



[Russian born Zionist]

In 1938, Jabotinsky stated in a speech that Polish Jews were “living on the edge of the volcano”. Jabotinsky went on to warn Jews in Europe that they should leave for Palestine as soon as possible. predicted the Holocaust?

Actually had an evacuation plan prepared, with Polish government assistance, but the World Zionist Organization’s chairman, Chaim Weizmann, dismissed it.

[http://en.wikipedia.org/wiki/Ze'ev_Jabotinsky

Netanyahu is doing much the same in 2015]

Last week, following the decapitation of 21 Egyptian Coptic Christians by Islamic State, the Obama administration stood alone in its refusal to note that the victims were murdered because they were Christians. When Egypt retaliated for the massacre with air strikes against Islamic State training camps and other facilities in Libya, the Obama administration refused to support its ally. Instead it criticized Egypt for acting on its own and called for a political solution in Libya. The US has a perfect track record of missing every major nuclear advance by every country. US intelligence agencies were taken by surprise when India, Pakistan and North Korea joined the nuclear club. They have always underestimated Iranian nuclear activities.

Boehner’s invitation to Netanyahu sparked a long-belated public debate in the US regarding

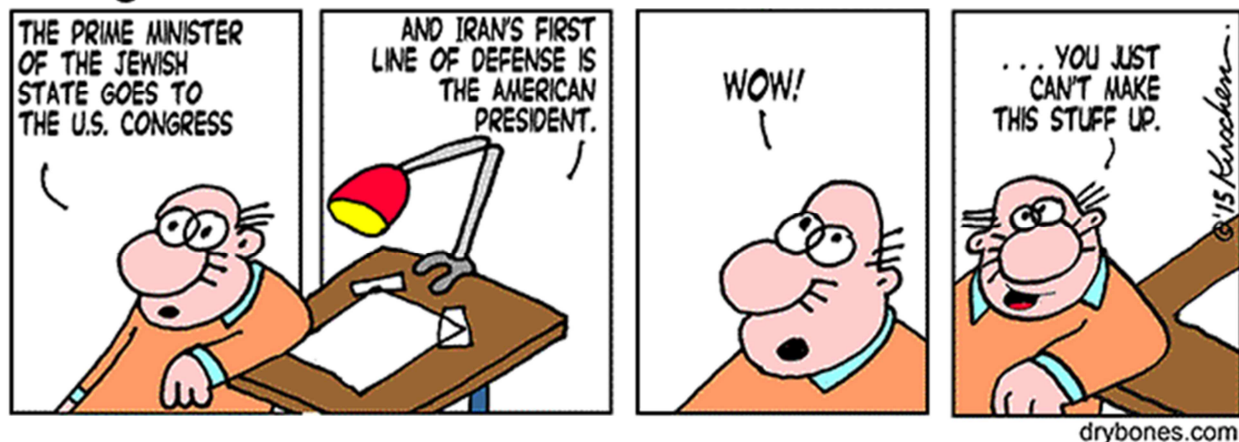
1. Obama’s strategy of appeasing the Iranian regime. In pursuing Iran,
 2. Obama is alienating and weakening America’s allies [Saudi Arabia and Egypt],
 3. enabling Iran to expand its nuclear program,
 - and empowering Iran regionally as 4. the US does nothing to prevent Iran’s takeover of Iraq [other than ISIS territory], Syria, Lebanon and Yemen.
- It is possible that in Netanyahu’s remarks about Iran and radical Islam, Netanyahu will manage to discredit Obama’s approach to all 4 issues.

[<http://carolineglick.com/netanyahus-true-electoral-rival/>

Beheadings, according to Mr. Obama, ultimately the result of Western Imperialism!!

There is no greater danger to the future of civilization, and the Jewish people in particular, than the Shia apocalyptic nuclear ambitions. Pres. Obama does not see it at all.]

Dry Bones



Mattityahu מתתיהו
(Matthew) 6.25-27

[Very appropriate exhortation from Yeshua יֵשׁוּעַ]

Mattityahu (Matthew) 6.25a

לֵכֵן אֹמֵר אֲנִי לָכֶם : אַל תִּדְאָגוּ לִנְפְשְׁכֶם -- מָה תֹאכְלוּ אוֹ מָה תִּשְׁתּוּ , וְלִגְּדֻכְכֶם -
- מָה תִּלְבָּשׁוּ .

So I say to you, do not worry about your life — what you will eat or drink, or about your body, what you will wear.

[Do not worry: main theme Yeshua יֵשׁוּעַ's teaching today. This is the most common translation of the word in Greek merimnate.]

mē merimnate

μὴ μεριμνᾶτε

not be anxious about

(*merimnaō*) is “an old verb for worry and anxiety – literally, to be *divided*, *distracted*”.

[<http://biblehub.com/greek/3309.htm>

Worry → stress can wreck your sleep, your digestion, your emotions. Divided, distracted. Wesley: I'd rather curse than worry.]

Worry refers to the thoughts, images and emotions of a negative nature in which mental attempts are made to avoid anticipated potential threats. As an emotion it is experienced as anxiety or concern about a real or imagined issue, such as Health, Relationships, Finances, War, Disasters.

[<http://en.wikipedia.org/wiki/Worry>

"I am an old lady/man, and I've had many trials, most of which never happened. Doesn't matter if real or imagined."

In fact, worrying seems to help. Usually the things we worry and are distracted about are NOT the things that devastate us. Unexpected things do. So worrying seems to divert, avert the disaster. Not really.]

Shame is a negative, painful, social emotion that "...results from comparison of the self's action with the self's standards..."

The location of the dividing line between the concepts of shame, guilt, and embarrassment is not fully standardized. According to cultural anthropologist Ruth Benedict, shame is a violation of cultural or social values while guilt feelings arise from violations of one's internal values.

[<http://en.wikipedia.org/wiki/Shame>

Joy Starts Here, p 93

Toxic shame, real shame

Toxic guilt, real guilt]

Abuse creates toxic shame - the feeling of being flawed and diminished and never measuring up. Toxic shame feels much worse than guilt. With **guilt**, **you've done something wrong**; but you can repair that - you can do something about it. With **toxic shame** there's something wrong with **you** and there's nothing you can do about it; **you are inadequate and defective.**

[<http://www.goddirect.org/mindemtn/writings/january/toxshame.htm>]

- Toxic shame is the core of the wounded child. This meditation sums up the ways that the wonderful child got wounded. The loss of your I AMness is spiritual bankruptcy. The wonder child is abandoned and all alone.
- People who've entered into shame will worry that shame will again arise.

[<http://www.goddirect.org/mindemtn/writings/january/toxshame.htm>

If experiencing Toxic Shame, will worry that it will resurface. Someone will express it. Someone will shame you.]

Mattityahu (Matthew) 6.25b

הלא הנפש חשוכה מן המדון, והגוף חשוב מן הלבוש.

Isn't life more than food and the body more than clothing?

[Yeshua יֵשׁוּעַ is making a sort of joke here: Greater / lesser argument; Ever worry about continuing to live? Will I remember to breathe? Will my heart keep beating? Kidneys? Life is more complex than raising a crop.

We are exhorted not to have anxious, immoderate, perplexing, and distressing thoughts and cares; such as arise from diffidence and unbelief, and tend to despair.

But HOW to do this?]

Mattityahu (Matthew) 6.26

הַבִּיטוּ אֶל עוֹף הַשָּׁמַיִם: אֵינָם זֹרְעִים וְאֵינָם קֹצְרִים, אֶף אֵינָם אוֹסְפִים אֶל
אֳסָמִים, וְאֵבִיכֶם שֶׁבְּשָׁמַיִם מְכַלְכֵּל אוֹתָם. הֲלֹא אַתֶּם חֲשׂוּבִים יוֹתֵר מֵהֶם.

Look at the birds of the air. They do not sow or reap or gather into barns; yet your Father in heaven feeds them. Are you not of more value than they?

[True that occasionally a sea creature washes up on shore or bird falls from sky ill or famished. Usually causes, not just lack of food.

Your Father. This is the key thought. We'll develop this shortly. Your Father... means home, provision, laughter.]

Mattityahu (Matthew) 6.27

וּמִי מִכֶּם בִּדְאָגָתוֹ יִכּוֹל לְהוֹסִיף טַפַּח אֶחָד עַל שָׁנוֹת חַיָּיו?

And which of you by worrying can add a single hour to his life?

[Worry is NOT a known therapy. Your life and body are far more valuable than any food you eat or clothing you wear. If God gave you life and fearfully created your body, he'll provide food for that life and covering for that body. God provides for birds who don't know enough to plant, reap, and store up for winter. Humans created in God's image are far more valuable than birds, so he will certainly provide for us. Worry can't do a thing. It won't bring in a penny. It can't put a crust of bread on the table or add 5 minutes to our lives.]

From Aish.com: It seems to me that almost every Jew I know suffers from terminal anxiety. And why not? With a history filled with *tsuris* we've probably developed a Yiddishe mutation: a W-strand on our DNA for "Worry." Forget Murphy's Law. Chances are his real name was Murphosky and his family taught him: "If anything can go wrong, it will."

[<http://www.aish.com/j/fs/48936107.html>

You think it's a coincidence that a Jew invented Valium?

2000+ years of rejection, scorn, exile, murder by Christian and Muslim civilizations. When's the shoe going to drop next? Worse by "Christian" than Muslims. Dhimmi status.]

I get anxious. That
lovely Jewish guilt
that comes with
ancestry.

Maya Rudolph

[American actress and comedian]

When my son was born, not only did I check fingers and toes, but his blood type – to start listing potential donors, just in case. When he was two, his pediatrician wrote on his chart: "MOTHER: LUNATIC" which might've been due to the fact that I thought a hernia in a toddler might be malignant. Of course, what the doctor didn't understand, was, the minute we become Jewish parents another

cultural mutation kicks in – W-Ray vision (Worry-Ray) otherwise known as, “Wait ... is that spot getting bigger?”

[An airplane was about to crash, there were 5 famous passengers on board but only 4 parachutes left. The first passenger said, I'm Kobe Bryant, the best NBA basketball player. The Lakers need me. I can't afford to die... So he took the first pack and left the plane. The second passenger, Hilary Clinton said, "I am the wife of the former president of the US. I am also the Secretary of State. For the sake of international stability, I need a parachute." She took the second parachute and jumped out of the plane. The third passenger, President Barack Obama said "I'm president of the United States of America. Our country needs intelligent solutions, and as a former Harvard Law School professor, I am the only person who can offer those solutions. Americans can't afford for me to die." So he quickly grabbed the pack next to him and jumped out of the plane. The fourth passenger was the Pope and he turned to the fifth passenger, a Rabbi and said, "I am old and frail so I don't have many years left. As a good Catholic, I will sacrifice my life and let you have the last parachute. The Rabbi turned to him and said "Thank you but it's really OK.... there are enough parachutes for both of us. America's most intelligent President has just taken my Tallit bag."]

My mother is a typical Jewish mother. Once she was on jury duty. They sent her home. She insisted SHE was guilty.

[Jews have at least 2000 years of intense rejection, scorning, hostility from Christians and Muslims. Makes us have a W gene. At least many of us love to worry and imagine what we are guilty, shameful or will be considered guilty and shameful about.]

Gevaltism - every little thing that happens could be another Middle Eastern War.
[<http://quizlet.com/42494461/history-and-modern-thought-of-israel-flash-cards/>]

Puddleglum is a Marshwiggle from the Marshes in Narnia. He first shows up in *The Silver Chair* by C.S. Lewis. I do believe he is one of my favorite characters! So, here are my top 15 Puddleglum-ish quotes.

[He is just like his name. Sees the glum side of everything. Puddle: muddy, messy, slippery.

Yet he is faithful, and perseveres, despite moods.]



“The bright side of it is... that if we break our necks getting down the cliff, then we're safe from being drowned in the river.”

“Very likely, what with enemies, and mountains, and rivers to cross, and losing our way, and next to nothing to eat, and sore feet, we’ll hardly notice the weather.”

“Now a job like this—a journey up north just as winter’s beginning, looking for a Prince that probably isn’t there, by way of a ruined city that no one has ever seen—will be just the thing.”

My personal gevaltism:

- *Who’s mad at me, rejecting me. shame*
- *What tasks unfinished → chaos.*
- *Daily heaviness and Puddleglum syndrome till lifted spirits with time in Word and prayer.*

Impartation of faith since Bob Weiner directed me to faith declarations:

https://youthnow.org/index.php?option=com_content&view=article&id=712

4. Total Freedom From Anxiety, Worry and Fear

5. Declarations for 2015

One personal joy: ministry



Eric Liddell: I believe God made me for a purpose, but he also made me fast. And when I run I feel His pleasure. Joy in DOING.

[Joy in ministry, but need more than activity joy in the Ruakh:

- *danger that it’s narcissistic,*
- *Like in classroom, but there I gave tests.]*

Joy/worry remover from BEING >> DOING

Mattityahu (Matthew) 6.9

‘אֲבִינוּ שְׁבַשְׁמִים,

Our Father in heaven!

- What does that mean?
- Firstly: Fatherly Joy.

[Life Model 4, 4-5, 7]

Mishlei/Pr. 3.12 a father...delights in his son

15.20 A wise son is a joy to his father

Yer. 31.20 CEB **Isn't Ephraim my much-loved child? Don't I utterly adore him?**

הבן יקיר לי אפרים, אם ילד שעשעים

beloved ; worthy person, notable person ; יְקָרִי - darling, dear

שעשע פ' פיעל to entertain, to delight

Woman here named Yakira. Moved to Baltimore? DC.

Next verse in Yermiya is good transition. Delight, source of laughter.]

Yer. 31.21 CJB I speak about him all the time, I can't help but recall him to mind. In sum, I deeply yearn for him; I will surely show him favor," says ADONI.

[Context of Yer 31. Look it up.]

How do you respond to weakness? That is, how do you respond to people's failure, forgetfulness, incompetence, sinfulness, relapse?

How does G-d respond when we come to Him?

Zeph. 3.17 Adoni your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.”

[I went out to Capistrano, CA April, 2014 after my granddaughter was born to my 2nd son Daniel. Before hip surgery in May, I told shouldn't fly afterward for 5 weeks. Forgot exactly when birthday and my Daniel said, "You should remember. She was born PI day, 3.14!" Daniel and I resonate together. Twinkle.]



[Imost looks like a fake background. Real CA tall ships. Customized Father's Day card.

Fatherhood joy!!

Pause for a moment and think of our Heavenly Father, אבינו שבשמים Avinu Sheh-ba-shamiyim. Do you sense His joy and welcome??

Do you give joy and eye twinkle?

This is what Thanksgiving is about!

Another meaning of Fatherhood.]

^{1 Yn.3.1} See what love the Father has lavished on us in letting us be called God's children! For that is what we are. The reason the world does not know us is that it has not known him.

[Can only have it after real repentance, no excuses.]

Mishlei/Pr. 23.15-16 **My son, if your heart is wise, then my own heart too is glad; my inmost being rejoices when your lips say what is right.**

^{23.24-25} **A righteous person's father will be filled with joy; yes, he whose son is wise will rejoice in him. So let your father and mother be glad; let her who gave you birth rejoice.**

[Mother heart of Father G-d. Actually, the Ruakh is a female noun.]

^{27.11} **My son, become wise, and gladden my heart, so that I can answer my critics.**

Ro 8.15-16 **For you did not receive a spirit of slavery to bring you back again into fear; on the contrary, you received the Spirit, who makes us sons and by whose power we cry out, "Abba!" (that is, "Dear Father!"). The Spirit himself bears witness with our own spirits that we are children of God.**

[Faith in the atoning sacrifice of Messiah and true repentance → joy, relief from worry!]