# March 13, 2021 Passover with Passion Luke 22.14

A number of scientific studies have yielded some interesting results—smiling is good for you! Smiling actually makes you feel good, even if you're not feeling good at the moment. It prompts your brain to produce feel-good hormones, giving credence to the adage, "fake it 'til you make it."

One 30-year longitudinal study from U.C. Berkeley examined the smiles of students in an old yearbook and found that the width of students' smiles turned out to be accurate predictors of how high their standardized tests of well-being and general happiness would be, how inspiring others would find them, even how fulfilling their marriages would end up Those with the biggest smiles

[G-d's Revivalist Mag, Cincinnati, OH. Dawn's and my alma mater. Not just faking it, but the scripture commands: "Rejoice." If you have repented and received Messiah, you have authority to rejoice!

came up on top in all the rankings. Another study said "smilers" tended to live seven years longer.

- 1. Feel-good hormones: endorphins, oxytocin
- 2. General happiness
- 3. Inspiring to others
- 4. Marriage fulfillment
- 5. Live seven years longer!



Smiles are a universal greeting. They make you look more pleasant and trustworthy, as well as releasing endorphins – making you feel better too! Smiling is very important for our wellbeing, as people who smile live longer, are less stressed and more successful in life! Take a look at the benefits hidden in the corners of your mouth, and turn that frown upside down - because when you smile, the whole world smiles with you!



https://youtu.be/0VLEva3jZjM



Turn to someone right now and smile, wide.

- Almost impossible not to smile when dancing in worship, or when singing praise. Note in the screenshot.
- So, turn to someone, and smile WIDE. You who are on line, do the same, and if alone, smile at me!!
- If you are thinking, "I can't smile. Too much against me." Just think of Yeshua and His love for you IN your circumstances, and His resurrection power and His purposes, and rejoice in Him. His love is for you! Smile one of those slightly crazy looking believer worship smiles.
- We'll never do liturgy, or Hebrew, or dance, as well as the Chabad. But ... we can smile a Ruakh smile.

### Good news about the Purim offering

Ester 9.20-22 They were to make [Purim] days of

- 1. celebrating and rejoicing,
- 2.sending portions [of food] to each other and
- 3. giving gifts to the poor.

You gave \$5000 to HaTikva Aid, Evan Levine!!

HaTikva Aid supports believing families facing unprecedented times

Covid-19 and the resulting economic shut down has been hard on our country but has been even harder for those already experiencing financial crisis. Thankfully, <a href="HaTikva">HaTikva</a> Aid was able to step in and lend a hand to believing families facing unprecedented situations during these unstable times.

Why believing families? Jewish charities help the general population. Some Christian charities in evangelistic fervor give to those NOT in the body of Messiah. Messianic believers fall in the cracks at times!

Transition to the topic of the day ...

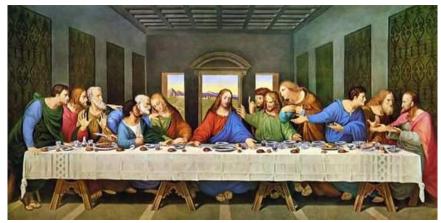




Liberation Passover. Justice was the theme of the riots this summer. In my day, it was peace, love and truth, man.

Lk 22.14-15 When the time came, **Yeshua and the emissaries reclined at the table**, and he said to them, "I have really wanted so much to celebrate this Seder **with you** before I die!

["With you" is the key phrase. Camaraderie, fellowship, intimacy in all we do. But first ... (a la Ben Shapiro) ... Thought I should clarify and debunk a detail however. "Reclined"]



Leonardo's famous painting...

- 1. Still daylight
- 2. Bread cf matzah
- 3. No families "When your son shall ask."
- 4. Fish cf lamb
- 5. Only one person stereotypically Jewish looking, Yehuda/Judas
- 6. Straight table

This is one of the objects of Christian culture that precipitated the Messianic movement.





Triclinium table. Note reclining.

Triclinium, dancing, women there, music.

[https://www.artranked.com/images/cb/cbf2d222268f695163fcc913d363493f.jpg]





[https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Ftse3. mm.bing.net%2Fth%3Fid%3DOIP.04BANZFrs5OcGeXGE01anwHaDq%26pid%3DApi&f=1]

[https://blogs.bible.org/wp-content/uploads/2020/08/Last-Supper-Triclinium-2.jpg]

<sup>Lk</sup> <sup>22.14-15</sup> When the time came, Yeshua and the emissaries reclined at the table, and he said to them, "I have really wanted so much to celebrate this Seder **with you** before I die!



Passover is relational "with you." With you. Relational event. BIG deal to share.

In my most secular days, leaving Judaism before knowing where I was going [Sophomore undergrad], I skipped Yom Kippur. Chose NOT to fast. No reason to.

Don't think I skipped Seder. Too warm and fuzzy, and food!

Passover is relational "with you."

- Love expressed in joy smiles
- · Love expressed in ritual: Leaven
- Love expressed in confession

Shmot/Ex 12.3 On the tenth day of this month, each man is to take a lamb or kid for his family, one per household.

Lamb per household.

Family is a unit of worship.

70% of American Jews observe

[Original mentality. 70% USA today.

Seder relational. Family was a worship unit!

First date I had with Dawn was to take her to a Passover Seder.

My parents would fly me in from Cincinnati for Seder. After married, flew Dawn and me to NYC. Last item to drop off radar when Jews assimilating. In the former Soviet Union, Jewish practice prohibited but one woman only knew of "holiday crackers." Till HS age then the former Soviet Union passport, Yevrai. First time she found out she was Jewish. She came to faith in our Aleph outreach.]

All the liturgy and Torah that we do has an underlying purpose.

All relational. "with you"

Love G-d.

Love your neighbor.

Mk 12.28-31 One of the Torah-teachers came up and heard them engaged in this discussion. Seeing that Yeshua answered them well, he asked him, "Which is the most important mitzvah of them all?" Yeshua answered, "The most important is, 'Sh'ma Yisra'el, Adoni Eloheinu,

Mk 12.28-31 Adoni ekhad [Hear, O Isra'el, the Lord our God, the Lord is one], and you are to love Adoni your God with all your heart, with all your soul, with all your understanding and with all your strength.' The second is this: 'You are to love your neighbor as yourself.' There is no other mitzvah greater than these."

[No greater. Also, no other context. All fleshes out these two. Any other context is legalism and death! Someone recently said that they came to Or HaOlam and felt a lot of love. Bless you all! Continue and build it!]

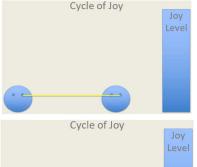
NEW HOPE FELLOWSHIP

What Is Joy?

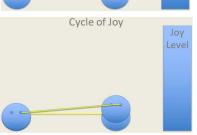
How can we understand "loving my neighbor?"

- Defined
  - "Being with someone who is glad as glad can be to be with me."
- Impact
  - Feels good
  - Dopamine released in both brains
  - Always relational—distinguishing it from "pleasure."
- Transmission
  - Non-verbal
  - Authentic
  - Cycles 6 complete transactions per second

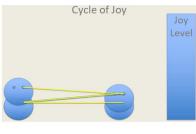
## Cycles 6 complete transactions per second – here's how ...



Person A sees Person B and before they are even consciously aware they see Person B their brain remembers that they like Person B and their brain releases a little dopamine which causes their face, specifically the eye to communicate, "I'm glad to see you." When Person B ...

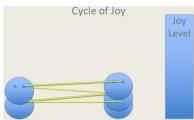


... receives that non-verbal, "I'm glad to be with you" message, it triggers a dopamine response in his brain that feels good and raises his joy level.



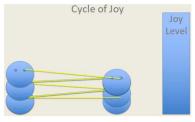
Person B then is "glad to be with their friend also" and reciprocates by sending a "I am glad be with you also" message back.

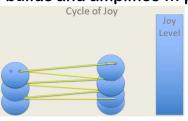
When Person A receives that message it stimulates the pleasure center of his brain to release a little more dopamine and now he is even more glad to see his friend. So, guess what he does?

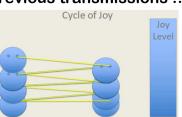


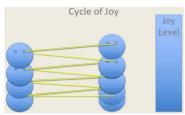
He sends another message which feels good to both him and his friend and raises both their joy levels a little more. And back and forth it goes.

And each transmission ... builds and amplifies ... previous transmissions ... And all this ...





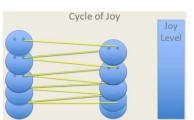


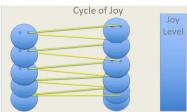


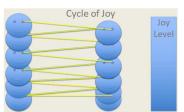
... happens ...

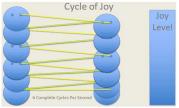
... at a rate ...

... of 6 complete cycles per second.





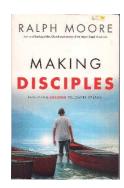




So, what just took me two minutes and 12 PowerPoint slides to explain happens 6 times each and every second you are with someone who is glad to be with you.

That is one of the reasons it is always authentic. You can't fake something that happens before you are even aware you are doing anything.

Fake it til you make it doesn't work with joy. Or much else for that matter but we don't have time for that discussion. Best illustrated not with Darrell Brazell's goofy blue faces but with a small child.



Similarly, the essence of discipleship is relational.

- 1. How are you doing?
- 2. What is G-d showing you in the Bible [Shma שמע]?
- 3. What are you doing with what G-d is showing you?
- 4. How are your disciples doing in their ministry?

Is there someone of whom you are asking these questions? Is someone asking you these questions?

- · Does anyone know what's going on in your life?
- · Does anyone care, or express caring?
- Passover is a time to connect with G-d and each other.

Yn. 17.21-23 That they may all be one. Just as you, Father, are united with me and I with you, I pray that they may be united with us, so that the world may believe that you sent me. The glory which you have given to me, I have given to them; so that they may be one, just as we are one — I united with them and you with me, so that they may be completely one, and the world thus realize that you sent me, and that you have loved them just as you have loved me.

Yeshua came not only to share life with us, but to GIVE us life!

### **Chronology of Yeshua's Last Supper Seder**



Lk 22.16-20 For I tell you, it is certain that I will not celebrate it again until it is given its full meaning in the Kingdom of God." Then, taking a cup of wine, he made the b'rakhah and said, "Take this and share it among yourselves.

[Envision: He was looking at them with eyes of joy, delight, understanding = love.]

THE FIRST CUP - THE CUP OF SANCTIFICATION はでは、 Kaddaysh

בּרוּדְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם בּוֹרֵא פִּרִי הַגַּפֵּן:

Ba-rukh atah Adoni, Eh-lo-hay-nu meh-lekh ha-olam, bo-ray pree ha-gafen Blessed are You, Adoni our G-d, King of the universe, Creator of the fruit of the vine. Enter into a spirit of separation: TV, movies, newsp ads [car show]

[https://scrolls4all.org/feasts/wp-content/uploads/sites/2/2014/08/en-feast-passover-figure-89-1024x773.jpg]

Lk 22.16-20 For I tell you that from now on, I will not drink the 'fruit of the vine' until the Kingdom of God comes." Also, taking a piece of matzah, he made the b'rakhah, broke it, gave it to them and said, "This is my body, which is being given for you; do this in memory of me."

Then the feast.





Then...He did the same with the cup after the meal, saying, "This cup is the New Covenant, ratified by my blood, which is being poured out for you.

[We've been talking a lot about the New Covenant, Jeremiah 31]

Lk 22. 39-44 On leaving, Yeshua went as usual to the Mount of Olives; and the talmidim followed him. When he arrived, he said to them, "Pray

that you won't be put to the test." He went about a stone's throw away from them, kneeled down and prayed, "Father, if you are willing, take this cup away from me;



still, let not my will but yours be done." There appeared to him an angel from heaven giving him strength, and in great anguish he prayed more intensely, so that his sweat became like drops of blood falling to the ground.

[4th cup sort of]



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leavening agents s'or מְמֵץ leavened food khametz מְמֵץ Khametz is a product that is both made from one of five types of grain and has been combined with water and left to stand raw for longer than eighteen minutes and becomes leavened.

Passover cleansing particulars
wheat Ḥittim, הְּשָּה
spelt Kusmin, בֶּקְמִין
barley Se'orah, שְׁעוֹרָה
oats Shibbolet shual, שִׁבֹּלֵת שׁוּעַל

shifon

Leavening agents, such as yeast or baking soda, are not themselves khametz. Rather, it is the fermented grains. Thus yeast may be used in making wine, and kefir.

Similarly, baking soda may be used in Passover baked goods made with matzoh meal and in matzoh balls. Since the matzoh meal used in those foods is already baked, the grain will not ferment. [https://en.wikipedia.org/wiki/Chametz also Kefir]

This applies to April 3 Oneg. Please, no khametz: leavened grain products.

rye

No: Bread, crackers [except matzah], pasta, cakes, cookies.

Noon, Friday, March 26, leaven-burning bonfire.

What about rice, corn, lentils, beans, and peanuts?

They don't leaven, but may appear to. So, Ashkenazic Jews forbid, called kitnayot.

Sephardic Jewish communities they are OK.

Or HaOlam follows the Sephardi.

[https://www.thoughtco.com/passover-forbidden-foods-2076548]

Sephardi more biblical, less add-ons. Great music too.]

So. it's a practice in observant Jewish homes to do a THOROUGH Spring cleaning! Get ALL the khametz out of every corner. Burn the crumbs. And then a prayer of covering.





[https://www.google.com/search?q=chametz+burning&safe=active&tbm=isch&tbs=rimg:CXGR7-dDLk5Bljg1lMGltlriQnD5c6B2s6UdbVpRCvMgvCD5eE9MM8tiLT6XdlbuvnKoOO-5W5ZnkZtz2ub3eWX4TyoSCTUgwaW2WuJCEWAR8\_1Sg2G0sKhlJcPlzoHazpR0RiWrzQiq97U8qEgltWlEK8yC8lBElpVnCqYqZzSoSCfl4T0wzy2ltET70tzS7UCuxKhlJPpd2Vu6-cqgRoFDs8WYCBXEqEgk477lZJmeRmxGgUOzxZglFcSoSCXPa5vd5ZfhPEaBQ7PFmAgVx&tbo=u&sa=X&ved=2ahUKEwjFwo7F3YPaAhWKqlMKHVllAzMQ9C96BAgAEBs&biw=1282&bih=884&dpr=1#imgrc=yXlZZUKJdFanwM:]



A new Israeli military version, getting out the impurities, corruptions.



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Passover is relational "with you."

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All the liturgy and Torah that we do has an underlying purpose.

All relational. "with you"

Love G-d.

Love your neighbor.

Why do we get leavened products, khametz out of our lives for the week? All relational ...

<sup>1 Cor. 5. 6-8</sup> Your **boasting** is no good. Don't you know that a little hametz leavens the whole batch of dough? Get rid of the old hametz, so you may be a new batch, just as you are unleavened—for Messiah, our Passover Lamb,

<sup>1 Cor. 5. 6-8</sup> has been sacrificed. Therefore let us celebrate the feast <u>not with old hametz, the hametz of</u> <u>malice and wickedness</u>, but with unleavened bread—the matzah of <u>sincerity</u> and <u>truth</u>.



# **Conclusion:**

Passover is relational "with you."

- · Love expressed in joy smiles
- · Love expressed in ritual: Leaven
- · Love expressed in confession [next week]
- 1. Do you KNOW Him and the assurance of sins forgiven?
- 2. Are you surrendered to Him, body, soul, spirit? Walking in relational love, confessing?
- 3. Are you filled with His Spirit, transforming your life?