June 8, 2024 G-d of Avraham, Yitskhak, Yaakov, and the errant Part 2

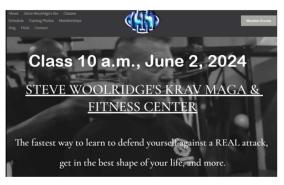


The IDF rescued four Israeli hostages from Gaza on Saturday, extricating them from Hamas terrorists and evacuating them to the Tel Hashomer hospital in southern Israel. The four were named as Noa Argamani, 26; Shlomi Ziv, 40; Almog Meir Jan, 21; and Andrey Kozlov, 27. [About 200 terrorists guarded the abductees. At the beginning of the operation, about 50 ran away. 55 were killed and the rest neutralized with various injuries. While the terrorists were busy fighting, another force emerged from another place and

kidnapped the abductees. Noa Argamani to Netanyahu: "I haven't spoken Hebrew in a long time."]

Sunday morning, 15 of us had a ארב מגע Krav Maga Israeli self-defense lesson.















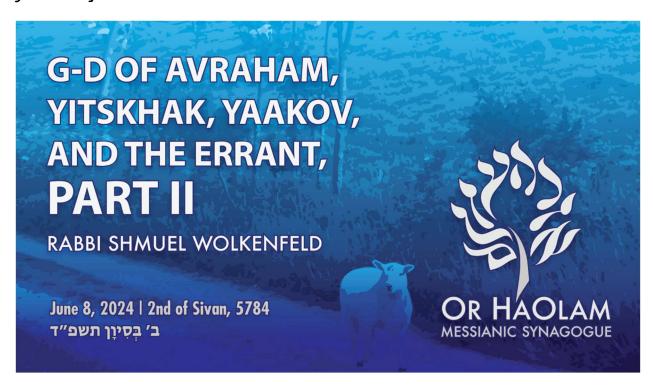


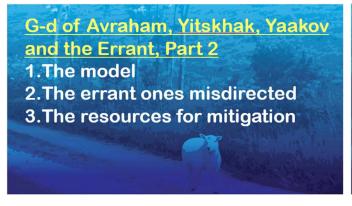


Concerning fighting, June 6 was the 80th Commemoration of D-Day. Bless all the veterans.

A man goes into a psychologist and says "Doc I think I'm going crazy! Sometimes I think I'm a teepee and sometimes I think I'm a wigwam."

The doctor says "Relax, You're too tents. That's all!" [from Amy Stewart]





G-d of Avraham, Yitskhak, Yaakov and the Errant, Part 2

1. The model

2. The errant ones misdirected

3. The resources for mitigation

Blessed be ADONI our G-d and the G-d of our forefathers The G-d of Avraham The G-d of Yits-khak and the G-d of Ya-a-kov

> בָּרוּדְ אַתָּה יְיָ [בָּרוּדְ הוּא וּבָּרוּדְ שְׁמוֹ]

Ba-rukh a-tah Ah-do-ni [Ba-rukh hu u-ba-rukh sh'mo]

אֱלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ E-lo-hay-nu vay-lo-hay avo-tay-nu

> אֶלהֵי אַבְּרָהָם אֱלהֵי יִצְחָק נאלהֵי יַעַקב

Eh-lo-hay Av-rah-am Eh-lo-hay Yits-khak Vay-lo-hay Ya-a-kov

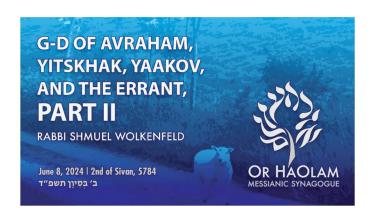
ןְשִׁנַּנְתָּם לְבָנֶיךְּ V'shee-nahn-tahm l'va-neh-kha

You shall teach them diligently to your children

We have many adult and teenage children who are radiantly walking in the legacy of their parents.

Last Shabbat, a wonderful report from Zurieli Rojas: North Carolina internship testimony with Elevation





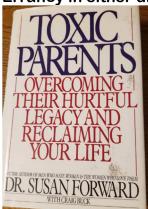
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Errancy in either direction





For people who are unable to discuss conflicts with their parents, resolution rarely happens. In this case, you need to be prepared to live with non-closure.

From the Adult Child's perspective:
When and how to go "no contact" with your toxic parents is not a one-size-fits-all remedy to dealing with parental conflict, and it certainly doesn't guarantee a resolution. However, there are times when estrangement is the only tool you have left to

protect yourself, your spouse, and your children from harm or dysfunction.

[https://www.happierhuman.com/no-contact-parents/]

On the other hand

Yvonne B., a 61-year-old health care provider from California, has had almost no contact with her 34-year-old daughter for over a year. "She began distancing maybe 2 years ago. Then she texted, saying her therapist advised her not to be in touch," Yvonne said. "She called me 'manipulative,' and 'narcissistic,' and said she needed to 'set boundaries."

Kevin H., a computer technician from New York, hasn't spoken to or heard from his younger son for 15 years. "Fortunately, I have a good relationship with my older son," he said. "I'll admit I'm not the most emotionally expressive person on the planet, but I haven't done anything to deserve this. I think my ex-wife turned him against me."

"For centuries, society's values included 'respect your elders' and 'honor thy father and mother,' and there were notions of loyalty and family ties. But today's values focus more on identity, personal growth, individual happiness, and self-esteem," Coleman said. Anyone perceived as standing in the way — including a parent — can be jettisoned.

Reasons for Estrangement

- · Divorce: hostility, picking sides
- Opposing religious or political views
- · A son- or daughter-in-law
- Addiction and mental illness
- Therapists: Therapists typically explore their clients' childhood memories to see how they might have contributed to present-day difficulties. A misguided therapist may "inadvertently encourage a victimized stance in relation to the parent, as opposed to a stance that sees the parent in a more three-dimensional way."

And some therapists use diagnostic terms, like "narcissist" or "borderline," to describe parents they've never met. Mental health is regarded as a process of setting boundaries rather than finding compassion toward a parent's human imperfections.

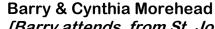
[https://www.webmd.com/parenting/news/20230620/dealing-with-adult-child-estrangement These terms are real descriptors, but can be overused.]

In my studies of the lives of older Americans, I learned that almost nothing is as painful to them as estrangement from an adult child. When we reach the later years, our dream is to be surrounded by loving children and grandchildren.

For some older people, however, a negative relationship with one of their offspring - or even worse, complete separation from him or her - is profoundly difficult.

[https://www.huffpost.com/entry/parents-estranged-children_b_7297294

Risa S. Breckman, LCSW, Therapist and Director of NYC Elder Abuse Center]



[Barry attends, from St. Joseph, from time to time, since about 2010. Came with me on the Israel trip when my son Ben was on. He and Cynthia have brought their children up in home school or Christian school. Best nurture in the L-rd they could. We've had lunch together from time to time. I eat lunch for a living.]

This is their experience from Cynthia's perspective:

"In 2012 we lost our oldest son to estrangement. He married a woman who by the looks of things seemed to be a good match. A believer well educated, attractive, athletic, from a solid family. All things true of him as well. They had much in common. However, she wanted him to herself and wanted nothing to do with our family.

"The first thing she did after they returned from their honeymoon was to cut off all communication between him and the entire extended family and then begin the process of turning him against us. Six years later our son's high school and college friends began contacting us.

"Apparently, she had not only cut off our family but also anyone who knew him prior to her entering his life. My grief was great those first three years. A sister in Messiah recommended a book to aid in my healing.

[We had dinner with Barry and Cynthia a few weeks ago, and the memory of her grief and trauma was palpable.]

"It's called *In Sheep's Clothing* subtitled 'How to identify and deal with manipulative personalities.' It is not a faith based book. It is written by a psychologist regarding what he's learned through the patients in his practice. I was to the acceptance stage of grief before reading the book, but the truths I discovered in this information gave me emotional freedom which was a deeper level of healing.

"In April of 2021 our youngest daughter ghosted us. We had no idea why. She and her husband had only been married a few years and we didn't know if maybe they needed some space to work through something. We can respect privacy as long as we know our daughter is okay. But in September of that year at a family wedding we were both attending it was clear that was not the case.

[Ghosted, new to me term, vanish like a ghost. No response to text, phone, email.]

"They would not come near us. After the reception they met us in the parking lot where she read a prepared statement off of her phone. In it she explained that she was going through 'something.' She was getting counseling. Until she gets her feet underneath her she would appreciate if we would respect her boundaries. And while we're at it maybe we should get some counseling to figure out why none of our kids want to spend time with us (!!!). My husband asked if we had hurt or offended her in some way that we are unaware of.

"Was there anything we should apologize for? She kept things vague and gave no answer. I listened, but before she left I hugged her, kissed her, told her that I loved her, and let her know that whenever she is ready I am here. That was the last time I spoke to her.

"We had moved our youngest son to Columbia during the pandemic that he may begin his pursuit of his doctorate MU. He was single, lived alone, because of the pandemic he worked remotely and all his classes were being taught online. He would call us five times a week, sometimes alternating, calling his dad one day and me the next.

"We were always in touch ... until he went camping **one time** with his sister and her husband. Ever since then he has cut us out of his life as well. He communicated that officially in January of 2022. No explanation other than he is too busy right now to entertain phone calls, texts, or visits from us. That was the last time we heard from him.

"We have since learned of a movement or therapy technique which targets Gen X and Millennials with their message. Their message is spread through counselors and through the psychology departments of universities that are training counselors. They have four main objectives:

- 1) tell their patients/clients/students to cut off all communication with their parents and don't tell them why. That's called 'reclaiming your power'
- 2) talk a lot about boundaries "I would appreciate it if you would respect my boundaries"
- 3) gaslight your parents. Let them know you have a problem (without saying what it is) and insinuate that they have some responsibility for your problem.
- 4) convince these young people that they are victims and they need to share their story with others as part of their healing.

"Our daughter and son-in-law have spoken to folks in our family and church. Although we have no idea what is being said, some of those people have cut us out of their lives as well. Since then we have met over two dozen lovely believing families whose adult children are doing the same identical thing to them. Some of them go to counseling. Some of them are counselors.

"Three of our four children no longer have contact with us but I have joy and I have peace because I know a few things:

- 1) I know that I am imperfect. I make mistakes and will probably continue to as it's part of the human condition, however
- 2) I know that when it came to parenting I did my very best and our children were given a firm foundation from which to launch
- 3) I know that our children are adults and responsible for the consequences of their own choices

"My husband and I are at a season of life where we don't have time to waste feeling sorry for ourselves or chasing after relationships with people who have communicated clearly that they don't currently want us in their lives. Although this is not how we pictured our story turning out, God continues to redeem our story by continuing to bring people of all ages into our lives who want, need, and will accept our love. Our definition of family has changed, but that's ok because God keeps extending our 'family' to include those we might not have known otherwise. It's not what we pictured, but it's beautiful.

"I continue to pray for our children and hope that one day they will turn back to the Father, but whatever they choose we are going to be fine because we're moving forward with the one who loves us more than any other." *Cynthia Morehead*





"Going No Contact." It's literally a scripted plan that they follow. It starts when they judge us as not just humans with whom they disagree, but "evil" because we don't see things their way.

Thanks to the self-esteem movement, any time they were uncomfortable for a moment equals abuse. Anytime they are not happy, they have been wronged, and the person who dared to 'make' them feel bad is a Narcissist.

After justifying to themselves that they are RIGHT and their parents are EVIL NARCISSISTS, they

begin plans to "Go No Contact."

Estrangement is the last resort action to protect your wellbeing. If a resolution is not possible, severing the relationship may be the only choice you have.

Have you exhausted support groups, counseling, and everything else?

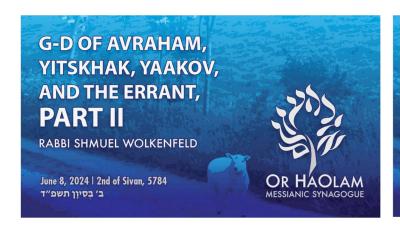
[https://www.gransnet.com/forums/estrangement/1235012-The-Brainwashing-Behind-Going-No-Contact?]

[https://www.happierhuman.com/no-contact-parents/]

Contributing factors in the believing world

- Escapist theology that says, "We're going to be out of here any minute!"
- Excessive individualism > community and accountability

[Are you in an accountability relationship with some others?]



G-d of Avraham, Yitskhak, Yaakov and the Errant Part 2

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How to Build Trust and Reconcile With Estranged Adult Children

- 1. Initiate Change
- 2. Walk in Humility
- 3. Find Common Ground
- 4. Choose Affirmation
- 5. Let Go of Control
- 6. Take the Time Needed





11 Steps for Going
No Contact with

Your Toxic Parents

[https://www.focusonthefamily.com/parenting/family-estrangement-6-ways-to-reconcile-with-adult-children/]

"Josh Coleman, PhD, is author of the books, *Rules of Estrangement* and *When Parents Hurt*, call this a phenomenon "a modern-day epidemic and a modern-day tragedy."

"Coleman recommends seeking the "kernel of truth" in your adult child's complaints, even if they seem outrageous. "You might say, 'I haven't thought about myself in that way, but maybe there were narcissistic things I did. Is there a particular memory that gave you that feeling?' That shows you're receptive to their concerns."

"Communicate empathetically and with willingness to take responsibility for any mistakes you might have made. "If you don't understand why your child distanced, tell the child you don't understand but you want to, that it's clear you have blind spots."

"In your letter, you can express willingness to go into family therapy together, even to meet his/her therapist. And if you're sitting with the therapist, it's better to listen than to challenge your child's memories or perceptions.

"When it comes to relationships, perception = reality."

[https://www.webmd.com/parenting/news/20230620/dealing-with-adult-child-estrangement]

"Experience has taught me that when it comes to family life, nothing is simple or formulaic. Children who remain close to their parents didn't all grow up on Sunnybrook Farm.

"And those who distance themselves or choose to have zero contact haven't all done so because their parents failed them in some significant way.

(Though, of course, some have.) Many fine parents have children who pull away -- sometimes for reasons the parents cannot figure out.

"If your grown child has pulled away, ask yourself this: Is there an unresolved issue that needs to be addressed?

"Is there something I might do to make that resolution possible? Is there something I need to apologize for or forgive? Difficult as it is, I've seen many parents remain openhearted to their estranged children, reaching out, inviting contact, expressing their love, with no expectation or insistence that it be reciprocated.

[https://www.huffpost.com/entry/parents-estranged-children_b_7297294]

Mike and Becky McNamee, founders of Bold Destiny

"LEGACY OF FAITH is an uplifting, one-of-a-kind <u>retreat</u> <u>for Grandparent Couples</u> desiring generational impact and a spiritual heritage that outlives them.

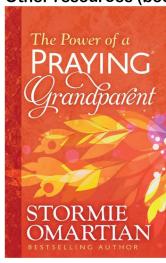


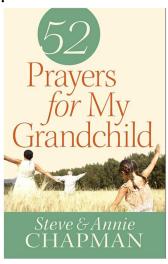


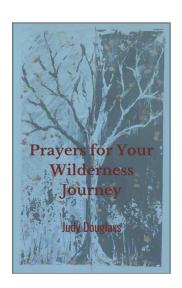
"These retreats are being held at the beautiful Glen Eyrie Conference Center in Colorado Springs. We will address potential threats and barriers to building your Legacy of Faith, such as ... prodigal children/grandchildren, resistance to God, long-distance grandparenting, complex family dynamics, past regrets, and cross-generational communication."

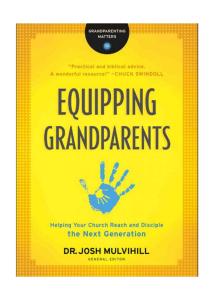
[https://bolddestiny.com/]

Other resources (books):









More at Legacy Coalition < Legacy Coalition@churchgrowth.org>

A Day of Prauer for Prodicals

Legacy Coalition again June 29, 2024



G-d of Avraham, Yitskhak, Yaakov and the Errant Part 2 1. The model 2. The errant ones misdirected 3. The resources for mighty Messianic mitigation



Shavuot is not today, but Tuesday evening – Wednesday. We are just acknowledging it today since we have our major attendance. Come back Tuesday evening for a study/worship/dairy fest.

The plethora of biblical Levitical, and historic, extra biblical holidays we observe as Messianic Jews and those from the Nations, SHOULD build a better family joy, celebration, unity. https://www.ou.org/holidays/files/Shavuot-3-e1462448280402.jpg

We are commemorating the day. Come back Tuesday night!

Three themes to Shavuot [=Weeks, 50s, Pentecost]

First fruits of the wheat harvest

Vayikra/Lev 23.16-17 You are to count fifty days; and then you are to present a new **grain** offering to Adoni.

You must bring bread from your homes for waving — two loaves.

[Wheat, staff of life]

Three themes to Shavuot [=Weeks, 50s, Pentecost]

- 1. First fruits of the wheat harvest
- 2. Receiving of the Torah

[The Jewish nation was at Har Sinai, Mt. Sinai, on that day.]



[https://www.bethshalomnb.org/wp-content/uploads/2020/01/shavuot.jpg Wheat and the Word]



Three themes to Shavuot [=Weeks, 50s, Pentecost]

- First fruits of the wheat harvest
- 2. Receiving of the Torah
- 3. Receiving of the Ruakh / Spirit

[The followers of Messiah were in Jerusalem and had just finished the count to Shavuot.]

[https://external-content.duckduckgo.com/iu/?u=http%3A%2F%2Fthejewishlady.com%2Fwp-content%2Fuploads%2F2017%2F05%2Fshavuot.jpg&f=1&nofb=1&ipt=9faaa98ccda436c9edbb8b2c71836acf6b0492d0f11ce4025bf36c6ab8ab05da&ipo=images

The Torah is likened to nourishing milk.

Yeshayahu/ls.55.1 "All you who are thirsty, come to the water! You without money, come, buy, and eat! Yes, come! Buy wine and milk without money — it's free!

Song 4.11 Your lips [word], my bride, drip honey; honey and milk are under your tongue;

^{1 K 2.2-3} Like newborn babies, [be] thirsty for the pure milk of the Word; so that by it, you may grow up into deliverance. For you have tasted that Adonai is good.

Tuesday, June 11-12, 7 p.m.

שבועות Shavuot (Pentecost)

Shavuot is described in Vayikra (Leviticus) 23: 15-16 as the culmination of 50 days, or seven weeks, that have been counted, starting with the day of Firstfruits. Shavuot is a very significant and glorious celebration for Messianic Jews and Gentiles!



[https://1.bp.blogspot.com/-

Ex2NM_oW4XY/Xtlsp6UHO4I/AAAAAAAAAAFkY/d3Sl1tjcy5MLrTgH2WrGKwOPCJAXQWonACLcBGAsYHQ/s1600/Pentecost.jpg

Acts 2.1 The festival of Shavu ot arrived.

sumpléroó: to fill up completely, hence to fulfill]

Tikkun Layl Shavuot

The *Tikkun* is a late night midrashic style Bible study interspersed with dairy treats (and coffee). The traditional topics are the book of Ruth, and the opening and closing verses of any Shabbat portion. Therefore, cheesecakes, cheese blintzes, cheese kugel, and cheese kreplach, veggies or salads and dips, nachos and cheese, chips and dip, cheese danish, etc., would all be appropriate at the Tikkun.

Tuesday, June 11, 7 pm

Session	Worship leader/ teacher
1st Session 7 to 8 p.m.	Jim Templer
Celebration 8 to 8:30	Dairy, veggie treats/ Coffee
2 nd session 8:30 to 9:30 p.m.	Baruch Burt
Celebration 9.30 to 10	Dairy, veggie treats/ Coffee
3 rd session 10 to 11 p.m.	Jong Kim
Celebration and cleanup 11 till?	Dairy, veggie treats/ Coffee

