



## SPINACCA

preheat oven to 350°

**½ c. onions**  
**3-5 cloves garlic**  
**½ C. mushrooms**  
**½ C. bell peppers**  
**8 eggs, beaten**  
**8 cups fresh spinach**

**Chop veggies and set aside. While beating eggs in mixer bowl, wash and break up spinach into small pieces. Then add spinach and chopped veggies to beaten eggs.**

**½ C. flour**  
**1 tsp. cayenne pepper**  
**16 oz. grated cheese**

**Add flour, cheese & spice. Stir well. Pour into a greased 9x13 inch baking pan. Bake for 30 min. or until golden brown on top. Let cool 5 minutes & cut into squares.**