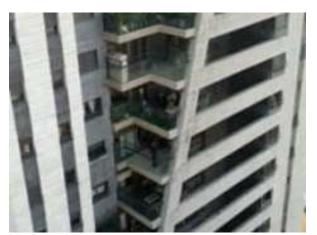
This Shabbat will be the first time since the State of Israel was founded that there will not be restaurants, theaters, sports, transportation, beaches, malls, tourist sites etc. open on the holy Shabbat.

This weeks Torah reading begins: Moshe gathers the people and instructs them about the Shabbat.

[from Cathryn Billings]

Since we're in quarantine now, I guess we will have more insider jokes. [Jai Cohen Smith]

A Minyan בְּלְכְיָ is the quorum of ten Jewish adults required for certain public prayers. [https://en.wikipedia.org/wiki/Minyan]



A minyan in Israel with social distancing! https://vimeo.com/399110061







What wisdom does G-d have for us in this Corona crisis?

T'hillim/Ps 43

Vs 1-2 Gloom, discouragement

Vs 3 Prayer for uplift

Vs 4 Pursuit of uplift

Vs 5 Conclusion of faith

T'hillim/Ps 43:1-2 Judge me, God, and plead my cause against a faithless nation. Rescue me from those who deceive and from those who are unjust. ² For you are the God of my strength; why have you thrust me aside? Why must I go about mourning, under pressure by the enemy? [Vs 1-2 Gloom, discouragement]

T'hillim/Ps 43 3 Send out your light and your truth; let them be my guide; let them lead me to your holy mountain, to the places where you live. ⁴Then I will go to the altar of God, to God, my joy and delight; I will praise you on the lyre, God, my God.

[Vs 3 Prayer for uplift Vs 4 Pursuit of uplift]

T'hillim/Ps 43 5 My soul, why are you so downcast? Why are you groaning inside me? Hope in God, since I will praise him again for being my Savior and God.

[Vs 1-2 Gloom, discouragement

Vs 3 Prayer for uplift

Vs 4 Pursuit of uplift

Vs 5 Conclusion of faith]

Back through the psalm and unpack it.

Ps 43.1 Judge me, God, and plead my cause against a faithless nation.

שְׁפְטֵנִי אֱלֹהִים, וְרִיבָּה רִיבִי--מִגּוֹי לֹאrighteous, pious, kind *khasid* חָסִיד grace, goodness, love *khese* מָסֶד mercy, kindness, benevolence A khasid could be considered "one with khesed" My interpretation.

Not all Hasidim are so necessarily.

Warm, loving, community, people who read your BEST motives and heart.

6x/sec exchange. Somewhat equivalent to the Greek work Agape.

Key attribute of the nature of G-d as self



Hence, G-d is love. Special love. Redeeming love. Uplifting love. Re-enforcing, empowering, convicting, transforming. Love through and in Yeshua to make us whole, forgiven, blessed, joyful in difficulties! Psalmist is saying that I'm in a world without Khesed ७००

ַאִישׁ **מִרְמָה וְעַוְלָה** תְפַלְטֵנִי.

Ps 43.1 Rescue me from those who deceive and from those who are unjust. deceit, fraud, falsehood *mirma* מַּרְבָּה

injustice, wrong, crook avlah עַוְלָה

[Shaul, Philistines, or Avshalom Implacable]

Ps 43.2 For you are the God of my strength; why have you thrust me aside? Why must I go about mourning, under pressure by the enemy?

ּבִּי-אַתָּה, אֱלֹהֵי מְעוּזִּי--לָמָה זְנַחְתָּנִי: לַמָּה-**קֹדֵר** אֶתְהַלֵּדְ, בְּלַ**חַץ** אוֹיֵ⊡. ק**ֹדר אוֹיִר** אָתְהַלֵּדְ, מְלֹבר מִשְׁרָ אוֹיֵם

ץרַ lakhatz pressure, stress

Ever feel stressed?

Are we stressed now? Danger, death, job loss, financial loss? Stock market back to value before current bull market.

Ps 43.3 Send out your light and your truth; let them be my guide; let them lead me to your holy mountain, to the places where you live.

שְׁלַח-אוֹרְדּ וַאֲמִתְּדָּ, הֵפֶּה יַנְחוּנִי ; יְ□ִיאוּנִי אֶל-הַר-קָדְשְׁדּ, וְאֶל-מִשְׁכְּנוֹתֶידְ.

[But where is that. Holy mountain?]

Ps 43.4 Then I will go to the altar of God, to God, my joy and delight; I will praise you on the lyre, God, my God.

ּ וְאָ⊡וֹאָה, אֶל-מִזְבַּח אֱלֹהִים-- אֶל-אֵל, שִׂמְחַת גִּילִי :

[Another geographic reference. Where is His altar?]



[Physical first: literal Jerusalem, then spiritual

One basic difference Messianics and much of the church world. If skip the literal sloppiness, or 'כ' denial rejection of Israel.

You have to make an altar in your mind, heart. Sometimes a place in your home where prayer frequent.

Ps 51.17 fruit of my lips. Adoni, open my lips;

then my mouth will praise you.]



[Another place in the Word, but something about singing the Word. Psalms and hymns ... Ps 71.19

Ps 103.2 Bless Adoni, O my soul, and forget none of His benefits:

Great things: Yeshua, death and resurrection. Israel. Your family. This Or HaOlam family. G-d always sends people. Scene in Star Wars last-minute rescue.]

PROCLAMATION!!

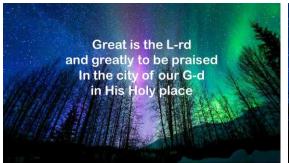




קדול אָדנָי וּמְיַהָלָל מְאוֹד הּחוווייר בְּדוֹל אָדנָי וּמְיַהַלָּל מְאוֹד Gadol Adoni um'hulal meod בְּעִיר אֱלֹהֵינוּ, בְּהָר קְדְשׁוֹ B'ir Elohaynu, b'har kodsho [Great is the L-rd and greatly to be praised] [In the city of our G-d, In His holy mountain] הַלְלוּיָה כִּי מָלַדְ אַדְנָי אֱלֹהִינוּ Halleluyah ki malakh Adoni Elohinu Halleluyah, for Adoni our G-d reigns! הַלְלוּיָה כִּי מִלְדְּ אֵלֹהִי צְבָאוֹת Halleluyah ki malakh Elohei Tsava'ot Halleluyah, for Adoni of armies reigns!

נְגִילָה וְנִשְּׁמְחָה וְנִתֵּן לוֹ כָּבוֹד Nagila v'nis'mekha V'nitan lo kavod נְגִילָה וְנִשְּׁמְחָה וְנִתּן לוֹ כָּבוֹד Nagila v'nis'mekha V'nitan lo kavod [Come and rejoice and give Him glory]

Ps 43.5 My soul, why are you so downcast? Why are you groaning inside me? Hope in God, since I will praise him again for being my Savior and God.









U.S. troops from Ft. Riley sent to battle in Europe during WWI may have carried the virus with them.

The 1918 outbreak may have taken between 50 million and 100 million lives worldwide. As much as one-third of the world's population may have been infected by the virus.

Perspective...

This is not the first plague on our land or on the world.

"A DRASTIC BAN IS ON," shouted the bold headline of *The Kansas City Star*, on Oct. 17, 1918. So-called Spanish influenza had been ravaging the city since late September. Hundreds in town were sick and dying of "the purple death."

Over the next 27 weeks, the flu would kill an estimated 2,300 people in Kansas City, giving it a mortality rate greater than New York, Chicago, Cleveland, Detroit and even St. Louis, a city with more than 2.5 times Kansas City's population at the time.

The reason — standing perhaps as a cautionary tale in the face of the spread of the global coronavirus pandemic — is that Kansas City failed in spectacular fashion to responsibly deal with the contagion when it had the chance, experts say now.

In the end, the town of some 250,000 people would emerge from the epidemic with a death rate of 718 people per 100,000 population — the 17th worst among 50 large American cities.

The actual worst, Pittsburgh, would log a rate of 1,240 per 100,000. But Cleveland would have a rate of 590, New York at 582, St. Louis at 536 with Chicago, Cleveland and Detroit even lower.

"Effective at once, to remain in effect indefinitely," *The Star's* story continued. Then came the list of closings: All theaters and motion picture shows. All schools. All churches. Public gatherings of 20 or more persons, including dances, parties, weddings, funerals.

Crowding in stores was forbidden, restricted to no more than 25 persons. Music or amusements in hotels, bars and restaurants: forbidden. Streetcars could carry no more than 20 standing passengers.

All elevators and streetcars would be sterilized daily; telephone booths would be sterilized twice a day; streets would be deluged in water.

The exact source of the Spanish flu is unclear, but some have come to believe that it should have been called the Kansas flu. It's thought to have taken root in early March 1918 among World War I soldiers at Camp Funston, part of Fort Riley in Geary and Riley counties.

April, 2018: Hundreds of schoolchildren in Mexico, Missouri, near Columbia, had been flattened for days by a mysterious bug. Doctors suspected it was some form of flu, but speculated that recent rains had "ended the epidemic."

In the surrounding weeks, several thousand soldiers at Camp Funston would also be treated for a flu that killed 38 men.

"Six to eight months later," said John Barry, author of *The Great Influenza: The Epic Story of the Deadliest Plague in History*, "it exploded simultaneously on three continents: Europe, Africa and the United States."

"This influenza was violent ... This influenza killed," Barry wrote.

No mere cold, the flu caused a swift and wrenching death, with a killing rate 25 times higher than milder forms. In hours, healthy individuals could go from having what seemed like a cough to developing pneumonia that engorged the lungs with fluid, then blood.

Violent hacking contorted bodies as victims struggled to breathe. With lungs filled to uselessness, oxygen disappeared and victims quickly turned blue, the "purple death." First the mahogany patches rose near the cheekbones and ears; then they spread across the face. People turned so dark near death, reported one Army physician in the day's vernacular, "it became hard to distinguish the coloured men from the white."

Sept. 27, p.m.: "Grip Doubles Death Rate."

Then the flu hit town, often afflicting healthy people — between 15 and 35 — first and hardest. The youngest and oldest came later.

The first cases, the McKinseys note, were reported in the last week of September at the Sweeney Automobile and Tractor School, a private building at 24th Street and Baltimore Avenue, that had been converted for military use.

"Within a week 800 fell ill," the McKinsey paper notes.

[https://www.kansascity.com/news/business/health-care/article241058181.html

Read Fighting with Pendergast - Star article]

What does scripture say?

Isaiah 26.20, with its timely instruction:

"Come, my people, enter your rooms, & shut your doors behind you. Hide yourselves for a little while until the wrath is past."

For this time I will send all my plagues on you yourself, and on your servants and your people, so that you may know that there is none like me in all the earth.

- Exodus 9:14

As long as they have the disease they remain unclean. They must live alone ...

- Leviticus 13:46
 - "A man's spirit will sustain him in **sickness** (*machalahoe*), but who can support a broken spirit?" (Proverbs 18:14).
 - The Aramaic translation by Jonathan Ben Uziel translates the word *machalahoe* into *coranei* (which is Aramaic for *Corona*, or Crown).
 - Rashi, according to the blogger, said that the cure for this illness is as follows: "Someone with a healthy attitude, that tries to lead a happy life and he does not allow worries

to affect him, no power, including illness (such as corona) will be able to consume him." [https://www.israeltoday.co.il/read/analysis-corona-israel-and-the-world-apocalypse-now/]

from Julia Roberts Instagram ...

What if you thought of it as the Jews consider the Sabbath—the most sacred of times?
Cease from travel.
Cease from buying and selling.
Give up, just for now, on trying to make the world different than it is.
Sing. Pray. Touch only those to whom you commit your life.
Center down.

And when your body has become still, reach out with your heart.
Know that we are connected in ways that are terrifying and beautiful. (You could hardly deny it now.)
Know that our lives are in one another's hands.
(Surely, that has come clear.)
Do not reach out your hands.
Reach out your words.
Reach out all the tendrils of compassion that move, invisibly, where we cannot touch.

Promise this world your love for better or for worse, in sickness and in health, so long as we all shall live.

-LYNN UNGAR 3/11/20



https://youtu.be/uY94yRpMsqk

The Iranian regime speaks of an official death toll of 1,046, but opposition sources say the number is at least 4 times higher.

Dr. Afruz Eslami, an Iranian physician who is also a journalist warns that at least 110,000 Iranians will die from the virus. He further cautioned that if the healthcare system in Iran collapses that number could rise to 3.5 million people.

Iran's already battered economy will further collapse as a result of the Corona crisis and this is good news for Israel, which has been repeatedly threatened with annihilation by the fanatical regime in the Islamic Republic.

Iran won't have the funds anymore to finance its drive to build-up a Shiite Crescent in the Middle East and to give support to terrorist groups that threaten Israel's existence. [https://www.israeltoday.co.il/read/analysis-corona-israel-and-the-world-apocalypse-now/]

Shaunti Feldhahn reminds us that since we will be alone with each other lots, take the Kindness Challenge again.

• For 30 days, you will:

- Say nothing negative about your person either to them or about them to someone else. If
 you must provide negative feedback (for example, to discipline a child or correct a
 subordinate's mistake), be constructive and encouraging without a negative tone.
- Every day, find one thing that you can sincerely praise or affirm about your person and tell them and tell someone else.
- Every day, do one small act of kindness or generosity for them.

Across Africa and Asia, millions of people in historically unengaged people groups are now in rapidly growing Disciple Making Movements. In 2000 there were 6 such movements, today there are now 1,035!

Many thousands of former Muslim clerics have left Islam to become fearless disciples of Yeshua.

Growth in Africa and Asia is explosive. On average, between 2000 to 2020, (7,300 days): Africa had 37,825 new Messiah Followers every day over the last 20 years

- Latin America had 16,988
- Asia had 13,443
- North America had 1,999
- Oceania had 473
- Europe had 8

What is it that the congregations of the Global South are doing that makes so much difference?

- 1. Abundant, and Bold Prayer
- 2. Discipling to Conversion
- 3. Obedience-Based Discipleship
- 4. Empowering Ordinary People for Ministry
- 5. Make Replicating Disciples, not Converts
- 6. Never Ending Leadership Training for All

[https://www.christianpost.com/voices/christianity-is-growing-faster-than-any-time-in-history-why-is-the-church-in-europe-america-declining.html]



Jonathan Cahn – The Return video, a movement set for September during the High Holidays

[https://www.youtube.com/watch?v=44Tzg4VIJVE]

^{Ps 43.5} My soul, why are you so downcast? Why are you groaning inside me? Hope in God, since I will praise him again for being my Savior and God.

הַלְלוּיָהּ כִּי מָלַדְּ אֲדֹנִי אֱלֹהִינוּ Halleluyah ki malakh Adoni Elohinu Halleluyah, for Adoni our G-d reigns! הַלְלוּיָהּ כִּי מְלַדְּ אֲלֹהִי צְּבָאוֹת Halleluyah ki malakh Elohei Tsava'ot Halleluyah, for Adoni of armies reigns!

נְגִילָה וְנִשְׁמְּחָה וְנִתַּן לוֹ כָּבוֹד Nagila v'nis'mekha V'nitan lo kavod נְגִילָה וְנִשְׁמְחָה וְנִתָּן לוֹ כָּבוֹד Nagila v'nis'mekha V'nitan lo kavod [Come and rejoice and give Him glory]