

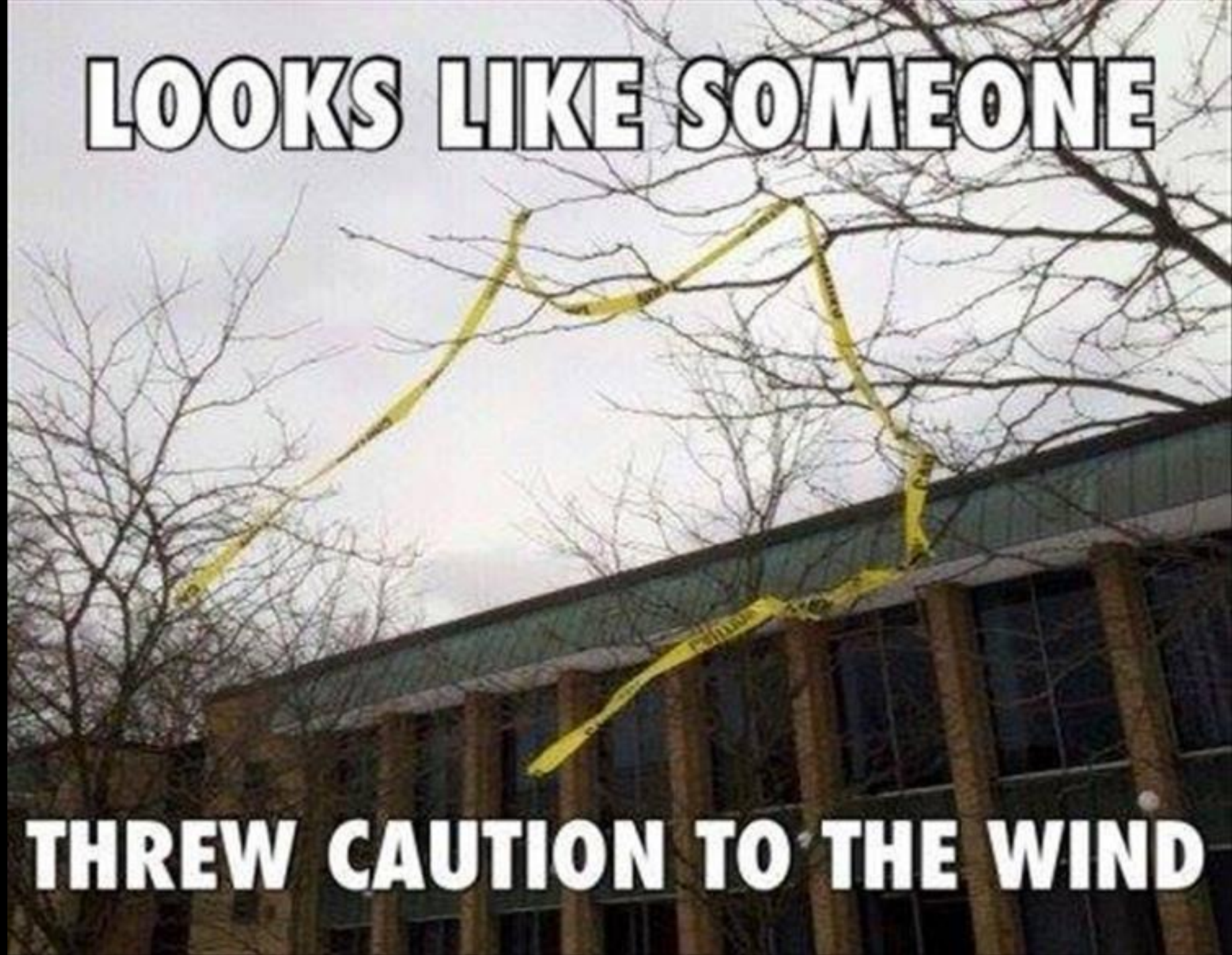
**LITTLE KNOWN HISTORICAL FACT... PHARAONHS  
WERE BURIED WITH THE ARMS CROSSED**



**BECAUSE THEY BELIEVED THERE WOULD BE  
COUNTLESS WATER SLIDES IN THE AFTERLIFE**

**LOOKS LIKE SOMEONE**

**THREW CAUTION TO THE WIND**





**מַתִּיתָהוּ** Mattityahu  
**(Matthew) 10:28-30**

## Mattityahu (Matthew) 10.28

אַל תִּפְחָדוּ מִן הַהוֹרְגִים אֶת הַגּוֹף  
שֶׁאֵין בִּיכָלָתָם לַהֲרֹג אֶת הַנֶּפֶשׁ,

Do not fear those who kill the body  
but are powerless to kill the soul.



**UNRELIABLE**  
غیر قابل اعتماد

“Our **nuclear victory** showed to the world that Iranians are capable of winning any battle, including diplomatic battles,” Iranian President Hassan Rouhani told the crowds.



**New Iranian Emad missile**

Washington (CNN) Top U.S. intelligence officials said Tuesday that ISIS was likely to attempt direct attacks on the U.S. in the coming year and that the group was infiltrating refugees escaping from Iraq and Syria to move across borders.

**Billionaire Carl Icahn, for example, recently raised a red flag on a national broadcast when he declared, “The public is walking into a trap again as they did in 2007.”**

**And the prophetic economist Andrew Smithers warns, “U.S. stocks are now about 80% overvalued.”**

## Mattityahu (Matthew) 10.28

אֵלֶּא יִרְאוּ מִזֶּה אֲשֶׁר יָכוֹל לְגַרֵם הֵן  
לְאַבְדֹן הַנֶּפֶשׁ וְהֵן לְאַבְדֹן הַגּוּף  
בְּגֵי הַנּוֹם.

Rather, fear him who can destroy  
both soul and body in Gei-Hinnom.



Gei Hinnom





Rev 20.10,14-15 The Adversary who had deceived them was hurled into the lake of fire and sulfur, where the beast and the false prophet were; and they will be tormented day and night forever and ever...This is the **second death** - the lake of fire.

Anyone whose name was not found written in the Book of Life was hurled into the lake of fire.

## Mattityahu (Matthew) 10.28

• אֵלֹא יִרְאוּ מִזֶּה אִשׁוֹר יְכוֹל לְגַרֵם הוּא  
לְאַבְדוֹ הַנֶּפֶשׁ וְהוּא לְאַבְדוֹ הַגּוּף  
בְּגֵי הַנּוֹם.

• Rather, fear him who can destroy both soul and body in Gei-Hinnom.

2 Tim 1.6-7 Fan the flame of God's gift,  
which you received through  
s'mikhah from me. For God gave us  
a Spirit who produces **not timidity**,  
but power, love and self-discipline.





## Mattityahu (Matthew) 10.29

הֲאִם לֹא נִמְכָּרוֹת שְׁתֵּי צִפֹּרִים  
בְּאַסָּר אֶחָד? גַּם אֶחַת מֵהֶן לֹא תִפֹּל  
אֶרְצָה מִבְּלִי הַשְּׁגִיחַת אֲבִיכֶם.

Aren't sparrows sold for next to nothing, two for an assarion? Yet not one of them will fall to the ground without your Father's consent.

## Mattityahu (Matthew) 10.30-31

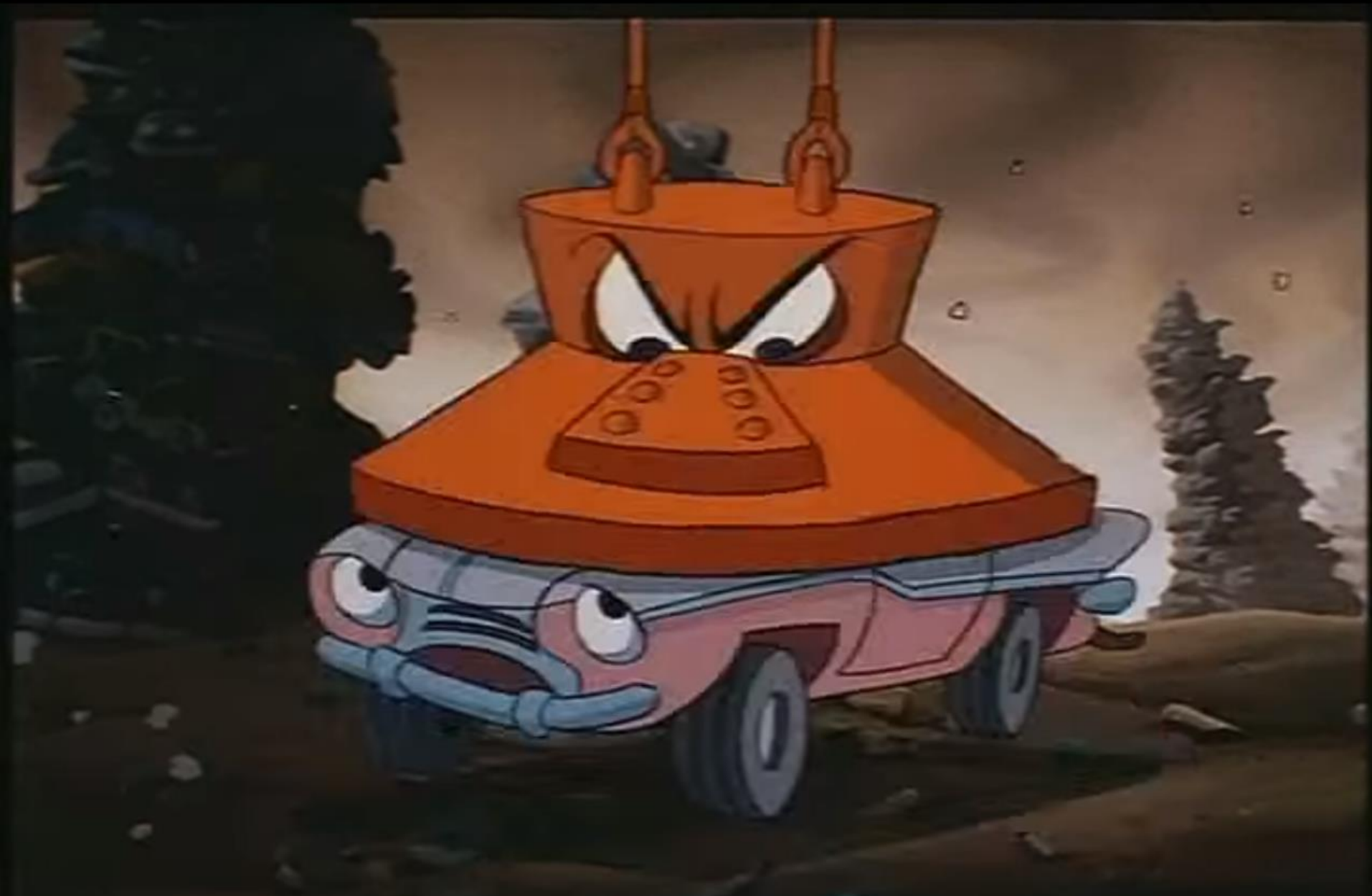
אֵדֶךָ אֶתְּכֶם, אֶפְלוֹ שְׁעָרוֹת לֹאֲשַׁכֶּם  
נִמְנִי כֹלֵן.

As for you, every hair on your head  
has been counted. So **do not be  
afraid, you are worth more** than  
many sparrows.



DON'T ASK WHY

Just try to understand the  
BLACKNESS,  
LETHARGY,  
HOPELESSNESS  
and LONELINESS  
they are going through.



I just can't, I just can't, I just can't  
seem to get started!

Don't have a heart to live in the fast  
lane all that has passed and gone  
Worthless!

(And there ain't nothing you can do  
about it!)

(Pardon me while I panic!)

Worthless! Worthless! Worthless!

Ro 5.6-10 For **while we were still helpless**, at the right time, the Messiah died on behalf of ungodly people. Now it is a rare event when someone gives up his life even for the sake of somebody righteous, although possibly for a truly good person one might have the courage to die. But God demonstrates his own love for us in that the Messiah died on our behalf **while we were still sinners.**

Ro 5.6-10. Therefore, since we have now come to be considered righteous by means of his bloody sacrificial death, how **much more** will we be delivered through him from the anger of God's judgment! For if we were reconciled with God through his Son's death when we were enemies, how **much more** will we be delivered by his life, now that we are reconciled!

Mt 10.31 **Do not be afraid, you are**  
**worth** more than many sparrows.

2 Cor 3.18 So all of us, with faces  
unveiled, see as in a mirror the glory  
of the Lord; and we are being  
changed into his very image, from  
one degree of glory to the next,  
by *ADON*/the Spirit.

T'hillim/Ps 16.8-11 I always set *ADONI*  
before me; with him at my right  
hand, I can never be moved; so my  
heart is glad, my glory rejoices, and  
my body too rests in safety; for you  
will not abandon me to Sh'ol, you  
will not let your faithful one see the  
Abyss. You make me know the path  
of life; in your presence is  
unbounded joy, in your right hand  
eternal delight.

# What Is Joy?

- Defined
  - “Being with someone who is glad as glad can be to be with me.”
- Impact
  - Feels good
  - Dopamine released in both brains
  - Always relational—distinguishing it from “pleasure.”
- Transmission
  - Non-verbal
  - Authentic
  - Cycles 6 complete transactions per second



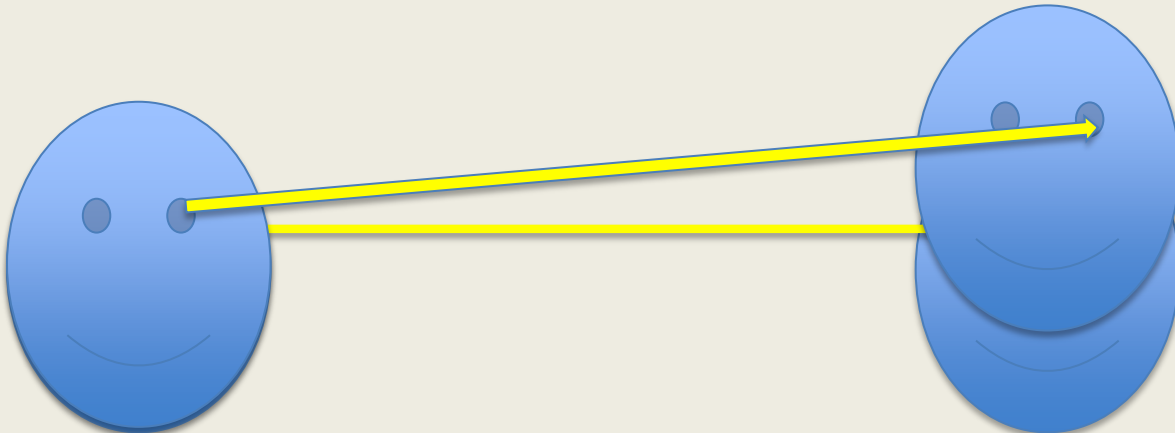
# Cycle of Joy

Joy  
Level



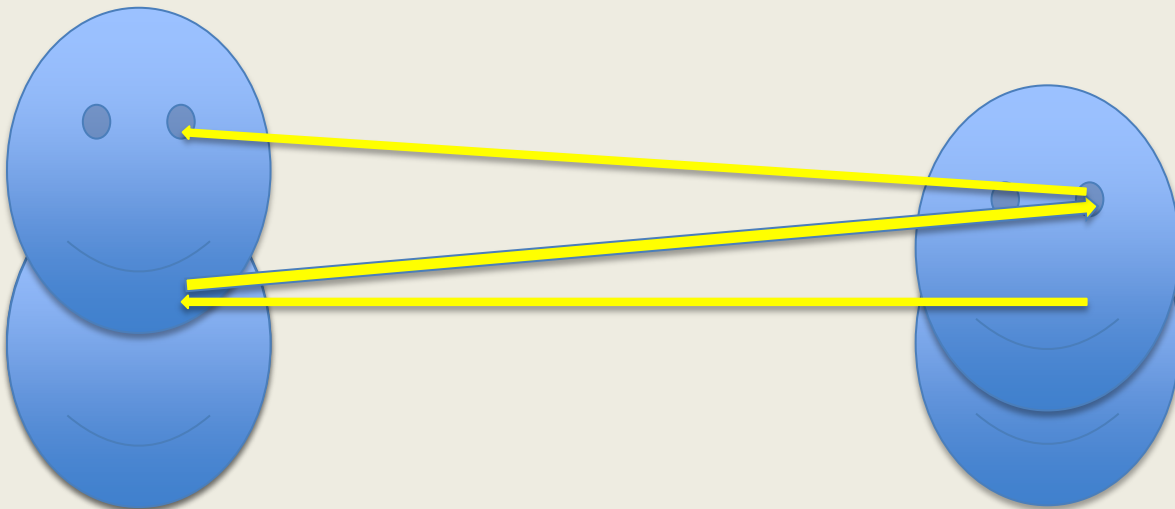
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Joy  
Level



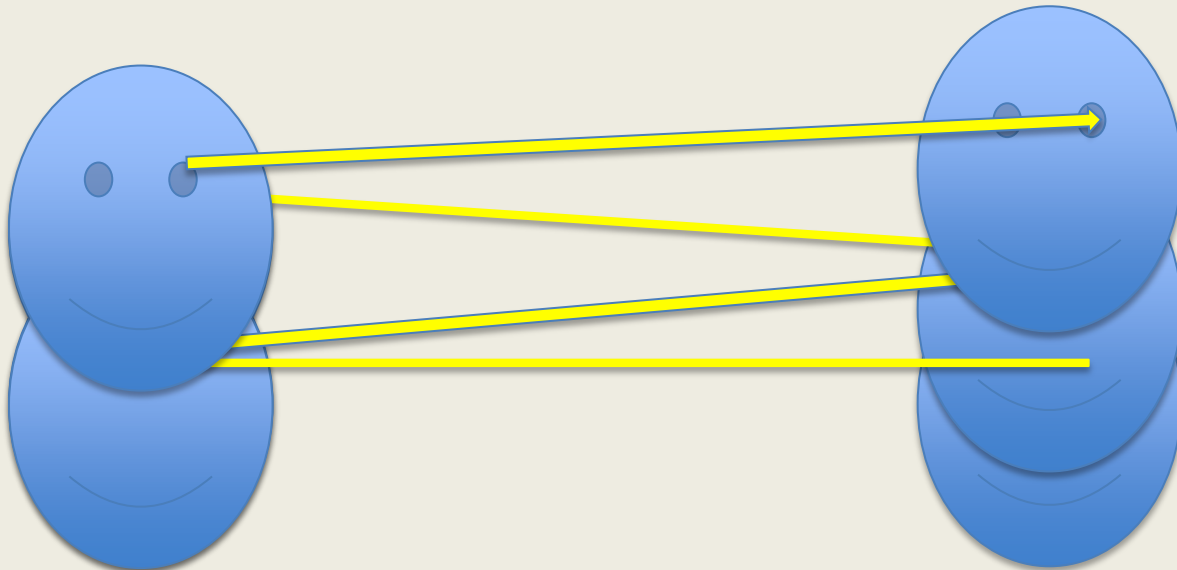
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Level



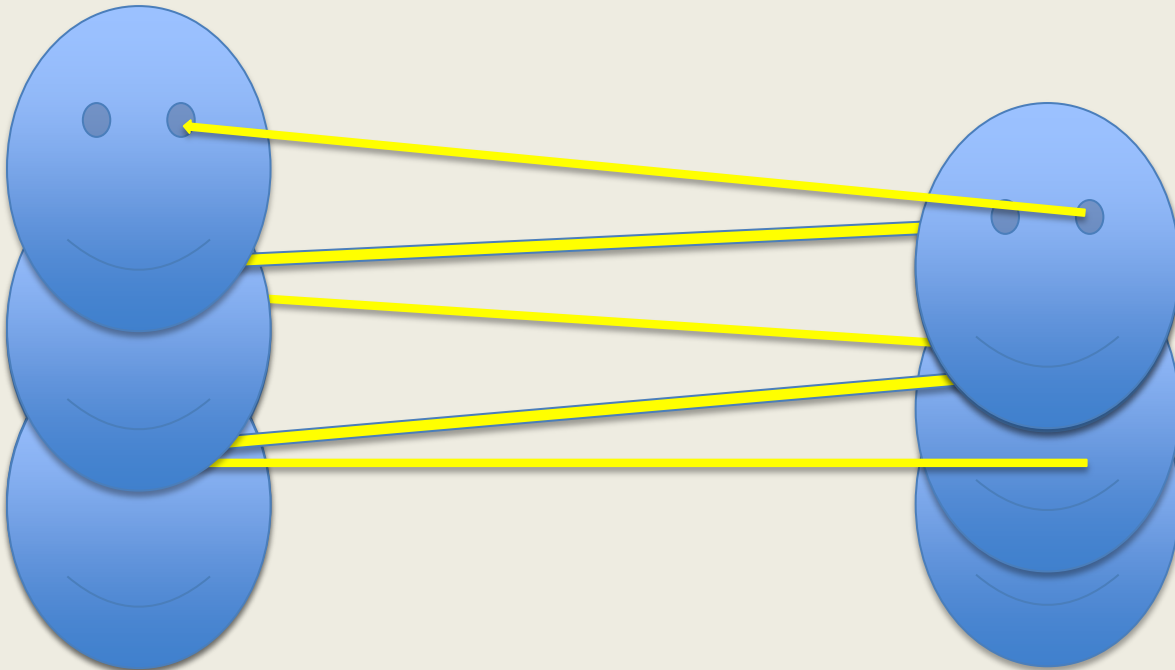
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Level



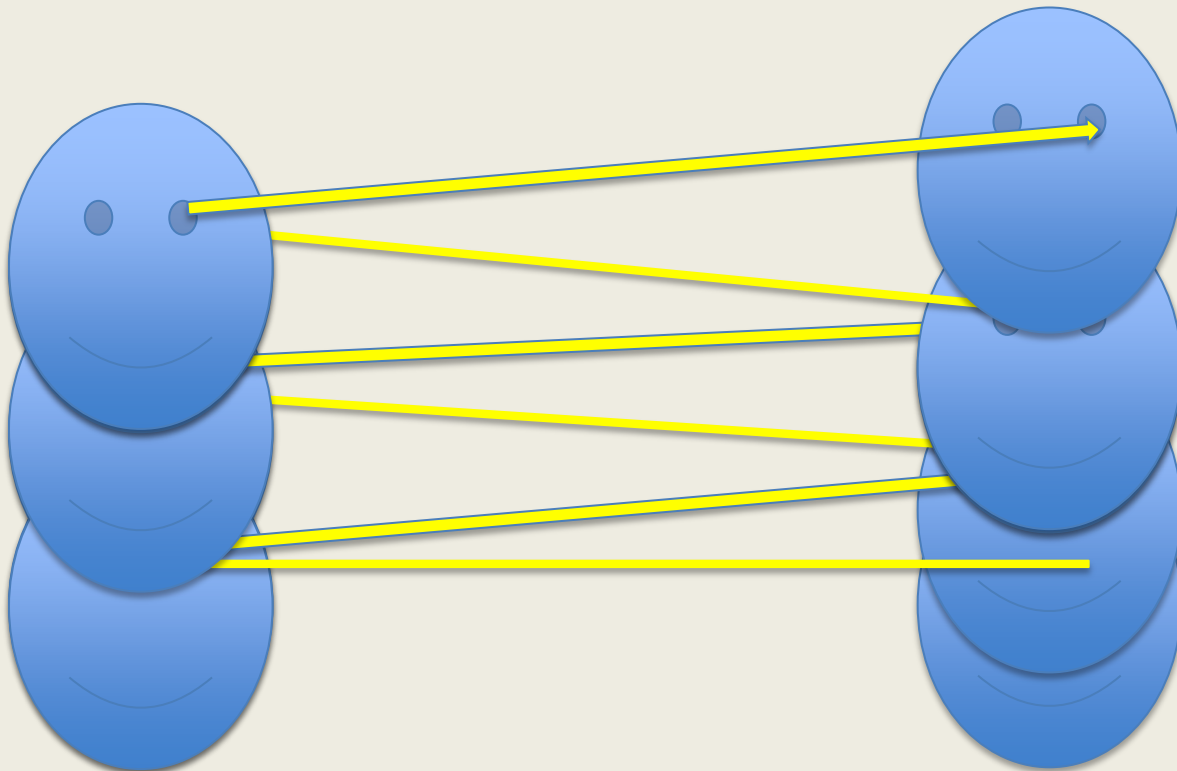
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Joy  
Level



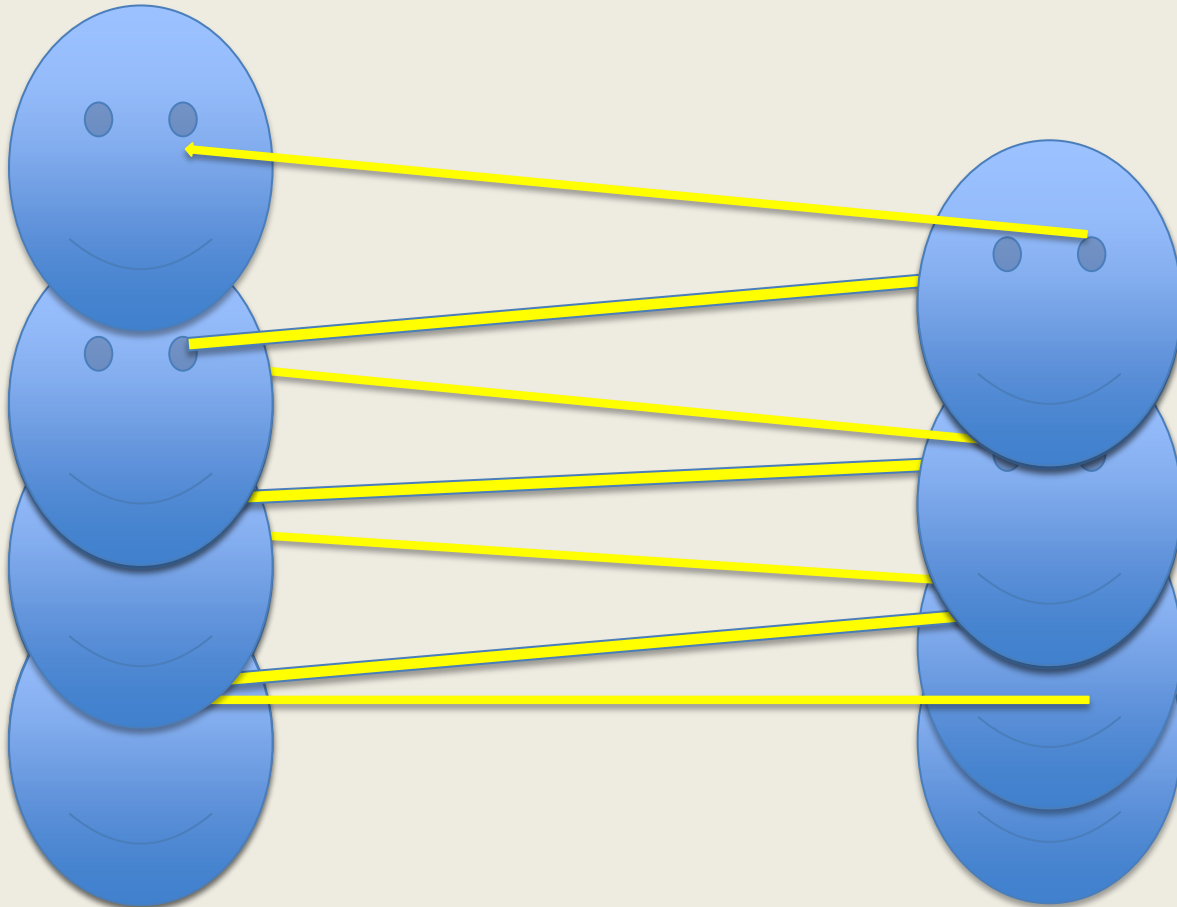
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Joy  
Level



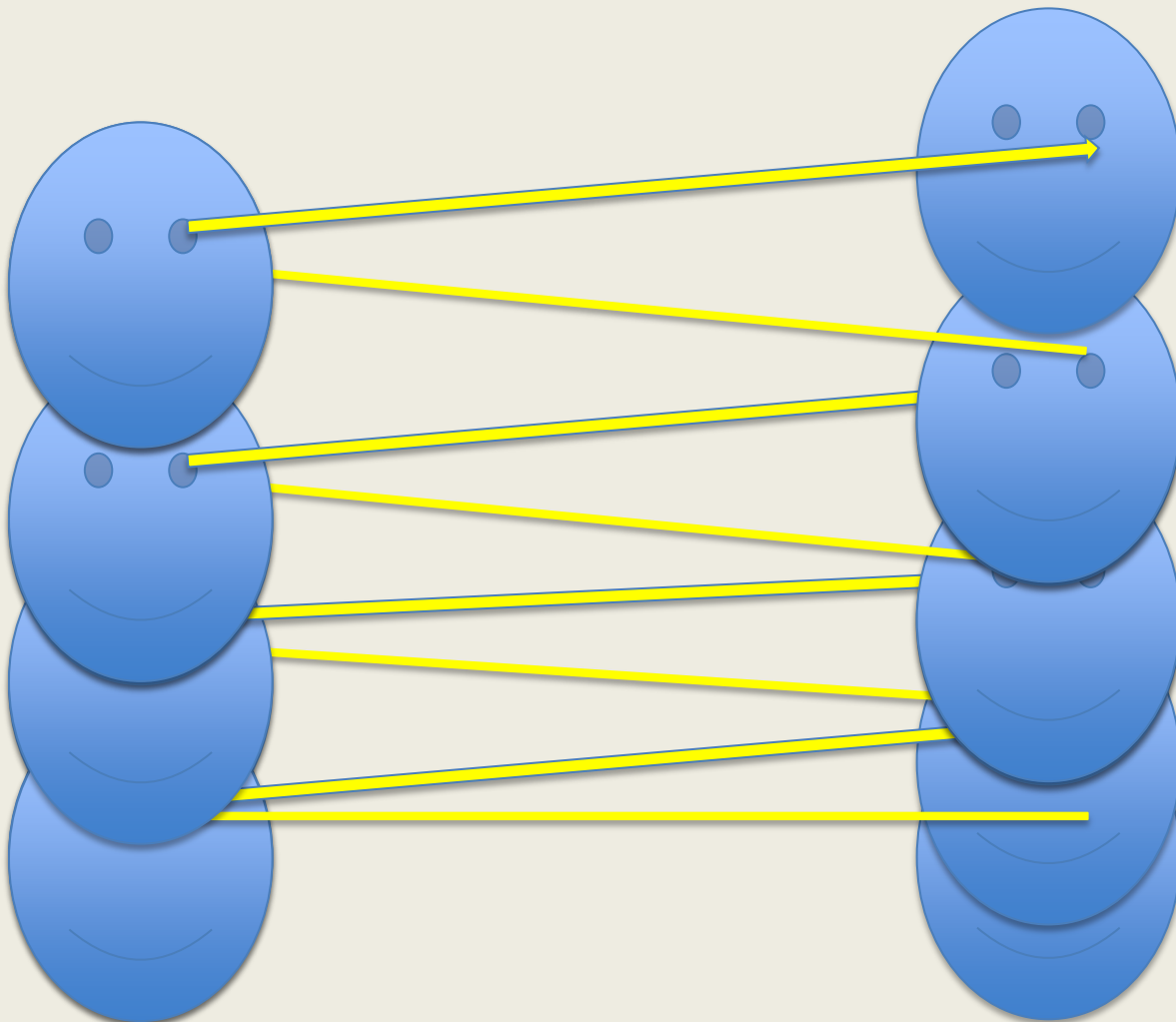
# Cycle of Joy

Joy  
Level

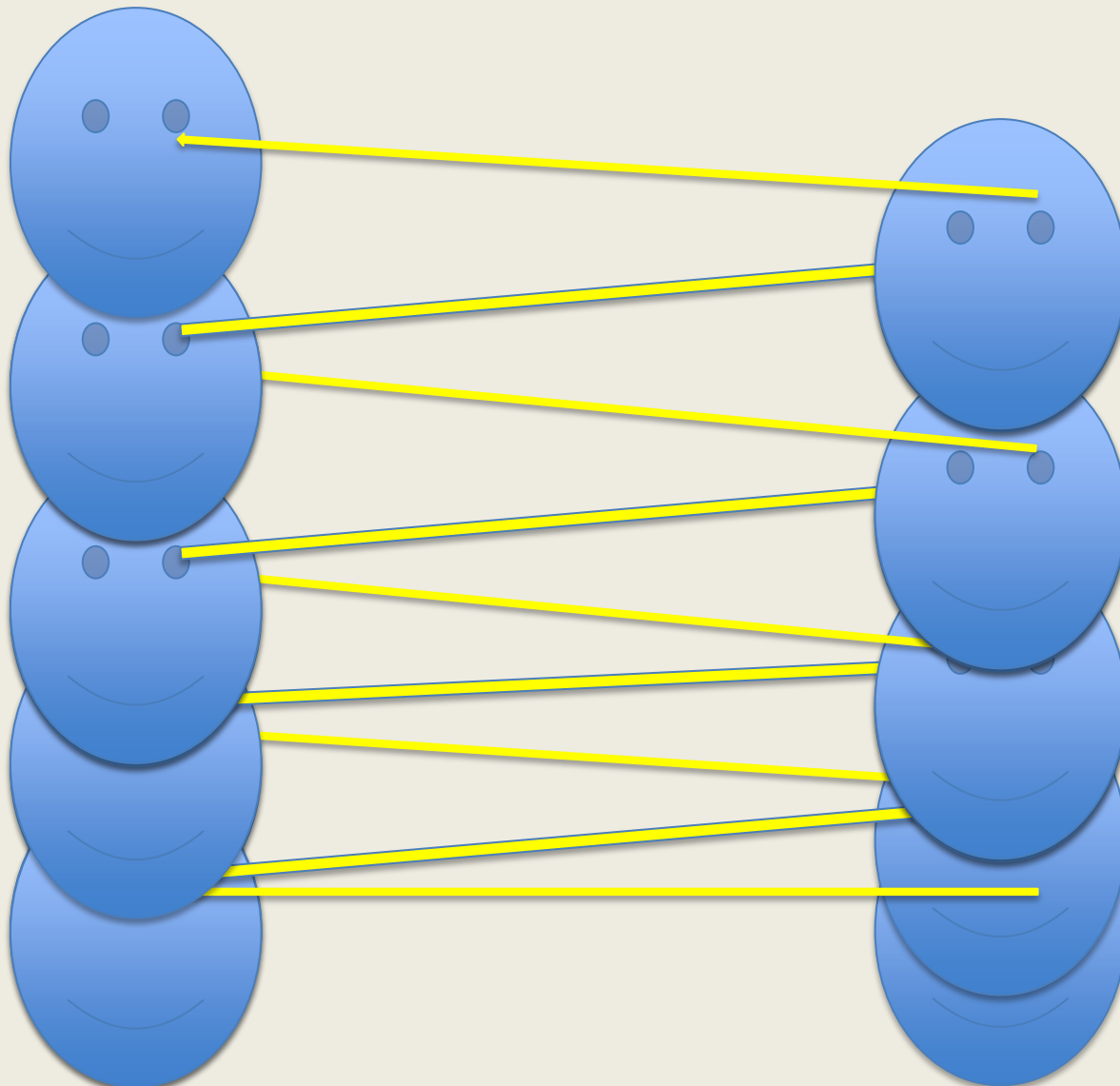


# Cycle of Joy

Joy  
Level

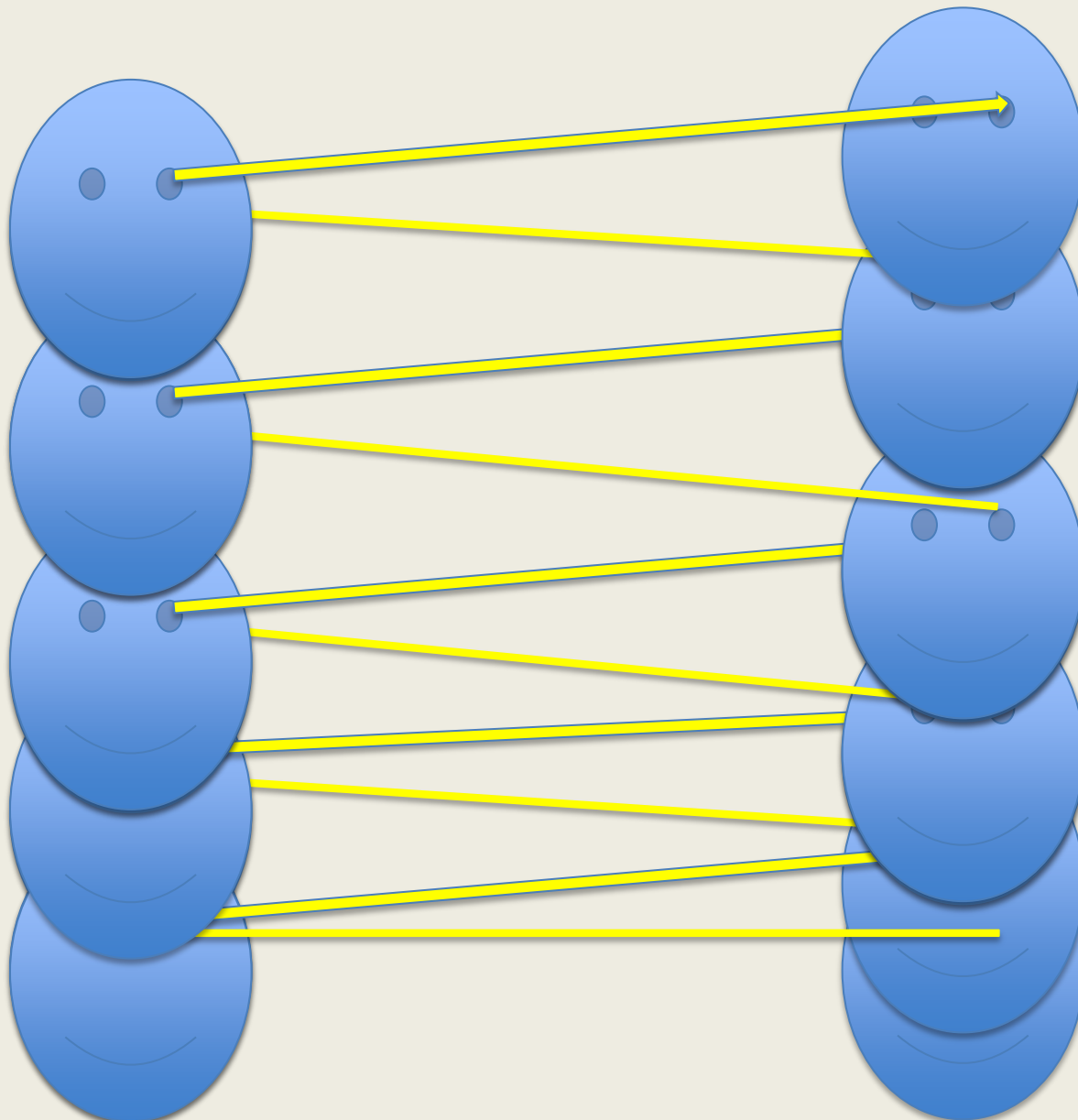


# Cycle of Joy



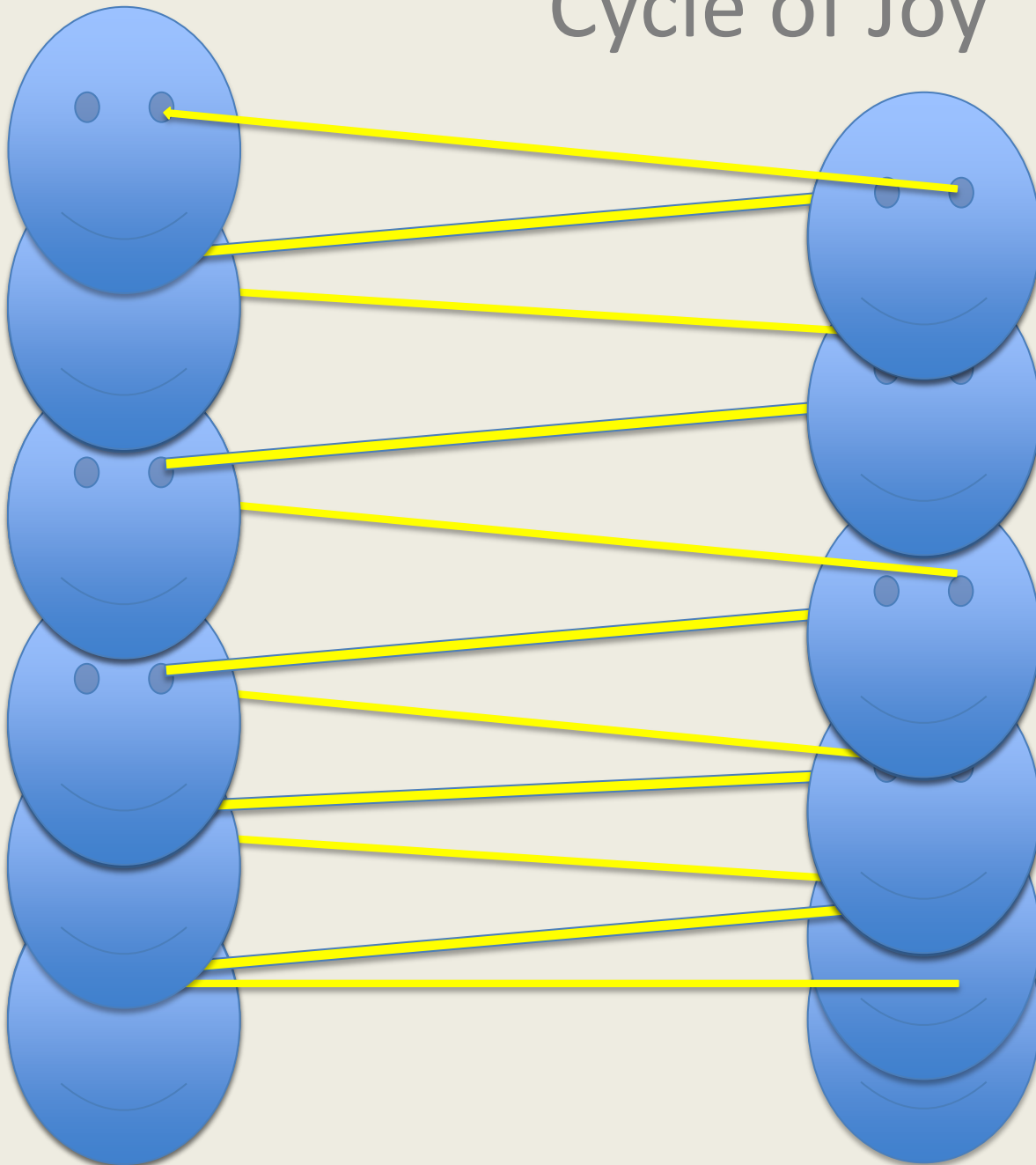
Joy  
Level

# Cycle of Joy



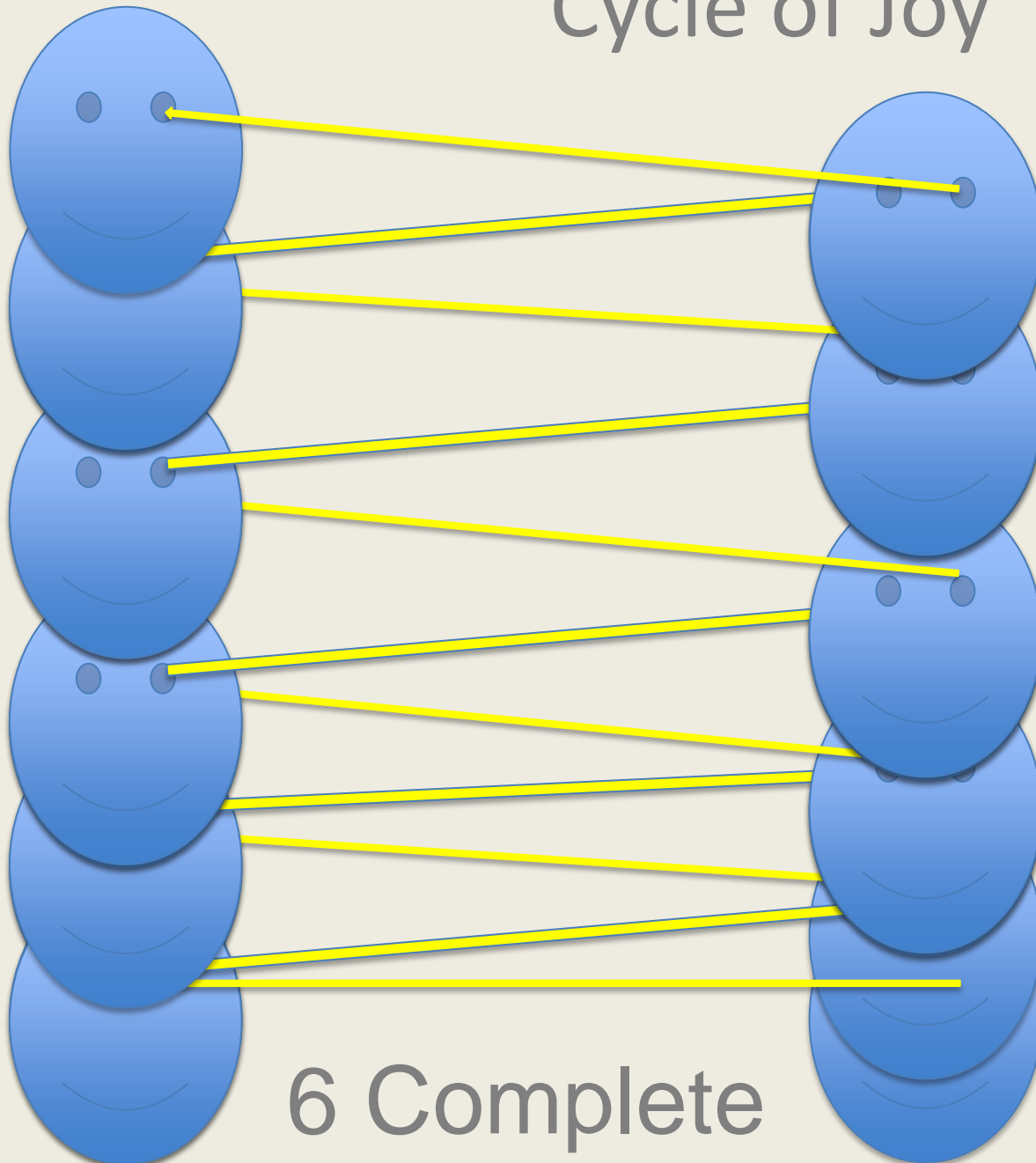
Joy  
Level

# Cycle of Joy



Joy  
Leve  
I

# Cycle of Joy



Joy  
Leve  
I

6 Complete

# Cycle Of Joy & Quiet

- Best Illustrated In Interaction With A Small Child
  - Joy To The Full
  - Gaze Avert
    - Child Needs To Rest
    - Adult Needs To Synchronize To Child
    - Missing Cues For Rest Is Harmful
- Rhythm Of Joy And Quiet Stimulates Growth Prefrontal Cortex



# Joy Capacity

- Capacity Enables Us To “Suffer Well”



# Joy Capacity

- Capacity Enables Us To “Suffer Well”
- When Joy Is Greater Than Pain, I Can Be Myself



# Joy Capacity

- Capacity Enables Us To “Suffer Well”
- When Joy Is Greater Than Pain, I Can Be Myself
- When Pain Is Greater Than Joy, I Go To Trauma



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# Joy Capacity

- Suffering Well Requires High Levels Of Joy



# Joy Capacity

- Suffering Well Requires High Levels Of Joy
- Many Start With Low Levels Of Joy



# Joy Capacity

- Suffering Well Requires High Levels Of Joy
- Many Start With Low Levels Of Joy
- All Our Buckets Leak



# Joy Capacity

- Suffering Well Requires High Levels Of Joy
- Many Start With Low Levels Of Joy
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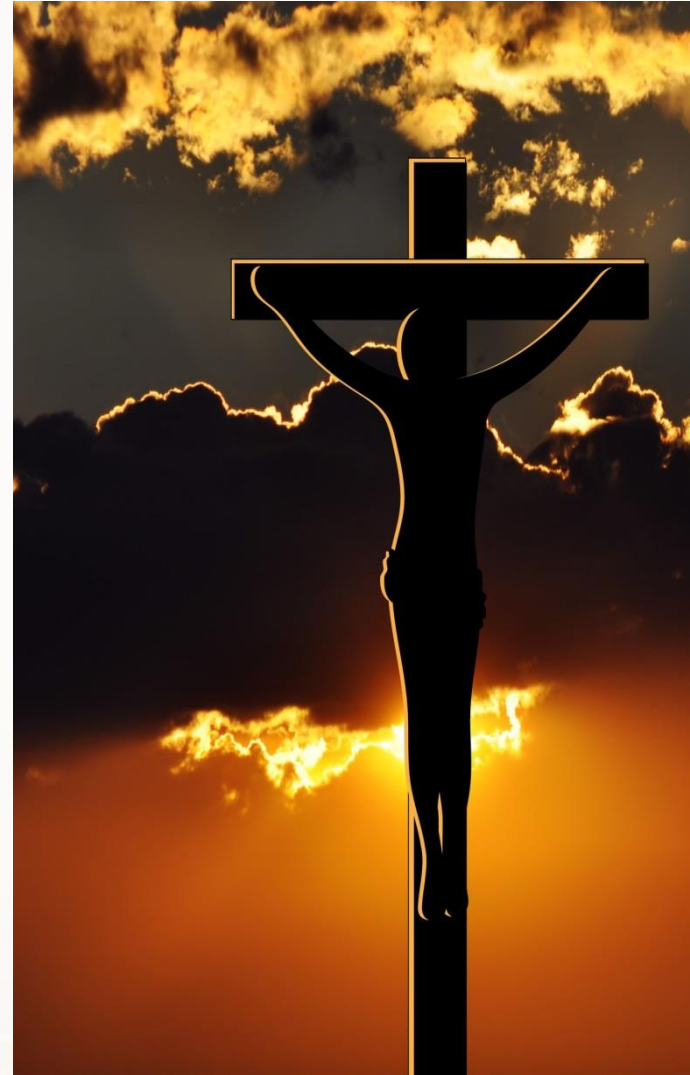
# Joy Capacity

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- Many Start With Low Levels Of Joy
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# Joy Capacity

- Capacity Enables Us To “Suffer Well”
- When Joy Is Greater Than Pain, I Can Be Myself
- When Pain Is Greater Than Joy, I Go To Trauma



# Joy Capacity

“Let us fix our eyes on Yeshua, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

Heb 12:2

