

February 17, 2024
Ephesians 3:14-21
Inner empowerment of Love in the Ruakh

I before E: Except when your
I before E: Except when your foreign neighbor Keith receives eight counterfeit beige sleighs from feisty caffeinated weightlifters. Weird.
[from Lori Wilson, the wordsmith, but she borrowed it from another source]



Please help us find: MIA

Story of Israeli
Dr. Amit Goffer – he became paralyzed.
<https://www.youtube.com/watch?v=m1b1FSNStbg>
1.32 to 2.54



What if we are crippled, disabled?

A blue and white event poster. The text reads: "INNER EMPOWERMENT OF LOVE IN THE RUAKH EPHESIANS 3:14-21 Rabbi Shmuel Wolkenfeld February 17, 2024 | 8th of Adar I, 5784 ח' באדר א' תשפ"ד". On the right side, there is a logo for "OR HAOLAM MESSIANIC SYNAGOGUE" featuring a stylized tree or plant.

Eph. 3.14-21 For this reason, I fall on my knees before the Father, from whom every family in heaven and on earth receives its character. I pray that from the treasures of his glory he will empower you with

inner strength by his Spirit, so that the Messiah may live in your hearts through your trusting. Also I pray that you will be rooted and founded in love, so that you, with all God's people, **will be given strength** to grasp the breadth, length, height and depth of the Messiah's love, yes, to know it, *[This may refer back to the unfathomable riches.]* even though it is beyond all knowing, so that you will be filled with all the fullness of God. Now to him who by his power working in us is able to do far beyond anything we can ask or imagine, to him be glory in the Messianic Community and in the Messiah Yeshua from generation to generation forever. Amen.



First manner of disability

Matt 5.22 But I tell you that anyone who **nurses anger** against his brother will be subject to judgment; that whoever calls his brother, **'You good-for-nothing!'** will be brought before the Sanhedrin; that whoever says, **'Fool!'** incurs the penalty of burning in the fire of Gei-Hinnom! *[First weakness / sin Yeshua called out was settled, unforgiven anger. Nursed anger. Sonia Warshawski, unsaved Jewish Holocaust survivor, ~99 "I don't forgive, but I don't hate." Amazing. We can do even better.]*

Second manner of disability

Matt 5.28 I tell you that a man who even [deliberately] **looks at a woman** with the purpose of lusting after her has already committed adultery with her in his heart. *[Second weakness/ sin: Lust takes. Love gives. Protects, serves. Are you a protector, or a taker, or a wounded self defender? You say, "That doesn't apply to me, I'm a woman." Just read the reverse. But typically stronger temptation for guys. You say, "That doesn't apply to me, I'm same sex attracted." Nothing new. One of my dorm mates in Union College, Schenectady, NY, 1969, said golden rule gave him permission to desire a certain male dorm student. He wanted that guy. Guy no clue. Are you a giver/ protector, or taker? Can only give if you have to give, next section.]*

Third manner of disability

Matt 5.44, 46 I tell you, **love your enemies!** Pray for those who persecute you! ... What reward do you get if you love only those who love you? Why, even tax-collectors do that! And if you are friendly only to your friends, are you doing anything out of the ordinary? *[Fundamental difference between Yeshua and the Rabbis, according to a Jewish scholar at DSS lectures at Union Station. Do you wish and pray for repentance for Yaha Sinwar?]*
Mt 5.37 Just let your 'Yes' be a simple 'Yes,' and your 'No' a simple 'No'; anything more than this has its origin in evil.

Tax time?

Several manners of disability

Gal. 5.19-21 And it is perfectly evident what the old nature does. It expresses itself in sexual immorality, impurity and indecency; involvement with the occult and with drugs; in feuding, fighting, becoming jealous and getting angry; in selfish ambition, factionalism, intrigue and envy; in drunkenness, orgies and things like these.

[All these disabilities!]

Conversational crippling



Many of you know Tim.

Gustafson guidelines:

I ... don't teach, instruct, correct, judge, or define anyone unless God told me to, they're asking me, or it's 911. And only out of love.

All come with a great price.

therefore

Gustafson guidelines:

You don't teach, instruct, correct, judge, or define anyone unless God told you to, they're asking you, or it's 911. And only out of love.

All come with a great price. *[If you make a comment, and the hoped for response is guilt and apology, it's likely a wrong thing to say. If you make a comment, and the hoped for response is admiration and praise, it's likely a wrong thing to say. What can you say? Appreciation. Praise to G-d and man. Offer suggestions. May I suggest? With love and a smile.]*

Greatest disability

Yaakov/Jas 3.6 And the tongue is a fire. The tongue is a world of evil placed among our body parts. It pollutes the whole body and sets on fire the course of life—and is set on fire by Gehenna.

Definition of gossip:

Spreading negative information about anyone to anyone who is not part of the problem, nor part of the solution.

[Test: is there anyone's name in the words you are saying. Then it needs to be positive, with their permission, or direct ministry. Prayer? Make anonymous, unless permission.]

Definition of slander:

Telling the truth with the intention to hurt

Inner Empowerment of Love in the Ruakh

1. In what ways are we crippled, disabled?

2. How to be empowered

- Some people do righteousness VERY well.
- Some people are nicer by nature than others are by grace.
- GREATEST mystery to me is the deep flaws in the 'righteousness' of people with Messiah's grace.

[3-year-old granddaughter Miley 'I can do it all by myself!'

It seems some people have charming lives without grace of G-d, maybe even antithetical to the idea of grace and salvation.]

What I am about to share is the MOST important, life impacting teaching I've ever shared. Compared to this, I've never preached anything significant before. What makes us who we are. Essence of freedom.

Eph. 3.14-21 **For this reason**, I fall on my knees before the Father, from whom every family in heaven and on earth receives its character.

For what reason?

The preceding chapters

1. Revelation of the secret of joint citizenship, Jews and Nations. ^{2.6}
2. Unfathomable riches ^{2.8}
3. Troubles Shaul is enduring ^{2.13}

[i.e. man, this is BIG]

Eph. 3.14-21 For this reason, I fall on my knees

- Unusual for modern Jewish prayer
- Expression of utter amazement
- King Solomon at dedication of the First Temple. Ps 95

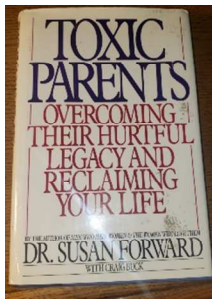
Eph. 3.14-21 For this reason, I fall on my knees before the Father, from whom **every family** in heaven and on earth receives its character.

[Introduces grid of family. Basis of emotional, psychological health, spiritual understanding. However ...]

John Bradshaw, a family-systems therapy advocate and family dynamics expert, cites research that found **96 percent of all families** to be to some degree "dysfunctional" — that is, distorted by addictions and compulsions ... so, ignores the needs of each individual.

96 percent of all families are to some degree emotionally impaired.

[<http://www.thebiganswer.info/Family-Dysfunction.php>]



Parents who cause us emotional or physical pain. Parents who ignored our needs or **overburdened us with guilt.**

[Given to me by my sister. Our parents. Just spoke about this two weeks ago? Yes, noticed there are still fruit of toxic families.]

“Most adult children of toxic parents grow up feeling tremendous confusion about **what love means** and how it’s supposed to feel. Their parents did extremely unloving things to them in the name of love ...

Love doesn’t hurt, it feels good. Loving behavior nourishes your emotional well-being ... Genuine love creates feelings of warmth, pleasure, safety, stability, and inner peace.”

Susan Forward, Toxic Parents: Overcoming Their Hurtful Legacy and Reclaiming Your Life



Classic nuclear family

Smiling, eye contact, affirming, body language leaning in, 6x/sec exchange of affirmation → oxytocin + dopamine
Most of us don’t understand father allusion, since no experience in healthy families.
Father hunger



[\[https://www.focusonthefamily.com/wp-content/uploads/2021/06/fatherhood_1837455628.jpg\]](https://www.focusonthefamily.com/wp-content/uploads/2021/06/fatherhood_1837455628.jpg)
[\[https://image.tmdb.org/t/p/original/BnvTMgTZrrgAKaPKNFYyZw3wZF.jpg\]](https://image.tmdb.org/t/p/original/BnvTMgTZrrgAKaPKNFYyZw3wZF.jpg)

Eph. 3.14-21 **For this reason, I fall on my knees before the Father, from whom every family in heaven and on earth receives its character.**

[Deep breath and cry, “Abba Father!!”

Verse is opaque, no father image for most of us, except for redemptive revelation following.

Need the following to have healthy minds & hearts & families. The following is the healing source of all. If you have a good father image, count yourself blessed. Among 4%]

Eph. 3.14-21 **I pray that from the treasures of his glory he will empower you with inner strength by his Spirit, [Treasures: most treasuries in the world are bankrupt. Word picture of emotional life.**

Treasuries of the nations of the world. US is 13th wealthiest.]

**Reserves/
Treasures**

*Twenty countries with the most
treasure = reserves
US \$240 billion*

Rank [a]	Country or region	Foreign exchange reserves (millions US\$)	Date	Change
1 —	China	3,431,070	31 Jan 2024	▲ 124,540
2 —	Japan	1,291,792	31 Jan 2024	▼ 2,845
3 —	Switzerland	733,629	29 Dec 2023	▲ 9,000
4 —	India	617,230	09 Feb 2024	▼ 5,240
5	Russia	580,400	09 Feb 2024	▼ 6,000
6	Taiwan	570,600	Dec 2023	▲ 4,471
7 ▲	Hong Kong	488,000	31 Aug 2023	▼ 3,255
8 ▼	South Korea	484,000	Aug 2023	▼ 3,503
9 —	Saudi Arabia	413,000	Nov 2023	▲ 115
10 ▲	Brazil	355,177	Jan 2024	▲ 11,299
11 ▼	Singapore	336,800	Dec 2023	▼ 3,542
12 —	Germany	309,047	Aug 2023	▼ 2,285
13 —	United States	240,324	22 Sep 2023	▼ 473
14 —	France	238,277	Oct 2022	▲ 0,948
15 ▲	Italy	234,034	Jun 2023	▼ 4,824
16 ▼	Thailand	221,374	21 Jul 2023	▼ 572
17 ▲	Mexico	213,464	Dec 2023	▲ 577
18 ▲	United Kingdom	210,483	Nov 2023	▲ 5,336
19 ▼	Israel	198,169	Nov 2023	▲ 6,934

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China has \$3.5 trillion treasure = reserves #1

6	Taiwan	13	United States
7	Hong Kong	14	France
8	South Korea	15	Italy
9	Saudi Arabia	16	Thailand
10	Brazil	17	Mexico
11	Singapore	18	United Kingdom
12	Germany	19	Israel

Israel #19

Reserves

[https://en.wikipedia.org/wiki/List_of_countries_by_foreign-exchange_reserves]

Consider debt

Debt: USA is first in the world

	Country/Region	Per capita US dollars	External debt US dollars	% of GDP	% of total wealth ^[1]	Date
1	United States	98,094	32.9 trillion	122.56	23.52	August 2023 ^{[2][3]}
2	United Kingdom	130,034	8.7 trillion	287.08	54.47	December 2023 ^[4]
3	Japan	34,832	4.34 trillion	98.44	19.22	June 2023 ^[4]
4	Netherlands	215,569	3.79 trillion	381.62	77.84	December 2022 ^[4]
5	France	49,767	3.28 trillion	112.06	20.86	March 2023 ^[2]
6	Ireland	628,505	3.26 trillion	548.53	357.06	June 2023 ^[4]
7	Italy	52,674	3.1 trillion	143.09	28.13	June 2023 ^[2]
8	Germany	33,566	2.81 trillion	65.33	16.13	March 2023 ^[2]
9	Canada	66,929	2.65 trillion	126.94	23.53	March 2023 ^[4]
10	China	1,736	2.45 trillion	13.55	2.90	December 2022 ^[4]
11	Switzerland	262,863	2.3 trillion	284.57	47.63	December 2022 ^[4]

1	United States	8	Germany
2	United Kingdom	9	Canada
3	Japan	10	China
4	Netherlands	11	Switzerland
5	France		
6	Ireland		
7	Italy		

Debt

Israel #49 on debt chart. Much better debt to asset ratio. Evan Liberman, Wise Money Israel.

United States of America

- \$33 trillion debt, \$240 billion reserves hard to visualize, so proportionally:
 - Like \$33 thousand debt, \$240 reserves
 - USA has no treasure, zero reserves in actuality
- Therefore, we didn't accept CARES money during COVID China virus lockdown

[https://en.wikipedia.org/wiki/List_of_countries_by_external_debt]

The average American credit card debt:
<https://www.usdebtclock.org/#>
 Plus student loan plus mortgage



Most of us have zero love reserves.

Maybe a great love deficit!

- Wounds
- Unresolved conflicts
- Settled anger

Eph. 3.14-21 I pray that from the **treasures of his glory**

<https://en.wikipedia.org/wiki/Uranium-235>

Heavy gloves
Treasure of His glory >> valuable, more valuable and energizing than U-235
This is what we've been worried the Iranians would manufacture.
There is ENERGY of love from Messiah to forgive, live pure, love enemies, tell truth, control your tongue.

Uranium metal highly enriched in ²³⁵uranium



Eph. 3.14-21 I pray that from the treasures of his glory he will empower you with inner strength by his Spirit ...

dō	hymīn	kata	to	ploutos	tēs
δοῦ	ὑμῖν	κατὰ	τὸ	πλοῦτος	τῆς
He might give	you	according to	the	riches	of the
V-ASA-3S	PPro-D2P	Prep	Art-ANS	N-ANS	Art-GFS

Personal / Possessive Pronoun - Dative 2nd Person Plural

plural

“You” is plural!! Give you, NOT individually, but in community.

Yer. 31.12 “Then the virgin will dance for joy, young men and old men together; for I will turn their mourning into joy, comfort and gladden them after their sorrow.

[Community joy and dance. Together. Different from charismatic two step, even elegant choreography much or most individual, even if group in unison. Ours in circles, lines. Handholds.]

Yn 17.20-21 “I pray not only for these, but also for those who will trust in me because of their word, that they may all be one. Just as you, Father, are united with me and I with you, I pray that they may be united with us, so that the world may believe that you sent me.

Eph. 3.14-21 I pray that from the treasures of his glory he will empower you with inner strength by his Spirit,
NIV I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

[Summary so far:

1. Treasures: most treasuries in the world are bankrupt. US \$33 trillion debt, \$240 billion reserves – Comparatively: \$33 thousand debt, \$240 reserves
2. Of His glory: made of??, no lien: pearls, Au, Ag, ²³⁵U fissile, and it's empowering!!
3. Empower you: give, grant, bestow
4. You in the plural, in community
5. Inner strength: dunamis: (miraculous) power, might, strength, physical power, force, might, ability, efficacy, energy, meaning
Why strength: wealth like that easy to waste.
6. By the Spirit of Him: not impersonal
Yn 16.15 Everything that the Father has is Mine. For this reason I said the Ruach will take from what is Mine and declare it to you.”

***Accumulation of descriptions: treasure, glory, empower, you, inner strength, Spirit
This is the righteousness >> our own ability.]***

Eph. 3.14-21 so that the Messiah may live in your hearts through your trusting.
***[Again, not impersonal strength, but Messiah, whom we love, whom we know, who bore our sins,
rose from the dead, has no malice, 'Meek and lowly in heart'
He dwell with/in us, so as to direct His love, humility, patience to those we deal with.
Yeshua said, 'You of little faith.'***

***In our hearts: Conscious partnership
Through trusting: decision of our mind, will, emotions, continuous
Continuous treasured empowering of inner strength by the Ruakh/Spirit
Next illustration some may think irreverent, but hang on ...]***



Chirrut Inwe. Blind warrior: "I am with the force, and the force is with me." Great skill in battle.
We can say:
"I am with Yeshua, and Yeshua is with/in me."
All say, "I am with Yeshua, and Yeshua is with/in me."

Eph. 3.14-21 so that the Messiah may live in your hearts through your trusting. Also I pray that you will be **rooted and founded in love,**

***[Not just some mystical presence, but LOVE
Examine words:
Rooted: cause to take root; plant, fix firmly, establish]***



The sequoias have a matting, shallow, and wide spreading root system. There is no taproot. They only root to 12 to 14 feet deep even at maturity. A mature sequoia's roots can occupy over 1 acre of earth and contain over 90,000 cubic feet of soil

Word picture: rooted in love

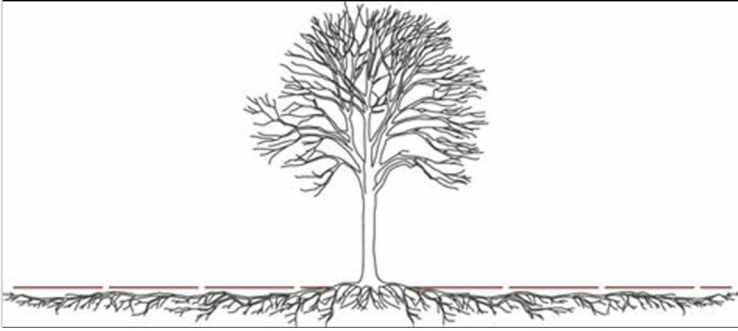
[\[https://www.linkedin.com/pulse/sequoia-tree-dr-tohid-nooralvandi/\]](https://www.linkedin.com/pulse/sequoia-tree-dr-tohid-nooralvandi/)

That mass of matted roots and soil has to maintain the equilibrium of a tree that is nearly 300 feet tall and weighs nearly 2 million pounds.

<https://www.giant-sequoia.com/faqs/giant-sequoia-questions/>



Wide root system



Intertwined roots

[<https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Ftse2.mm.bing.net%2Fth%3Fid%3DOIP.0BTrVT2ZS9RpLmZ7TyL-2gHaDQ%26pid%3DApi&f=1&ipt=c0f3f12137b6f6d1a2797bfe039a852cdb5618c835ef67c97f56902ca0015add&ipo=images>]

[<https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Fpining.com%2Foriginals%2Fec%2F8c%2F52%2Fec8c525b4cbd434a4e918dabff4ac03.jpg&f=1&nofb=1&ipt=0be114f23f60ef1b4bf99bf87120a7a68467722491c1494a57027b669eb6c341&ipo=images>]



Spirit of Sequoia roots

Eph. 3:14-21 so that the Messiah may live in your hearts through your trusting. Also I pray that you will be rooted and founded in love ...

Rooted: cause to take root; met: I plant, fix firmly, establish

Founded: found, lay the foundation, building, structure, World Trade Center.



Inadequate foundations in muddy soils below sea level caused these houses in the Netherlands to subside

[[https://en.wikipedia.org/wiki/Foundation_\(engineering\)#/media/File:Stompwijkseweg_68-70,_Stompwijk,_Netherlands.JPG](https://en.wikipedia.org/wiki/Foundation_(engineering)#/media/File:Stompwijkseweg_68-70,_Stompwijk,_Netherlands.JPG)]

The foundation of the Twin Towers rested directly on the rock at a depth of more than 70' below the ground surface. A slurry wall (or diaphragm wall), 3' thick and about 80' deep, was constructed to support the soils surrounding the basements.





On the Rock

Eph. 3.14-21 so that you, with all God's people, will be given strength to grasp the breadth, length, height and depth of the Messiah's love, yes, to know it, (not only private knowledge, community knowledge, ~mat root system of sequoias) [Love in community: dance together, eat together, home groups, social intimacy "with all G-d's people"]

Strength: "have strength for (a difficult task), to be perfectly able." Why need strength? Easier to NOT dwell in love. Grumble, complain, see my needs, unfulfilled aspirations, social deficits, family, financial, career disappointments. I'm not honored enough. I'm criticized. Love is selfless, outward!

Breadth: inclusive ^{T'hilim/Ps 103¹²} As far as the east is from the west, so far has He removed our transgressions from us. (north/south 12k miles. E/W unlimited.) All races, all origins

Length: ∞

Height: to the very presence of G-d

Depth: No matter how perverted, debauched, vile, His blood atonement covers!! "Unfathomable"]

Eph. 3.14-21 even though it is beyond all knowing, so that you will be filled with all the fullness of God. Now to him who by his power working in us is able to do far beyond anything we can ask

[^{2 Cor 12.3} And I know that such a man — whether in the body or apart from the body I don't know, God knows — was snatched into Gan-'Eden and heard things that cannot be put into words, things unlawful for a human being to utter. Bit like quasars, black holes, pulsars, worm holes: unimaginable. Love of King Messiah Yeshua

^{Yn 14.23} Yeshua answered him, "If someone loves me, he will keep my word; and my Father will love him, and we will come to him and make our home with him.

~jar filled with all the fullness of the ocean: salts, bacteria, seaweed, but only a bit]

Eph. 3.14-21 or imagine, to him be glory in the Messianic Community and in the Messiah Yeshua from generation to generation forever. Amen.

[In the community: you and me

In the Messiah: KING

Generation to Generation: Lador vador.

Is this the same G-d who can send people to eternal loss, Gehenna, hell?

We separate ourselves from His love, there is only the opposite. We don't go out of existence.]

Ro. 10.3 They are unaware of God's way of making people righteous and instead seek to set up their own.

So, we need to receive His righteousness, in excellence!

[I just can't love everyone: Their ways annoy me. They are irresponsible. They are irritating. I don't like ...

^{1 Kefa/Peter 1.22} Now that you have purified yourselves by obeying the truth, so that you have a sincere love for your brothers, love each other deeply, with all your heart.

Love covers all sins.]

Application:

^{2 Kefa/Peter 3.11-14} Since everything is going to be destroyed like this, what kind of people should you be? You should lead holy and godly lives, as you wait for the Day of God and work to hasten its coming.

That Day will bring on the destruction of the heavens by fire, and the elements will melt from the heat; but we, following along with his promise, wait for new heavens and a new earth, in which righteousness will be at home. Therefore, dear friends, as you look for these things, do everything you can to be found by him without spot or defect and at peace.

Some people do righteousness VERY well.

Some people are nicer by nature than others are by grace.

GREATEST mystery to me is the deep flaws in some of G-d's best people.

Dr. Tal Ben Shahar, nicknamed "Professor Happiness," taught a course at Harvard on positive psychology - known as the most popular course on campus. (He has since returned to Israel where, perhaps, he is happier.)

Dr. Shahar believes the top predictor of happiness is spending time with people we care about and who care about us. In Israel, Friday night Shabbat dinners with extended family are a matter of course, *[RTF the key to all dysfunction and pain is abandonment/isolation, physical or emotional.]* even for the young and hip. After all, isolation is known to be a leading cause of unhappiness.

"Loneliness epidemic"

"It's because of our focus on relationships," the professor notes. "Friends and family are very high up on our value scale, and quality time with them is given a priority. Time we spend with people we care about and who care about us is the number one predictor of happiness." (www.israel21c.org)
[http://www.maozisrael.org/site/News2?abbr=maoz_&page=NewsArticle&id=11171&news_iv_ctrl=-1#top]

Let's open our lives, hearts, will power/choice, purpose to RECEIVE:

from the treasures of his glory he will empower you with inner strength by his Spirit, so that the Messiah may live in your hearts through your trusting, that you will be rooted and founded in love.

[Treasures

Glory

Empower

You

Inner strength

Spirit

Messiah

Your trusting

Roots and foundation in love

Receive it and walk in it with others:]

1. Do you KNOW Yeshua and the assurance of sins forgiven?
2. Are you hearing daily from His Word?
3. How are you applying what you heard?
4. Are you asking this of another?