11.11.12 So Moshe  
asked ADONI, “Why have You  
brought trouble on Your  
servant? Haven’t I found favor in  
Your eyes—that You laid the  
burden of all these people on  
me?”**

Bamidbar/Nu. 11.11-12 Did I conceive all these people, or did I give birth to them, that You should say to me, 'Carry them in your bosom just as the nurse carries an infant'

bə-hê-qe-kā,

בְּחִיקְךָ

in your bosom

śā-'ê-hū

שָׂאֵהוּ

Carry them

'ê-lay

אֵלַי

to me

tō-mar

תֹּאמֶר

You should say

hay-yō-nêq,

הַיֵּנֶק

a nursing child

'et-

אֶת-

-

hā-'ō-mên

הָאִמּוֹן

a guardian

yiś-śā

יִשָּׂא

carries

ka-'ā-šer

כַּאֲשֶׁר

as

כִּי-תֹאמֶר אֵלַי שָׂאֵהוּ בְּחִיקְךָ, כַּאֲשֶׁר יִשָּׂא הָאִמּוֹן אֶת-הַיֵּנֶק

trainer, educator, tutor, foster father

1 Cor. 4.15 For though you may have ten thousand guardians in Messiah, yet you do not have many fathers. For in Messiah Yeshua, I became your father through the Good News.

**2 Cor.11.28 And besides these external matters, there is the daily pressure of my anxious concern for all the congregations.**



**Eph 6.4 Fathers, do not provoke  
your children to anger, but bring  
them up in the discipline and  
instruction of the Lord.**

T'hillim/Ps 78.4-7 We will tell the generation to come the praises of Adonai and his strength, the wonders that he has performed. He raised up a testimony in Ya'akov and established a Torah in Isra'el.

**T'hillim/Ps 78.4-7 He commanded our  
ancestors to make this known to  
their children, so that the next  
generation would know it, the  
children not yet born, who would  
themselves arise and tell their  
own children, who could then  
put their confidence in God.**

Mishlei/Prov 22:6 Train a child in the way he [should] go; and, even when old, he will not swerve from it.

חֲנֹךְ לַנֶּעַר עַל-פִּי דַרְכּוֹ גַם כִּי-יִזְקֵן, לֹא-  
יִסּוֹר מִמֶּנָּה.

**How do we give/ invest in our children? Does it end at adulthood?**

**1. Time**

**2. Love**

**3. Impartation of JOY!**

**4. Knowledge of them**



# 1. To a Child Love is Spelled TIME



2. Love: 1 Cor 13. 4-8 Love is patient and kind, not jealous, not boastful, not proud, rude or selfish, **not easily angered**, and it keeps no record of wrongs. Love does not gloat over other people's sins but takes its delight in the truth. Love always bears up, always trusts, always hopes, always endures. Love never ends;

- **Original Word:**  
παροξύνω
- **Translit: paroxunó**  
to sharpen, to stimulate, to provoke,  
Usage: I arouse anger, provoke, irritate.

ου	paroxynetai
ού	ΠΑΡΟΞΥΝΕΤΑΙ
not	is easily provoked

Eph 6.4 Fathers, **do not provoke your children to anger**, but bring them up in the discipline and instruction of the Lord.

**Ways to provoke to anger:**

**Children are commanded to obey and honor us.**

**Eph 6.1-3 quoting Ex 20 Children, obey your parents in the Lord, for this is right. “Honor your father and mother” (which is the first commandment with a promise), “so that it may be well with you, and you may live long on the earth.”**

If and when they don't  
honor/obey how do we deal.

T'hillim/Ps 119.165 Great peace have  
they which love your Torah: and  
nothing shall offend them.

שְׁלוֹם רַב לְאַהֲבֵי תוֹרַתְךָ וְאֵין-לָמוֹ  
obstacle; stumbling- **מְכַשׁוֹל**  
block, hindrance

To live an unoffendable life...

T'hillim / Ps 23.5-6 You prepare a table  
before me in the presence of my  
enemies. You have anointed my  
head with oil, **my cup overflows.**  
Surely [Only] goodness and  
mercy will follow me all the days  
of my life,



Ps 29.3-4 The voice  
of Adoni is over the  
waters.  
Over mighty waters.  
The voice of Adoni is  
powerful.  
The God of glory  
thunders

קוֹל יְיָ עַל-הַמַּיִם :

עַל-מַיִם רַבִּים.

קוֹל-יְיָ בַפֶּחַ ;

אֵל-הַכְּבוֹד הַרְעִים ;

Yn 7.38 He who thirsts  
come and drink water  
abundantly  
Let him who will hear  
come and know  
Living waters given  
freely  
Living waters given  
freely

הַצֵּמָא יָבוֹא וְיִשְׁתֶּה  
מֵיִם בְּשַׁפְעָ!  
מִי שֶׁיִּשְׁמַע יָבוֹא וְיָדַע  
מֵיִם חַיִּים חֲנֹם  
מֵיִם חַיִּים חֲנֹם

Ps 36.8 How dear is Your  
love, my G-d  
Those who find You trust  
You, ADONI  
Oases will be revealed to  
us in the desert

Ps 36.8 For those who fear  
Him lack nothing

כִּמֶּה-יִקָּר חֶסֶדְךָ, אֱלֹהֵי  
מוֹצֵאִיךָ יִבְטְחוּ בְךָ אֲדוֹנָי

נֵאת מִדְּבַר יִגְלוּ לִפְנֵינִי

כִּי-אֵין מִחֶסֶד לִירֵאָיו.

Rev 22.1 There is a river  
that flows from His  
throne

Ps 118.24 We will rejoice  
and be glad in it.

יש נהר שיוצא מפסא

נשמחה ונגילה בו.

You have to be living in the place of abundant water, to not be offended, but lovingly deal with dishonor.

THAT is Messiah's way.

Joy is what we need to invest in our children!!

401K for Father's day.

Joy to every girl and boy!

1 Cor. 10.31-33 Therefore, whether you eat or drink or whatever you do, do all to the glory of God. Give no offense either to Jewish or Greek people or to God's community—just as I also try to please everyone in everything, not seeking my own benefit but the benefit of many, so that they may be saved.



Somewhat similar to domestic dishonor, is civil unrest. There has been a lot of discussion on the Rabbi's Forum about the current civil unrest. One rabbi wrote:



Rabbi  
Joshua  
Lessard  
Tikvat Ami  
Messianic  
Synagogue  
Tallahassee,  
FL



**Messianic Rabbi Josh Lessard:**

**Recently, I got up from my computer and walked out into my living room where I saw one of my foster children eating on the couch (after I had just told them not to eat on the couch). I sprang into Dad mode and took their electronics for an hour.**

I congratulated myself on administering a consequence without losing my cool and went back to my office. But this time, instead of opening up YouTube or the news, I spent time in prayer. It was in prayer that I realized what had happened in regard to my child. It's true that I delivered a consequence without anger, but there was also no love behind it.

**My response wasn't harsh, but neither could I categorize it as gentle instruction that reaffirmed my love. I honored a black and white approach to rule keeping above connecting with this child who's been through some really traumatic things.**

And then I started to realize that my approach to my child was an extension of the mindset I appropriated from listening to [news] commentators. Instead of approaching the situation as a follower of Yeshua and looking for a way to bring love into the situation, I was looking for a right and a wrong.

# Ron Cantor, with Tikkun, Israel



Ron Cantor Tikkun felt an inspired word **as if from ADONI**. Not normative, but dramatic...

“The key to the revival that you in the ‘white believers’ seek, is reaching out to the black community with my love, healing power and practical help...[such as listening and serving, and if possible, mentoring and tutoring]—I am calling you to share your lives with them.

**“I will deal with the looters and criminals through the criminal justice system, yet even they have a purpose just as I used Assyria to judge Israel. (Is. 10:5-6) In the end, I judged Assyria for her actions.**



**“But I want you to look deeper and bring my healing touch to black America. There is no other answer. Hear my voice, ‘THERE IS NO OTHER ANSWER!’ Will you be my body? Will you be my hands? My heart breaks for them; does yours?”**

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4. Knowledge of them

The wife is the most important recipient of your love; disciple. [Pour into her life, build her up] Children need to see her loved and honored or will take up her insecurity, offense. **Children need to see a joyful spousal relationship!**

[from the movie *Honey, I Blew up the Kids*]

There's one thing every little kid knows. Daddies mean fun; mommies mean business.

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Mishlei/Prov 22:6 Train a child in the way he [should] go; and, even when old, he will not swerve from it.

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יִסּוֹר מִמֶּנָּה.

As we develop relational intimacy in our families and in our congregation, we will be GREATLY strengthened. By His wounds חבורתו *khavurato* fellowship we are healed!

- 150 wall
- Divorce protection!
- Mike Boatright at outreach Zoom meeting.
- No one falls through the cracks!

2 Cor. 6.4-13 But as God's servants, we are commending ourselves in every way—in great endurance, in afflictions, in hardships, in distresses, 5 in beatings, in imprisonments, in riots, in troubles, in sleeplessness, in hunger; 6 in purity, in knowledge, in patience, in kindness, in the Ruach ha-Kodesh, in genuine love, 7 in truthful speech, in the power of God; with the weapons of righteousness in the right hand and in the left; 8 through honor and dishonor, through evil report and good report. We are regarded as deceivers and yet true; 9 as unknown and yet well-known; as dying, yet behold, we live; as disciplined yet not put to death; [b] 10 as grieving yet always rejoicing; as poor yet enriching many; as having nothing yet possessing everything. We have spoken openly to you, O Corinthians; our heart is open wide! 12 You are not restricted by us, yet you are restricted in your own feelings. 13 Now in return—I speak as to my children—open wide to us also.

**You may say, “But I did all of that, not perfectly, but the best I could.” What then??**

**Here is a promise, specifically for Messianic Jews and Gentiles.**

Yeshayahu/Is 44.1-2 “Now listen,  
Ya‘akov my servant, Isra’el  
whom I have chosen: Thus says  
ADONI, who made you, formed  
you in the womb, and will help  
you: Don’t be afraid, Ya‘akov my  
servant, Yeshurun, whom I have  
chosen

As I pour water on thirsty land  
And streams upon dry ground  
I will pour my Spirit on your  
children  
And my blessing upon your  
descendants.

**They will sprout up like grass  
seedlings**

**As willows by the river's edge**

**One will boast, "I am Adoni's"**

**Another will name himself Yaakov**

**Still another will write with his hand  
"Adoni"**

**And will take the name of Yisrael.**

Yeshayahu [Is.] 44: 3-5 סֵפֶר יִשְׁעִיהוּ פֶּרֶק מֵד

2x כִּי אֶצְק מִיָּם עַל צְמָא וְנוֹזְלִים עַל יַבְּשָׁה

*Kee eh-tsok miyeem al tsa-may*

*V'noz-leem al ya-ba-sha 2x*

2x אֶצְק רוּחִי עַל זְרַעַךָ וּבְרַכְתִּי עַל צְאֲצְאֶיךָ :

*Eh-tsok roo-khee al zar-eh-kha*

*Oo-veer-kha-tee al*

*tseh-eh-tsa-eh-kha 2x*



וְצַמְחוּ בְּבֵין חֲצִיר פְּעָרָבִים עַל יְבֵלֵי מַיִם : 2x

*V'tsam-khoo b'vayn kha-tseer,  
Ka-a-ra-veem al yeev-lay mi-yeem*  
2x

זֶה יֹאמַר לִי אָנִי וְזֶה יִקְרָא בְּשֵׁם יַעֲקֹב

*Zeh yo-mar l'Adoni anee,  
V'zeh yeek-rah v'shaym Ya-a-kov*

וְזֶה יִכְתֹּב יָדוֹ לִי וּבְשֵׁם יִשְׂרָאֵל יִכְנֶה :

*V'zeh yeekh-tov yado l'Adoni  
Oov-shaym Yees-ra-ayl Y'kha-neh.*



Moreover, the covenantal promises of fatherhood and of the peoplehood of Israel were set into a prayer in the time of Nekhemyah / Nehemiah. The Great Assembly. Considered “The Prayer” of Jewish liturgy. Celebrates FATHERHOOD. Don't despair.

שְׁמוֹנֶה עָשָׂרָה

Sh'moneh Esray

*[Eighteen Blessings]*

Traditional, Public Domain

בָּרוּךְ אַתָּה יי  
[בָּרוּךְ הוּא וּבָרוּךְ שְׁמוֹ]

Ba-rukh a-tah Ah-do-ni  
[Ba-rukh hu u-ba-rukh sh'mo]

*[Blessed are You Adoni  
Blessed is He and Blessed is His Name]*



אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ  
E-lo-hay-nu vay-lo-hay avo-tay-nu

אֱלֹהֵי אַבְרָהָם אֱלֹהֵי יִצְחָק  
וְאֱלֹהֵי יַעֲקֹב

Eh-lo-hay Av-rah-am Eh-lo-hay Yits-khak  
Vay-lo-hay Ya-a-kov

*[Our G-d and the G-d of our Fathers, the  
G-d of Avraham, the G-d of Yitzkhak, the  
G-d of Yaakov]*

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֲלִיּוֹן

Ha-El Ha-ga-dol Ha-gee-bor v'ha-no-ra  
El El-yon

גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכּוֹל

Go-mayl kha-sa-deem to-veem  
v'ko-nay ha-kol

*[The Great G-d, the Mighty, the dreadful  
G-d Most High, Who bestows  
lovingkindness and goodness, and  
sustains all]*



וְזוֹכֵר חֶסֶדֵי אָבוֹת  
וּמְבִיא גּוֹאֵל לְבָנֵי בְנֵיהֶם  
V'zo-khayr khas-day a-voht  
oo-may-vee go-ayl lee-v'nay  
v'nay-hem

*[and remembers the piety  
of the fathers and brings the Redeemer  
to their childrens' children ]*



לְמַעַן שְׁמוֹ בְּאַהֲבָה

L'ma-an sh'mo b'a-ha-va

מֶלֶךְ עֹזֵר וּמוֹשִׁיעַ וּמִגֵּן

Me-lekh o-zayr

oo-mo-she-a u-ma-gayn

*[for the sake of His name, in love  
King, Helper, Savior, and Shield]*

בָּרוּךְ אַתָּה יי  
[בָּרוּךְ הוּא וּבָרוּךְ שְׁמוֹ]

Ba-rukh a-tah Ah-do-ni  
[Ba-rukh hu u-ba-rukh sh'mo]

מִגֵּן אַבְרָהָם  
Ma-gayn Av-ra-ham

*Blessed are You, ADONI [Blessed is He and  
bless His Name] the shield of Abraham*



**Blessed be ADONI our G-d  
and the G-d of our forefathers**

**The G-d of Av-ra-ham**

**The G-d of Yits-khak**

**and the G-d of Ya-a-kov**

**The great G-d, the mighty, the dreaded**

**G-d Most High, Who bestows  
lovingkindness and goodness**

**And sustains all  
and remembers the piety  
of the fathers  
and brings the Redeemer  
to their childrens' children  
for the sake of His name, in love  
King, Helper, Savior, and Shield  
Blessed are You, ADONI  
the shield of Abraham**



**אַתָּה גְבוֹר לְעוֹלָם אֲדוֹנֵי**

**A-tah gee-bor l'olam Ah-doni**

**מְחַיֶּה מֵתִים אַתָּה רַב לְהוֹשִׁיעַ**

**M'khi-yay may-teem a-tah [x2]**

**Rav l'ho-shee-ah**

*[You are the mighty One forever, O L-rd  
You raise the dead sleeping in their graves  
You are mighty to save ]*

מְכַלְכֵּל חַיִּים בְּחֶסֶד

M'khal-kayl khi-yeem b'khesed

מְחַיֶּה מֵתִים בְּרַחֲמִים רַבִּים

M'khi-ay may-teem

B'ra-kha-meem ra-beem

*[He sustains life in love*

*He revives the dead*

*With great mercies]*



סוּמַךְ נוֹפְלִים וְרוֹפֵא חוֹלִים

So-maykh no-fleem

V'ro-fay kho-leem

וּמַתִּיר אֲסוּרִים

*[He supports the falling  
And heals the sick  
And frees the prisoners]*

וּמְקַיֵּם אֱמוּנָתוֹ לַיֹּשְׁבֵי עֶפְרָיִם

U-m'ka-yeem e-mu-na-to

Lee-shay-nay a-far

*[And establishes his faithfulness  
With those that sleep in the dust]*



מִי כְמוֹךָ בְּעַל גְּבוּרוֹת

Mee kha-mokha ba-al g'vu-rot

וּמִי דּוֹמֶה לָךְ מֶלֶךְ מִמִּית

U-mee do-meh lakh Melekh ma-meet

*[Who is like you The Master of Power*

*And who resembles You*

*O King who controls death]*

**וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּאָה**

**U-m'kha-yeh u-mats-mee-akh**

**Y'shu-ah**

***And gives life***

***And causes salvation***

***to spring forth***



**וְנֶהְיֶה אִתְּךָ לְחַיּוֹת מֵתִים**

**V'neh-eh-mahn a-tah**

**L'ha-khay-oht meh-teem**

***[And you are faithful to  
Resurrect the dead]***

בְּרוּךְ אַתָּה !!

[בְּרוּךְ הוּא וּבְרוּךְ שְׁמוֹ]

Ba-rukh a-tah Ah-do-ni

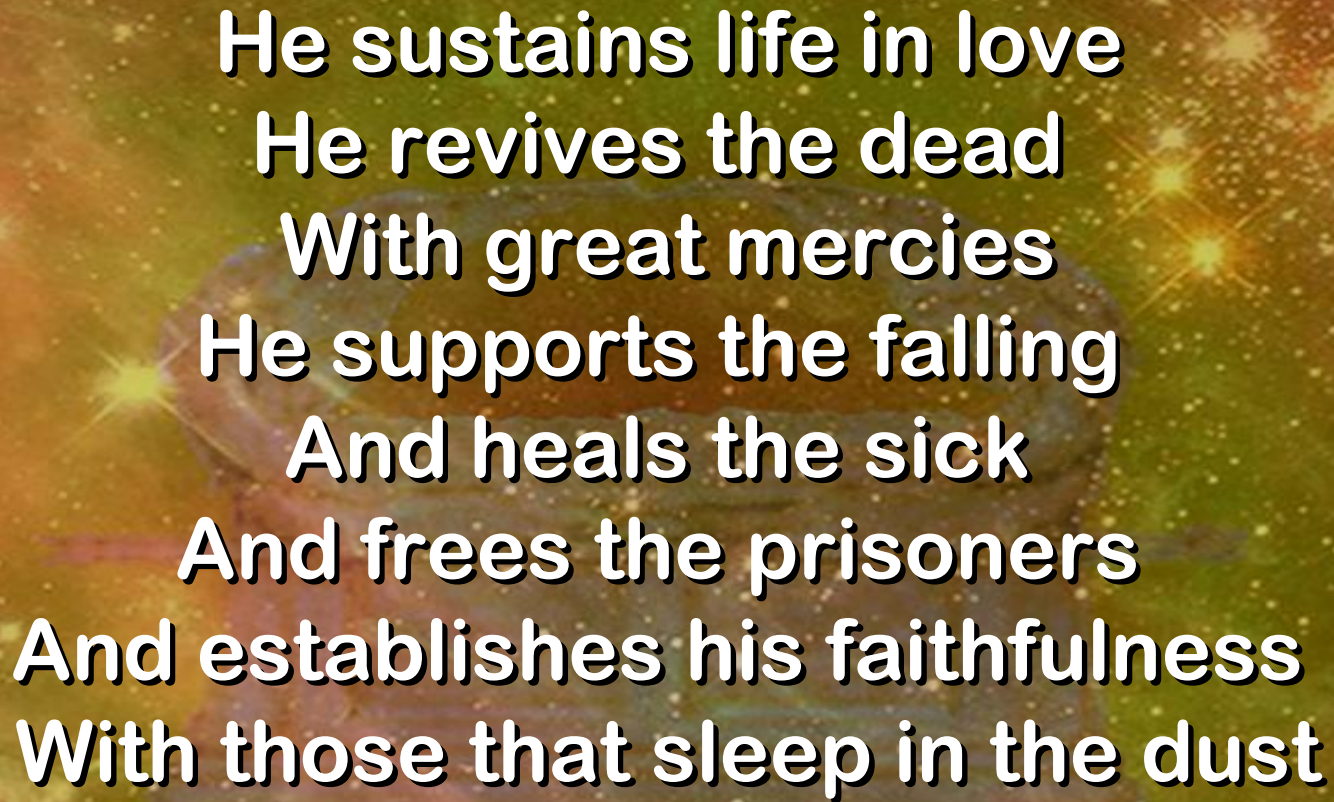
[Ba-rukh hu u-ba-rukh sh'mo]

מְחַיֶּה הַמֵּתִים

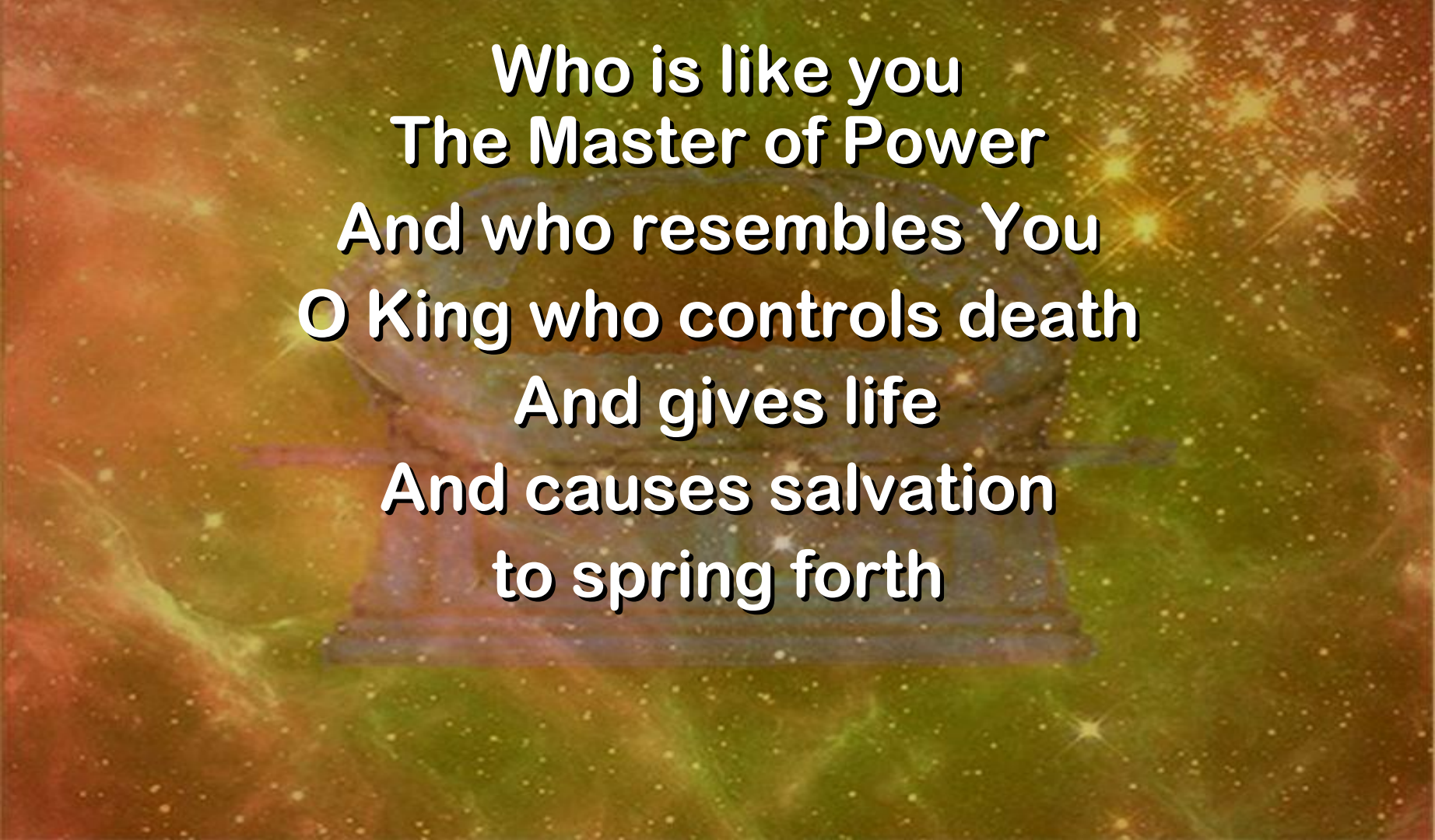
M'kha-yeh ha-meh-teem

*Blessed are You, ADONI Who resurrects the dead*



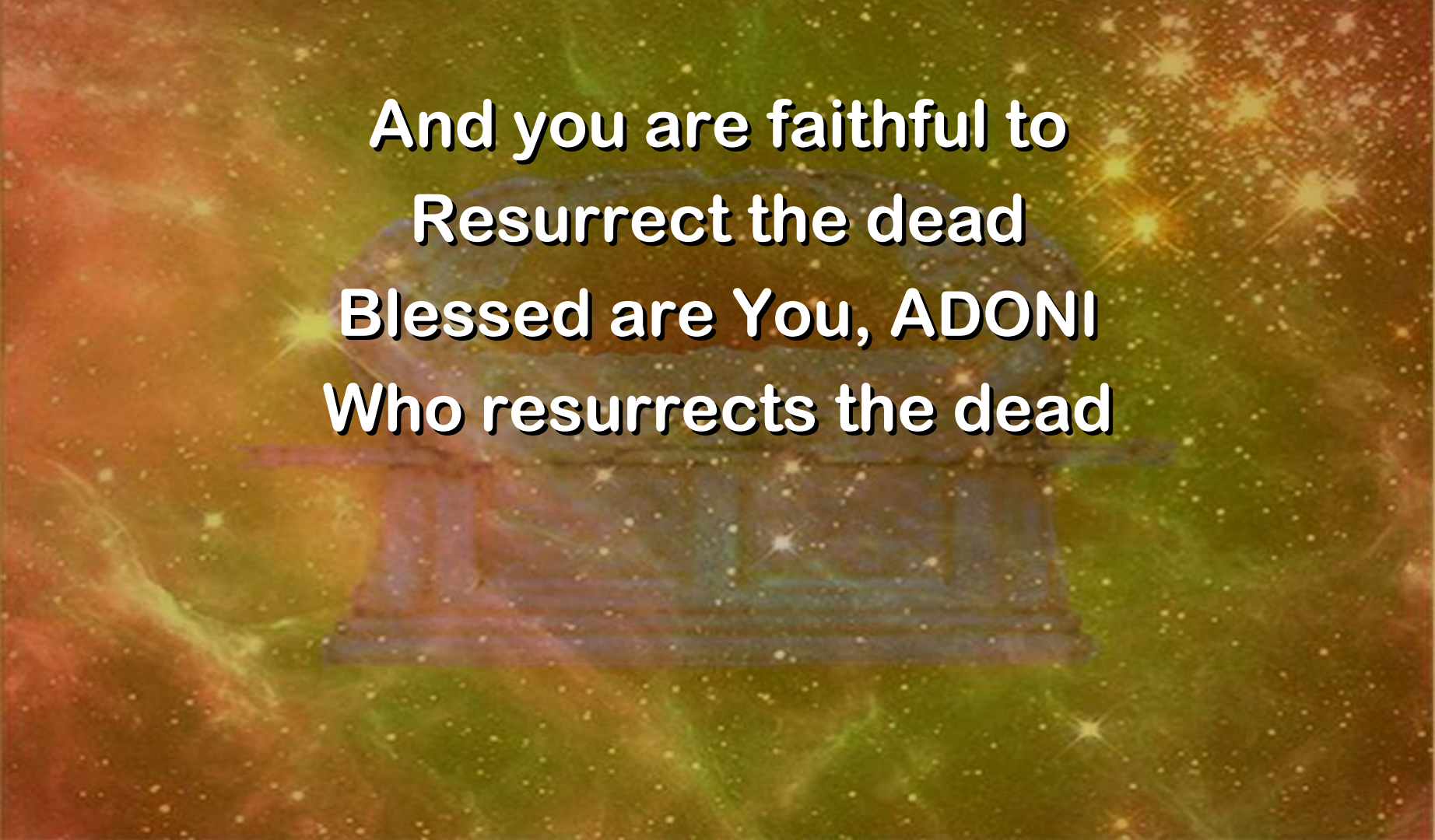


**He sustains life in love  
He revives the dead  
With great mercies  
He supports the falling  
And heals the sick  
And frees the prisoners  
And establishes his faithfulness  
With those that sleep in the dust**



**Who is like you  
The Master of Power  
And who resembles You  
O King who controls death  
And gives life  
And causes salvation  
to spring forth**





**And you are faithful to  
Resurrect the dead  
Blessed are You, ADONI  
Who resurrects the dead**





**This ancient prayer about the covenant of the fathers was joyfully set to music by modern sons and daughters of the covenant, recorded by modern Messianic Jewish Israeli young adults!! Am Yisrael Khi.**

**The covenant people of Israel live!**



# David Loden Shmoneh Esray





**David Loden**  
**Amidah**  
**Avot/Patriarchs**

<https://www.youtube.com/watch?v=0VLEva3jZjM>



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukḥ a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אַבֹּתֵינוּ

Ba-rukḥ a-tah Elohay avotenu

[Blessed are you, Adoni, our G-d  
[Blessed are you, G-d of our forefathers.]

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukh a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אֲבוֹתֵינוּ

Ba-rukh a-tah Elohay avotenu

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[Blessed are you, G-d of our forefathers.]



**אֱלֹהֵי אַבְרָהָם יִצְחָק וְיַעֲקֹב**

**Eh-lo-hay Av-rah-am,  
Yits-khak Ya-a-kov**

**הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא**

**Ha-El Ha-ga-dol Ha-gee-bor v'ha-no-ra**

**The G-d of Avraham, Yitskhak/Isaac,  
and Yaakov**

**The great G-d, the Mighty, the Dreadful.**

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אל עליון El El-yon

גומל חסדים טובים קונה הכל  
Go-mayl kha-sa-deem to-veem ko-nay  
ha-kol

זוכר חסדי אבות

V'zo-khayr khas-day a-voht

*G-d most High, Who bestows  
lovingkindness and goodness, and  
sustains all, and remembers the piety of  
the Fathers]*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukh a-tah Ah-do-ni Eh-lo-hay-nu

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[Blessed are you, G-d of our forefathers.]

וּמְבִיא גּוֹאֵל לְבָנֵי בְנֵיהֶם

oo-may-vee go-ayl lee-v'nay  
v'nay-hem

לְמַעַן, לְמַעַן שְׁמוֹ בְּאֶהְבָּה

L'ma-an, L'ma-an  
sh'mo b'a-ha-va

*And brings the redeemer to their  
children's children for the sake of His  
Name, in love*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukh a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אַבֹּתֵינוּ

Ba-rukh a-tah Elohay avotenu

[Blessed are you, Adoni, our G-d  
[Blessed are you, G-d of our forefathers.]

**מֶלֶךְ עֹזֵר וּמוֹשִׁיעַ וּמָגֵן**

**Me-lekh o-zayr u-mo-she-a  
U-ma-gayn**

**בְּרוּךְ אַתָּה יי מָגֵן אַבְרָהָם**

**Ba-rukh a-tah Ah-doni [x2]**

**Ma-gayn Avraham**

*King Helper Savior and Shield*

*Blessed are you the shield of Avraham*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukḥ a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אַבֹּתֵינוּ

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Ba-rukh a-tah Elohay avotenu

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[Blessed are you, G-d of our forefathers.]



מְכַלְכֵּל חַיִּים בְּחֶסֶד

M'khal-kayl khi-yeem b'khesed

מְחַיֶּה מֵתִים בְּרַחֲמִים רַבִּים

M'khi-ay may-teem

B'ra-kha-meem ra-beem

*[He sustains life in love*

*He revives the dead*

*With great mercies]*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukh a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אֲבוֹתֵינוּ

Ba-rukh a-tah Elohay avotenu

[Blessed are you, Adoni, our G-d  
[Blessed are you, G-d of our forefathers.]



A-tah gee-bor אַתָּה גִּבּוֹר

אַתָּה מְחַיֶּה מֵתִים

אַתָּה יי רב לְהוֹשִׁיעַ

M'khi-yay may-teem a-tah  
Rav l'ho-shee-ah

*[You are Mighty, You revive the dead,  
You are might to save]*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukh a-tah Ah-do-ni Eh-lo-hay-nu

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Ba-rukh a-tah Elohay avotenu

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**סוּמַךְ נוֹפְלִים וְרוֹפֵא חוֹלִים**

**So-maykh no-fleem  
V'ro-fay kho-leem**

***[He supports the falling  
And heals the sick]***

רוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים

וּמְקַיֵּם אֲמוּנָתוֹ לִישָׁנֵי עֶפְרָיִם

Rofeh kholeem U-ma-teer a-su-reem

U-m'ka-yeem e-mu-na-to

Lee-shay-nay a-far

*He heals the sick and frees the prisoners,  
and remembers His faithfulness to those  
who sleep in the dust.*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-rukḥ a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אַבֹּתֵינוּ

Ba-rukḥ a-tah Elohay avotenu

[Blessed are you, Adoni, our G-d  
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בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Ba-ruk h a-tah Ah-do-ni Eh-lo-hay-nu

בְּרוּךְ אַתָּה אֱלֹהֵי אַבֹּתֵינוּ

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Ba-rukh a-tah Elohay avotenu

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[Blessed are you, G-d of our forefathers.]

**Dads, please come up front for  
blessing and gift.**

