

May 13, 2023
Mother's Day
Her Children Praise Her

Don't worry about dying,
you will live forever.



from Mike Boatright

All you have to worry
about is Location,
Location, Location.



3-minute update video at
<https://youtu.be/5krYl8ihxxk>

Wednesday prayer here 6 to 8 pm.
I will possibly go to the IHOPKC prayer room tonight.

ISRAEL UNDER FIRE
MAY 12 2023, 16:00

- +970 ROCKETS FIRED AT ISRAEL**
- +295 ROCKETS INTERCEPTED BY IRON DOME**
- +2,200,000 ISRAELIS UNDER ROCKET THREAT**
- 25 ROCKETS DIRECTLY HIT CIVILIAN AREAS**

#ISRAELUNDERFIRE



Israelis at a bus stop duck for cover during bomb strike



Mother's Day: Her Children Praise her.

Mishlei / Prov 31.28

Scriptural basis

Maternal Admiration, painted by [William-Adolphe Bouguereau](https://upload.wikimedia.org/wikipedia/commons/thumb/1/1e/William-Adolphe_Bouguereau_%281825-1905%29_-_Maternal_Admiration_%281869%29.jpg/240px-William-Adolphe_Bouguereau_%281825-1905%29_-_Maternal_Admiration_%281869%29.jpg)

[https://upload.wikimedia.org/wikipedia/commons/thumb/1/1e/William-Adolphe_Bouguereau_%281825-1905%29_-_Maternal_Admiration_%281869%29.jpg/240px-William-Adolphe_Bouguereau_%281825-1905%29_-_Maternal_Admiration_%281869%29.jpg]

Mother's Day: Her Children Praise Her

1. Scriptural basis
2. Power to do it.
3. Surprising reason to do it
4. If there were problems
5. Do it

Mother's Day: Her Children Praise Her

1. **Scriptural basis**
2. Power to do it.
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Mishlei / Prov 31.28 **Her children arise; they make her happy; her husband too, as he praises her.**

[Expository study on this verse.]

Mishlei / Prov 31.28 **Her children arise;**

Vayikra 19.32 **“You are to rise up in the presence of the gray-haired and honor the presence of the elderly. So you will fear your God. I am Adoni.**

[Rise up to honor. Some of the younger men do with me. A woman there, my vintage, but colored hair. Didn't rise up for her. “Why not?” No grey hair. Expression of honor. Open the door for Mom, for all ladies in fact.]

Mishlei / Prov 31.28 **Her children arise;
Or, Rise up to serve**



Get up from the TV, the computer, the tablet, the phone.

Everyone is on a screen, except the cat.

A nationally representative parent survey found that 98 percent of homes with children now have a mobile device such as a tablet or smartphone.

Nearly half, 49 percent, of children 8 or under "often or sometimes" use screens in the hour before bedtime, which experts say is bad for sleep habits.

When you take every source of screen media together, **children 8 and under** spend an average of about 2 hours 15 minutes a day in front of small screens.

Mostly passive activity.

[<https://www.npr.org/sections/ed/2017/10/19/558178851/young-children-are-spending-much-more-time-in-front-of-small-screens>]

Put down the screen and engage in service, in conversation, in communication, in chores, in smiles.

Mishlei / Prov 31.28 **Her children arise; they make her happy;**

way·'aš·šə·rū·hā;

bā·ne·hā

qā·mū

וַיִּאֲשְׁרוּהָ

בְּנֵיהָ

קָמוּ

and call her blessed

Her children

Rise up

Ashruha

[This is the mitzvah, and commandment, good deed.

Say "Ashruha"

Huge implications to this word. Hebrew generally "highly nuanced."]

asher [vb] אֲשֶׁר

to confirm, verify, approve, OK, endorse, acknowledge, certify; to praise; to make happy

osher [noun] אֶשֶׁר

bliss, happiness

Mishlei / Prov 31.28 **Her children arise; they make her happy;**

way·'aš·šə·rū·hā;

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וַיִּאֲשְׁרוּהָ

בְּנֵיהָ

קָמוּ

and call her blessed

Her children

Rise up

Recognize she is a joyful Queen [at least most of the time.] ATTITUDE!

Not "Here comes Mom to demand of us!"

Passive: recognize her joy!

Confirm her blessedness in Yeshua.

Ashruha

bê·te·kâ;	yō·wō·šə·bê	'aš·rê
בֵּיתְךָ	יוֹשְׁבֵי	אַשְׁרֵי
Your house	those who dwell in	Blessed [are]
se·lāh.	yə·hal·lū·kâ	'ō·wəḏ,
סְלָה:	יִהְלְלוּךָ	עוֹד
Selah	they will be praising You	still

T'hillim/Ps 84.4

Recognize she is a joyful Queen.

Mishlei / Prov 31.28 Her children arise; they make her happy;

way·'aš·šə·rū·hā;	bā·ne·hā	qā·mū
וַיִּאְשְׁרוּהָ	בָּנֶיהָ	קָמוּ
and call her blessed	Her children	Rise up

Active sense:

asher [vb] אֲשֶׁר

to confirm, verify, approve, OK, endorse, acknowledge, certify; to praise; to make happy

osher [noun] אוֹשֶׁר

bliss, happiness

All of us ... think about our mom, living or deceased.

- Confirm: house looks great, supper is wonderful, RN: check-up appreciated .Lawyer: great pursuit of justice.
- H&R Block: helping people with labyrinth IRS
- Verify: it gets done every week.
- Approve: I like you.
- Acknowledge: you are important.
- Say nice things!!

Mishlei / Prov 31.28 Her children arise; they make her happy; her husband too, as he praises her.

way·'aš·šə·rū·hā;	bā·ne·hā	qā·mū
וַיִּאְשְׁרוּהָ	בָּנֶיהָ	קָמוּ
and call her blessed	Her children	Rise up
way·hal·lāh.	ba'·lāh,	
וַיִּהְלַלְהָ:	בְּעֵלָהּ	
and he praises her	Her husband [also]	

Praise, by husband and kids!

The highlight of this service will be the giving of praise of your mothers who are here by the sons and daughters.

We all have a mother, but I'm inviting you to אֲשְׁרָהּ *ashruha* affirm, bless, acknowledge the moms who are present. Privately ...

[Disclaimer: I have heard that Mother's Day can be painful for childless women. This is not meant to exacerbate your loneliness, but to honor the Mothers. Tough job. Dobson program: "Mommy needs a raise, because there is no quitting." We all have a mother that we should focus on, living or deceased. Honor the mothers.]



**Mother's Day:
Her Children
Praise her.**

Mishlei / Prov 31.28

Power to do it

To give praise implies to think of the other person: their feelings, their joy.
It implies death to oneself.

[Last two messages: all Mitzvot in context of the joy/strength/power/gratefulness of G-d in Messiah. If brute will, it still counts, but may be in the context of pride, contempt of others. May lose your reward.]

Gal 2.19-20 For it was through letting the Torah speak for itself that I died to its traditional legalistic misinterpretation, so that I might live in direct relationship with God. When the Messiah was executed on the stake as a criminal, I was too; so that my proud ego no longer lives. But the Messiah lives in me, and the life I now live in my body I live by the same trusting that the Son of God had, who loved me and gave himself up for me.

2 Yn1:8-9 Watch yourselves, so that you won't lose what you have worked for, but will receive your full reward. Everyone who goes ahead and does not remain true to what the Messiah has taught does not have God. Those who remain true to his teaching have both the Father and the Son.

Yohanah 15.5 “I am the vine and you are the branches. Those who stay united with me, and I with them, are the ones who bear much fruit; because apart from me you can do nothing.”
[If you are NOT now united in Him, this is a great opportunity to enter into a relationship with Messiah of forgiveness and transformation.]

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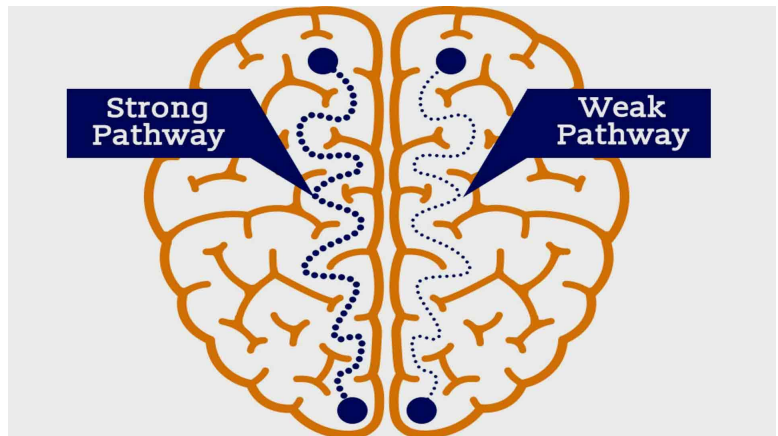
We all have a mother, but I’m inviting you to אַשְׁרֵיהָ *ashruha* affirm, bless, acknowledge the moms who are present. Privately ...

[Just prepare in your mind a few words ... 30 seconds ... I love you Mom, thanks for all you do.]



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**Surprising
reason to do it**



Nerve cells: axons, dendrites, synapses, cell body

[https://static.wixstatic.com/media/54f5aa_a7737fa19ac34253b60799f6f6294307~mv2.png/v1/fit/w_864%2Ch_562%2Cal_c/file.png
<https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Fbiofeedback-neurofeedback-therapy.com%2Fwp-content%2Fuploads%2FNeuroplasticity-and-pathways-1.jpg&f=1&nofb=1&ipt=2b1cba257fb243c38cc8511b5bad225f1c52f59c2d3dc7d8a23c86d11322f1e7&ipo=images>]

Pregnancy's effect on a new mom's brain: Recent research has found compelling evidence that **pregnancy can enhance neuroplasticity, or remodeling,** in the structures of a woman's brain.

Using magnetic resonance imaging (MRI), researchers have identified large-scale changes in the anatomy of women's brains from before to after pregnancy.

In one study, researchers in Spain scanned first-time mothers before conceiving, and again at two months after they gave birth. Compared with childless women, the new mothers' brain **volume was smaller,** suggesting that key brain structures actually shrank in size across pregnancy and the early postpartum period. The brain changes were so pronounced that an algorithm could easily differentiate the brain of a woman who had gone through a pregnancy from that of a woman with no children.

All across the brain, these changes are visible in gray matter, the layer of tissue in the brain that is rich with neurons. Pregnancy appears to affect structures in the cortex – outer surface of the brain – including regions linked with thinking about others' minds, a process that researchers call "theory of mind."

Mothers also show brain changes in the subcortex – the structures nestled deeper within the brain that are linked with emotion and motivation.

Why do these structural brain changes happen after pregnancy? Researchers **believe these brain changes may facilitate mothers' sensitive caregiving of newborns, who demand constant attention and cannot verbalize their needs.** Indeed, when mothers see photos or videos of their own infants, it activates many of the same brain regions that changed the most across pregnancy. It seems plausible that **new mothers' brains change in ways that help them to respond to and care for their newborns.**

[<https://metrovoicenews.com/fatherhood-changes-mens-brains-according-to-mri-scans/>]



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**If there were
problems**

*She has given some of her brain function to serve you better!!
 Mothers have “eyes in the back of their heads.” Somewhat true ... higher sensitivity.]*

1 Kefa/Peter 3.8-9 Finally, all of you, be one in mind and feeling; love as brothers; and be compassionate and humble-minded, not repaying evil with evil or insult with insult, but, on the contrary, with **blessing. For it is to this that you have been called, so that you may receive a blessing.**

Mtt 5.46-48 For if you love those who love you, what reward do you have? Even the tax collectors do the same, don't they? And if you greet only your brothers, what more are you doing than anyone else? Even the pagans do that, don't they? Therefore

be perfect, just as your Father in heaven is perfect.”



Benefits to gratitude practiced.

- increased happiness and positive mood
- more satisfaction with life
- less materialistic
- less likely to experience burnout
- better physical health
- better sleep
- less fatigue
- lower levels of cellular inflammation
- greater resiliency
- encourages the development of patience, humility, and wisdom

[<https://positivepsychology.com/benefits-of-gratitude/>]

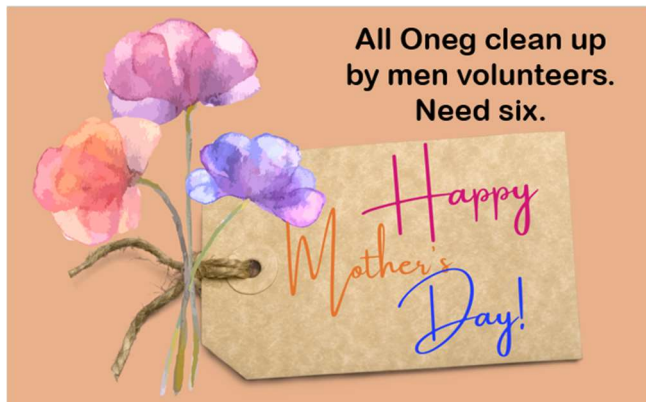


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Eric Poling kindly consented to be the clean-up captain.

Me ... I take out the trash. I've been doing it since age 8 or so. I'm very good at it.



This, plus other beautiful tributes by the youth to their mothers, beginning at 1:47:50 on the recording of our livestream at <https://www.youtube.com/watch?v=318yFUM9isA&t=7178s>