



VEGGIE FRITTATA

preheat oven to 350°

3 T. butter
1 onion, chopped
3 cloves garlic, chopped
1 lb. mushrooms, thinly sliced
1 bell peppers, diced
2 c. spinach, shredded
3 T. parsley

Sauté onion & garlic in butter until tender. Add mushrooms, peppers, and spinach. Sauté until dry. Add parsley. Let cool.

8 eggs
1½ c. milk
2 c. grated cheese
¼ tsp. fresh ground pepper
½ c. breadcrumbs

Beat eggs with milk in large bowl. Add remaining ingredients. Pour into greased 9x13 baking and smooth out. Bake 40 min. or until set.

3 T. parmesan cheese

Sprinkle w/parmesan cheese