

DR HADLAM MESSIANIC CONGREGATION DANCE CLASS

“Praise Him with tambourines and dancing.” Psalms 150:4

KLEZMER

Yiddish for: instruments of music

(4/4 time: fast or slow)

Interchangeable for fast or slow melodies. Can be done in a circle or in a line. Hands touching flat to the persons on each side of you, throughout the entire dance.

Part A: (for verses)

1. 8 Counts: **4 Schlep steps to the right.**
2. 8 Counts: **Three steps (R, L, R) forward into center, then hop on R foot; three steps backwards, then hop on L foot.**
3. 8 Counts: **4 Schlep steps to the right.**
4. 8 Counts: **R foot steps in front of L foot, lifting L foot off of floor, then step down on L foot, then put R foot back beside L foot. L foot steps in front of R foot, lifting R foot off of floor, then step down on R foot and then put L foot back beside L foot. Stomp on R foot and pause.**

Repeat 1 through 4 until chorus.

Part B: (on chorus)

5. 4 Counts: (Hands on hips) 4 marching steps with R, L, R, L
6. 4 Counts: **R foot forward and pause on heel (2 counts) R foot backwards and pause on toe (2 counts).** (Both hands raise up on heel pause, then back to hips on toe pause.)
7. 8 Counts: **Kibbutz step to the right and Kibbutz step to the left.** (Hands go up in praise on heel touch.)
8. (Repeat pattern 5, 6 and 7.)

DANCE TERMS:

SCHLEP STEP	2 counts	R foot steps forward (or sideways), L foot steps to meet R foot, bending knees on second count.
KIBBUTZ STEP	4 counts	R foot steps to right, L foot steps behind R foot, R foot steps to R and L foot touches heel in place with a little spring or bounce.

Songs this works well with: *No Weapon Formed Against You, Jew and Gentile, Hatikva, Seem Shalom, Jew and Gentile, etc.*

