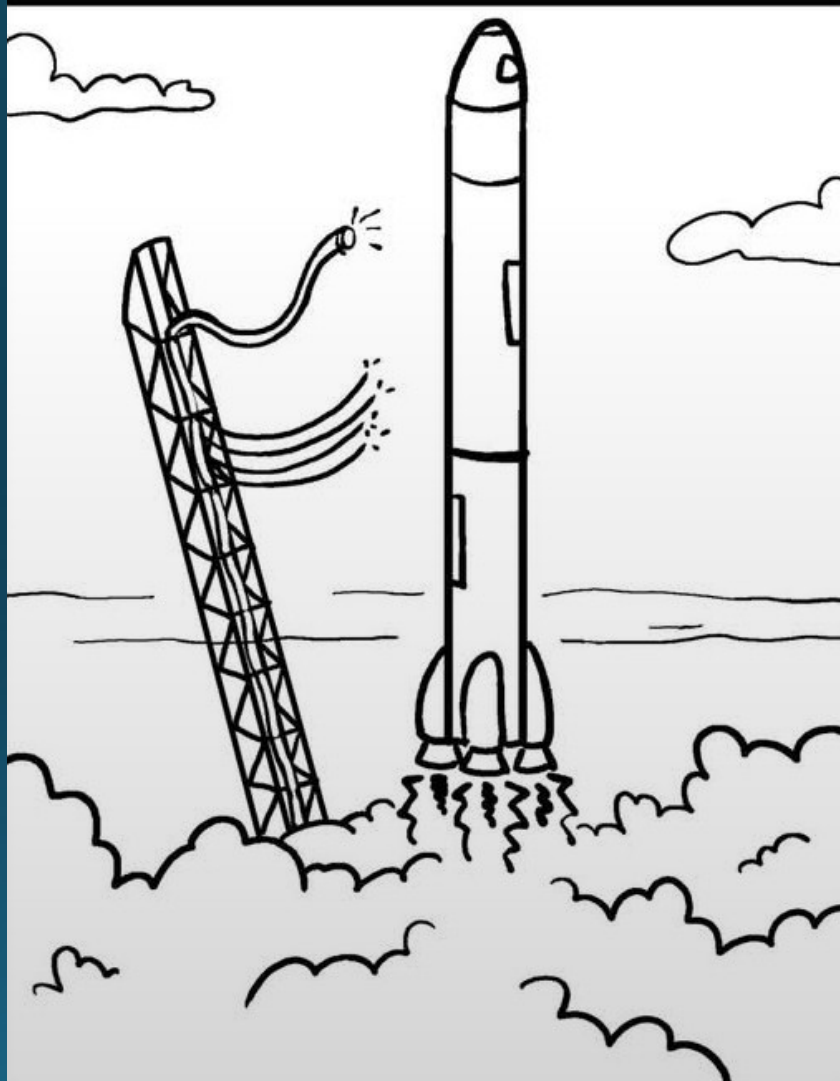
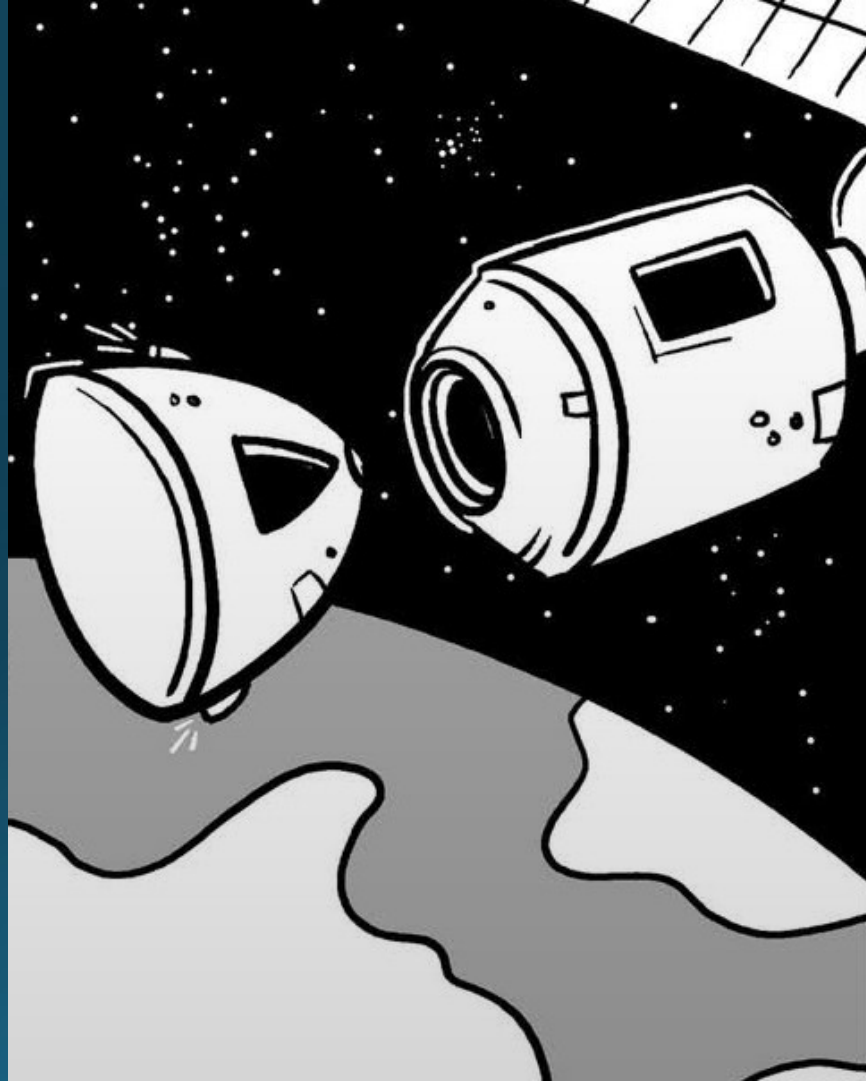




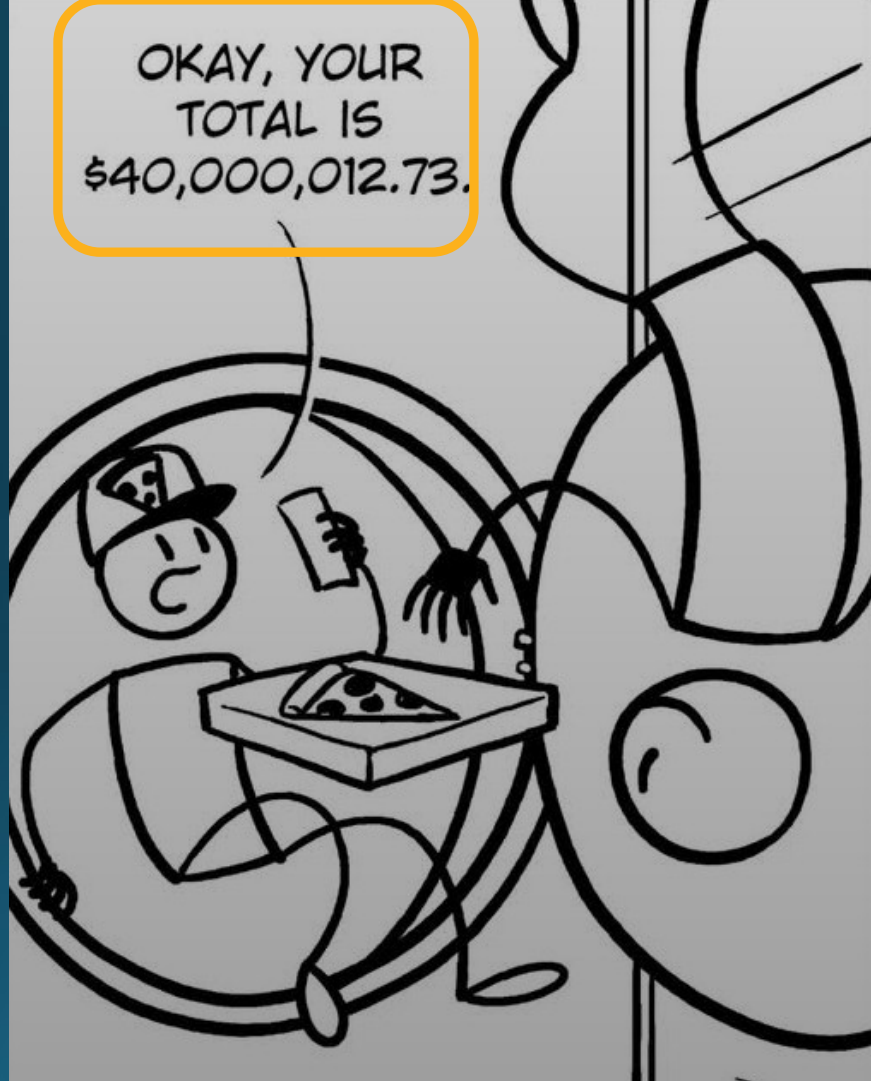
SpaceX's market value surged to approximately \$2.18 trillion following its Nasdaq debut, with shares jumping 23% on its first day of trading.

Here's why...





OKAY, YOUR
TOTAL IS
\$40,000,012.73.



©CHRISHALLBECK

Rabbi's Regimen

Research suggests that skeletal muscle does more than support movement—it also functions as an endocrine organ. During exercise, muscles release signaling molecules known as myokines, which communicate with the brain and help support areas involved in memory and learning, including the hippocampus.

As muscle mass declines, these beneficial effects may diminish, potentially increasing the risk of cognitive decline. This is one reason why regular physical activity is considered important not only for maintaining muscle strength, but also for preserving brain health.

Try Dancing: Dancing is a highly recommended brain-boosting exercise. It involves physical activity, as well as practice in memorizing steps, training hand-eye coordination, and increasing social interaction, all of which are beneficial for stimulating brain function.

COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיּוֹן תִּשָּׁפ"ו



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua
2. Intimidation
3. Cojourner concept
4. Talmidut / Discipleship

Yeshayahu/Isaiah 61.1-3 The Ruakh of ADONI Elohim is on me, because ADONI has anointed me to proclaim Good News to the poor. He has sent me to bind up the brokenhearted, to proclaim liberty to the captives,

Yeshayahu/Isaiah 61.1-3 and the opening of
the prison to those who are
bound, to proclaim the year of
ADONI'S favor | and the day of our
God's vengeance, to comfort all
who mourn, to console those who
mourn in Zion,

Yeshayahu/Isaiah 61.1-3 to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness, that they might be called oaks of righteousness, the planting of ADONI, that He may be glorified.

COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיּוֹן תִּשְׁפָּר



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the
Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua

2. Intimidation

3. Cojourner concept

4. Talmidut / Discipleship

Ro 1.16 For I am not ashamed of the Good News, for it is the power of God for salvation to everyone who trusts—to the Jew first and also to the Nations.

2 Cor 5.20 Therefore, we are ambassadors of the Messiah; in effect, God is making his appeal through us. What we do is appeal on behalf of the Messiah, “Be reconciled to God!

Mark 16.15-16 Then he said to them, “As you go throughout the world, proclaim the Good News to all creation. Whoever trusts and is immersed will be saved; whoever does not trust will be condemned.

1 Kefa/Peter 3. 15-16 Treat the Messiah as holy, as Lord in your hearts; while remaining always ready to give a reasoned answer to anyone who asks you to explain the hope you have in you — yet with humility and fear, keeping your conscience clear,

1 Kefa/Peter 3. 15-16 so that when you are spoken against, those who abuse the good behavior flowing from your union with the Messiah may be put to shame.

T'hilim / Psalm 71:15 All day long my
mouth will tell of your righteous
deeds and acts of salvation,
though their number is past my
knowing.

Col 4.5-6 Behave wisely toward outsiders, making full use of every opportunity — let your conversation always be gracious and interesting, so that you will know how to respond to any particular individual.

Mtt 28.18-20 Yeshua came and talked with them. He said, “All authority in heaven and on earth has been given to me. Therefore, go and make people from all nations into talmidim, immersing them into the reality

Mtt 28.18-20 of the Father, the Son and
the Ruakh HaKodesh, and
teaching them to obey everything
that I have commanded you. And
remember! I will be with you
always, yes, even until the end of
the age

COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיוָן תשפ"ו



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the
Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua
2. Intimidation
3. Cojourner concept
4. Talmidut / Discipleship

Intimidation

1. It's not restful to always have a mission. Obsessive.
2. It seems invasive to be always telling people to change their life and opinions.

Intimidation

3. If we are not living right...

4. It can only be done right out of abundance of love, joy, peace.

Acts 4.31 When they had prayed, the place where they were gathered was shaken. And they were all filled with the Ruakh ha-Kodesh and began to speak the word of God with boldness.

Acts 8.4 Those who had been scattered preached the word wherever they went.

Acts 5.40-42 After summoning the emissaries and flogging them, they commanded them not to speak in the name of Yeshua, and let them go. The emissaries left the Sanhedrin overjoyed at having been considered worthy of suffering disgrace on account of him.

Acts 5.40-42 And not for a single day,
either in the Temple court or in
private homes, did they stop
teaching and proclaiming the
Good News that Yeshua is the
Messiah.

COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיּוֹן תִּשְׁפָּׁר



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua
2. Intimidation
3. Cojourner concept
4. Talmidut / Discipleship

Cojourner is a made-up word by an outreach organization.

From:

Sojourner: a temporary resident,

The term sojourner in the Bible refers to a person who is just passing through.

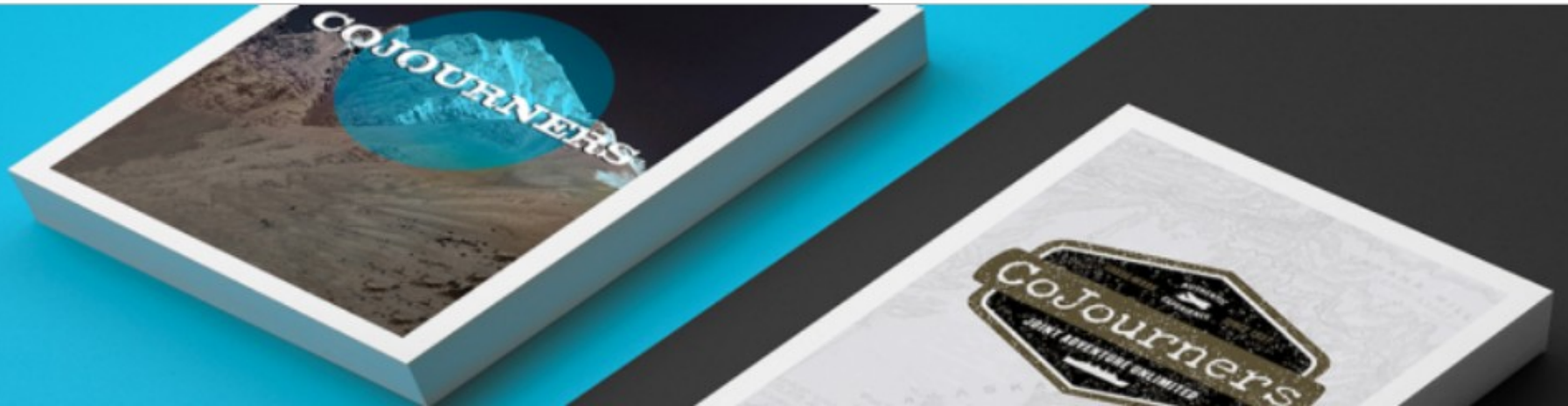
The Israelites were sojourners in the wilderness; it was not their home. They were merely sojourners there, yearning for the Promised Land God would give them for a permanent home.

Cojourner is a made-up word of:
Co-sojourner

That is, sojourning together.

God has created people as spiritual beings. Therefore, everyone's life is a spiritual journey. Some may be moving toward God, others away. Some may be moving toward other so-called "gods" or stuck in a spiritual quagmire. But everyone is on a spiritual journey. But we don't always recognize that in others.

COJOURNERS



BECOMING A COJOURNER

JOINING OTHERS ON THEIR SPIRITUAL JOURNEY

**Everyone
is on a
spiritual
journey**

**G-d is
already
at work**

**G-d really
wants to
use YOU!**

Yeshua listening

Luke 24.13-17 That same day, two of them were going toward a village about seven miles from Yerushalayim called Amma'us, and they were talking with each other about all the things that had happened.

Luke 24.13-17 As they talked and discussed, Yeshua himself came up and walked along with them, but something kept them from recognizing him. He asked them, “What are you talking about with each other as you walk along?”

Yeshua listening

Yn 4.5-7 Yeshua came to a town in Shomron called Sh'khem, near the field Ya'akov had given to his son Yosef. Ya'akov's Well was there; so Yeshua, exhausted from his travel, sat down by the well; it was about noon. A woman from Shomron came to draw some water; and Yeshua said to her, "Give me a drink of water."

Yn 4.24-26 God is spirit; and worshippers must worship him spiritually and truly.” The woman replied, “I know that Mashiach is coming” (that is, “the one who has been anointed”). “When he comes, he will tell us everything.” Yeshua said to her, “I, the person speaking to you, am he.”

Yn 4.34 Yeshua said to them, “My food is to do what the one who sent me wants and to bring his work to completion.

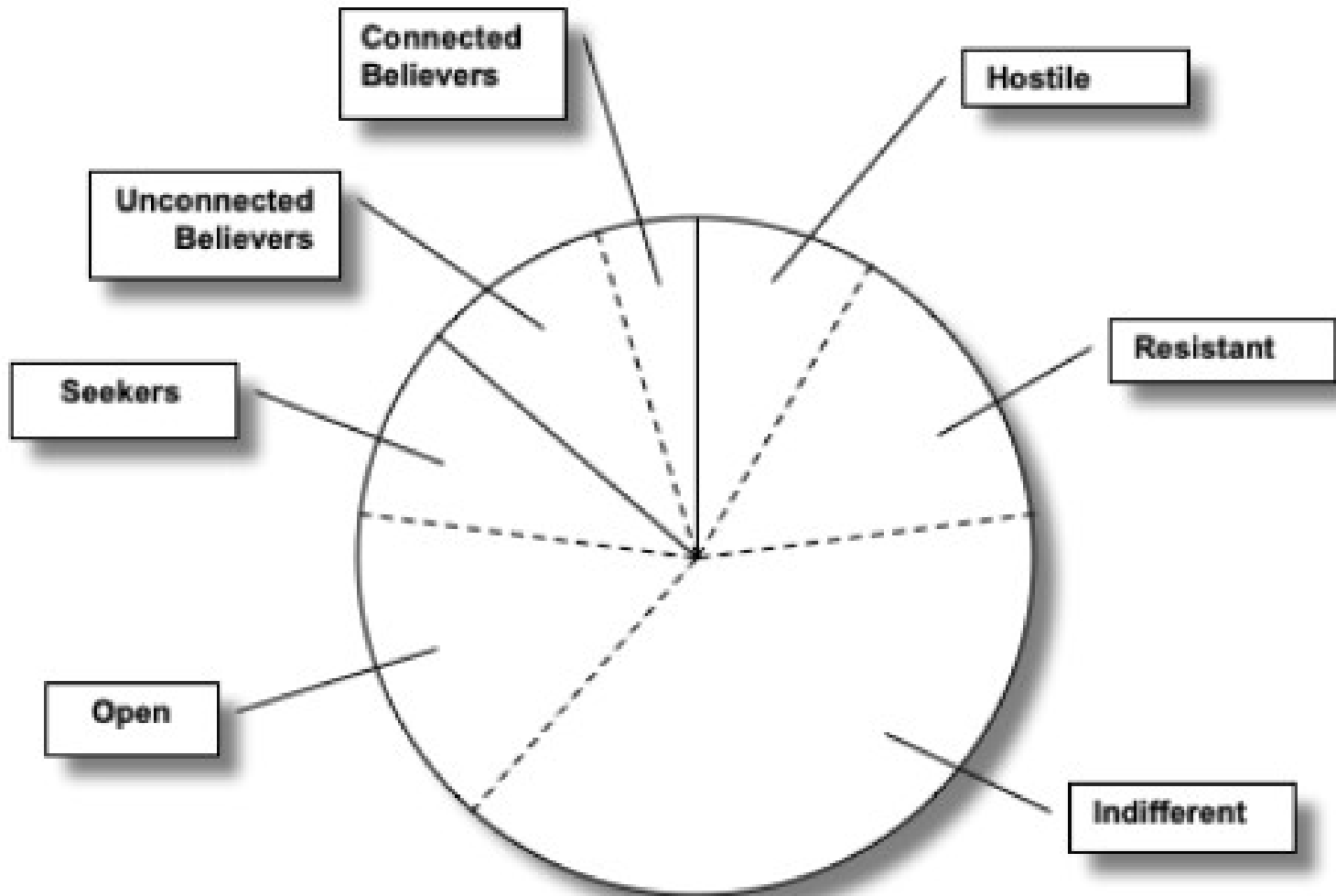
Yeshua listening

Yn 3.1-3 There was a man among the P'rushim, named Nakdimon, who was a ruler of the Judeans. This man came to Yeshua by night and said to him, "Rabbi, we know it is from God that you have come as a teacher;

Yn 3.1-3 for no one can do these miracles you perform unless God is with him.” “Yes, indeed,” Yeshua answered him, “I tell you that unless a person is born again from above, he cannot see the Kingdom of God.”

Often, we make assumptions, but we are often surprised by who is really spiritually open. Sometimes those whom we assume are the farthest away, are the most open.

The key principle: Explorers don't assume, they enter and discover. Our lives are filled with people who are spiritually unknown to us - we have no idea where they are spiritually.



● We'll discover believers – some who are Connected to a community of believers and growing, some who are Unconnected.

● We'll discover Seekers – who are searching for God in their spiritual journey.

- There are individuals who are Open –they are not actively seeking God, but they are generally open, if approached appropriately, if in a safe environment.

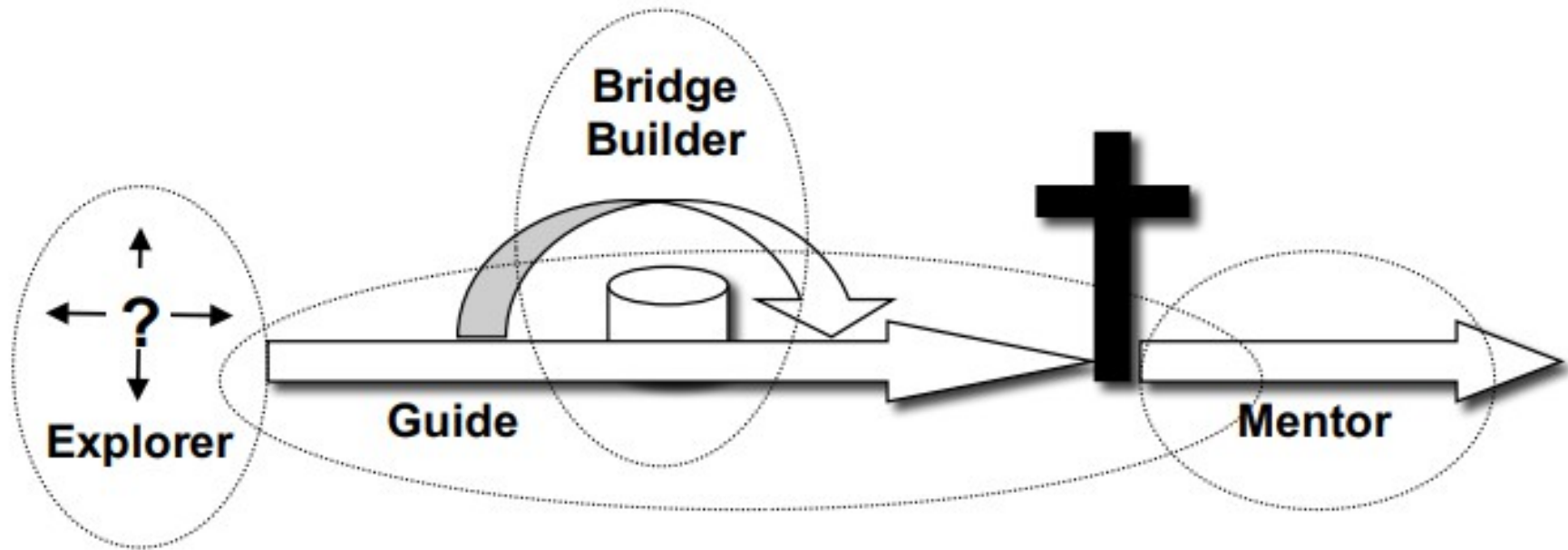
- The greatest majority may be the Indifferent. For them it is just not on their radar screen; they aren't thinking much about it, because it seems irrelevant to how they live.

- Another group is the Resistant.
Their resistance is rooted in world-views and beliefs that conflict with the gospel.

- Finally, there are the Hostile. Their hostility could flow out of strong beliefs that conflict with the gospel, but often it flows out of emotional issues like bad experiences in their past.

All of them need others to enter into their journeys and help them along. But before we can help show them the way to Yeshua (the Guide) or get beyond their obstacles (the Builder), or encourage them to keep following Messiah (the Mentor), we have to discover where they are.

The Four Roles of a CoJourner



Explorer: We need to discover where they are spiritually. We want to understand they've been and where they are, so we can help them come to Messiah. That is the role of the Explorer. The two main things an explorer does is ask questions and listen.

The Guide

A guide is someone who joins with you on a journey, helping show you the way. A good guide will explain things as you go, helping you understand as they lead you.

The Guide

That is the essence of being a witness – showing the way to Yeshua, helping someone understand how they may come to Him. What does a guide use? Their personal experience (often called a testimony or a life story) and the gospel.

The Builder

When a person is on a journey and comes to an obstacle, say a river, what do they need to continue on? [A bridge.] The same is true spiritually. There are all kinds of issues and obstacles that keep people from coming to Messiah – intellectual issues, emotional baggage, competing desires; etc.

We seek to deal with the issue, that is, we provide a bridge over and beyond the issue so they can continue to move toward Messiah. How? Through prayer and gentle persuasion.

Prayer is important because, no matter what the issue is, the enemy (the devil) seeks to use these obstacles as a way of blinding them and keeping them in spiritual bondage.

Prayer unleashes God's power.
But we also use gentle persuasion
—not trying to win an argument,
but coming beside them as a
friend or CoJourneyer and helping
them get beyond the issue.

The Mentor

When a person comes to Messiah, their spiritual journey is not over – rather it is just beginning. Now they need help and encouragement to continue to follow Yeshua. That is the role of the Mentor. The Mentor encourages new believers in their spiritual journey.

The Mentor

The two primary resources for the mentor are the foundational concepts of the Christian life) and relational connections to other believers. The new believer needs to develop significant connections with other believers – believing friends and a community. He also needs grounded in foundational truths for the Christian life.

The roles are not chronological, that is, always following the same order like a formula. They do always begin with being an Explorer. But the role you play next depends on what you discover about the other person and their spiritual journey.

More on Explorer

When you are at a mall and you look on a big map, what do you look for? The big X that tells you that you are here. That helps you figure out where you've been and where you want to go.

Spiritually, we want to help others find the big X in their lives. We want to understand where they've been and where they are, so we can help them come to Messiah. That is the role of the Explorer.

Listening: What do you listen for?

1. A window allows you to see what is on the other side. The closer you get to a window, the more you see.
2. The simplest way to see below the surface is to ask, “How are you?” and mean it. When people sense you are genuinely interested, many will openly share.

Listening: What do you listen for?

Unmet Needs

1. Life usually does not work well apart from God's design. So you can be assured that any one who is not following Messiah usually has significant unmet needs in their lives.
2. In fact, we have plenty of needs of our own as believers – which gives us more common ground.

Listening: What do you listen for?

Unmet Needs

3. The message of Messiah isn't the "cure-all" for all problems—i.e. "Believe in Yeshua, and your problem will go away". But the message fundamentally changes our experience and approach to the issues.

Listening: What do you listen for?

Traces of the Spirit

What is most exciting is when you discover how God is already at work in someone's life –

preparing the way, drawing the person to himself.

Spiritual Mapping

Examples of questions can include:

The Past Experiences: Where you've been

1. What was your religious background as a child?
2. What have you tried in your spiritual journey since?

Spiritual Mapping

Present Attitudes: Where you are

1. How has your search left you feeling?

2. Currently how important is the spiritual area of life to you personally?

Spiritual Mapping

Future Direction: Where you're going

1. Do you think you are moving toward God, away from God, or staying about the same?
2. How would you rate your desire to know God personally?

Our Opportunity this week

Unite KC Watch Gathering: Argentina V Algeria

Tuesday, June 16, 2026

7:30 PM - 10:30 PM

Or HaOlam Messianic Synagogue

9898 West 95th Street, Overland Park, Kansas,
66212, United States ([map](#))

[Google Calendar](#) · [ICS](#)



You're Invited: World Cup Watch Party!

Come join us for a relaxed evening of soccer, food, and fellowship at a World Cup Watch Party on Tuesday, June 16, at Or HaOlam Messianic Synagogue.

The party will begin around 7:30 PM, and the game is expected to start at 8:00 PM.

Dress casually and comfortably – whatever you would normally wear to an indoor sporting event is just right.

If you'd like, bring a biblically kosher food item to share – no pork or shellfish, please. Foods inspired by the countries playing would be a fun addition, too. If you're not able to bring anything, no problem at all. Just come and enjoy the game with us.

Bring your friends, wear your team colors, and join us for an unforgettable night as we gather around the global game together.

Everyone is welcome. We'd love to have you there!

[Register](#)

You're Invited: World Cup Watch Party!

Come join us for a relaxed evening of soccer, food, and fellowship at a World Cup Watch Party on Tuesday, June 16, at Or HaOlam Messianic Synagogue.

The party will begin around 7:30 PM, and the game is expected to start at 8:00 PM.

Dress casually and comfortably — whatever you would normally wear to an indoor sporting event is just right.

If you'd like, bring a biblically kosher food item to share — no pork or shellfish, please. Foods inspired by the countries playing would be a fun addition, too. If you're not able to bring anything, no problem at all. Just come and enjoy the game with us.

Bring your friends, wear your team colors, and join us for an unforgettable night as we gather around the global game together. Everyone is welcome. We'd love to have you there!

We don't know if there will be a flood or a flub. No one from the neighborhood came to our Super Bowl watch parties.

But this may be different.

Solu Site Map June 21



COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיּוֹן תִּשְׁפָּר



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua
2. Intimidation
3. Cojourner concept
4. Talmidut / Discipleship

Spiritual openness is growing, but discipleship is not keeping pace.

Two-thirds of U.S. adults say they have made a personal commitment to Messiah that remains important in their lives, a significant rebound from recent lows. Among younger adults, the signal is even stronger: Nearly three in four Gen Z adults say they are seeing peers commit their lives to Yeshua.

Importance of Faith: A Steep Decline

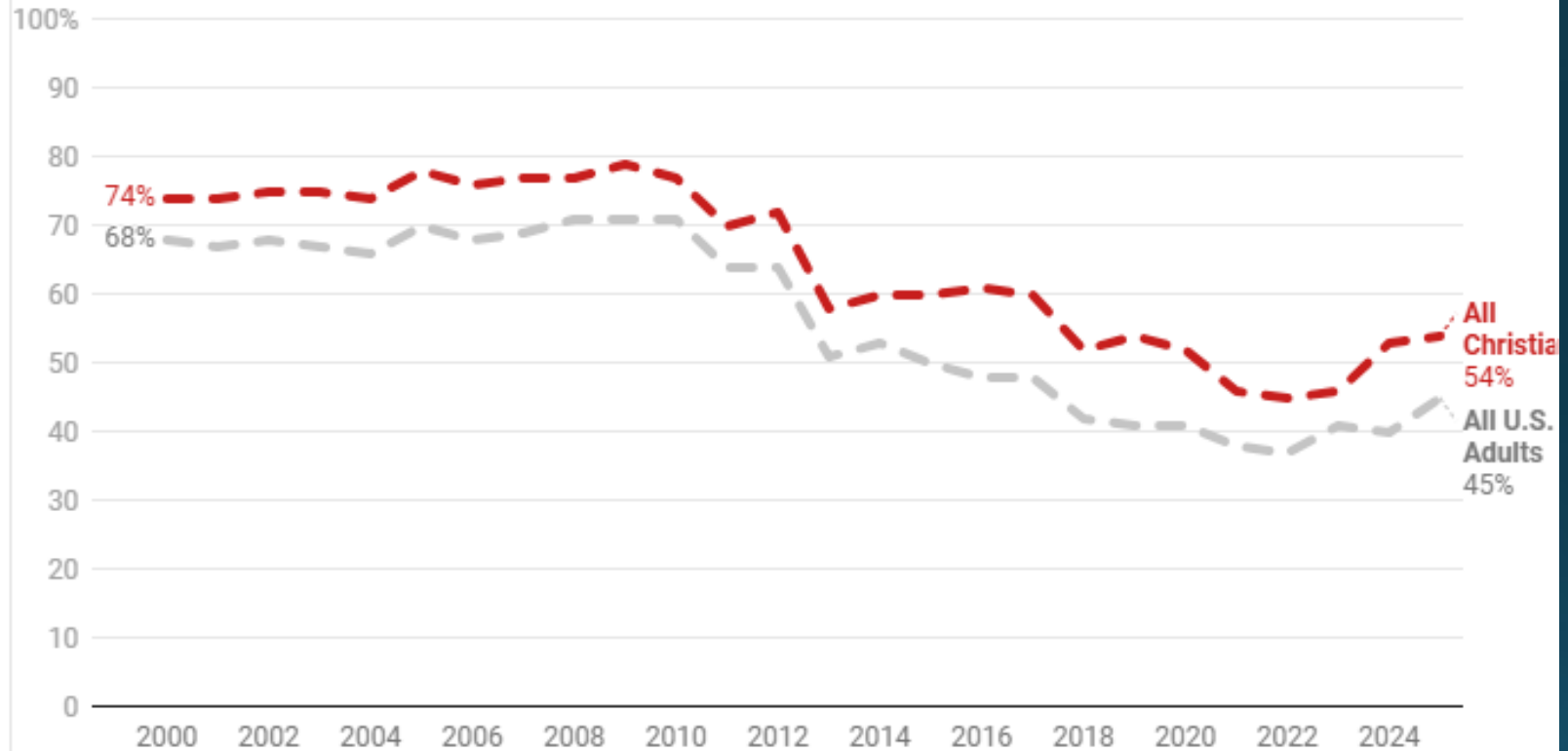
In 2000, nearly three-quarters of Evangelicals (74%) strongly agreed that faith was central to their lives. Today, that number sits closer to half (54%). By comparison, Christian identity dropped 12 points in the same time frame, and monthly congregational attendance dropped 7 points.

In short, while many still claim the Believer label or attend service, fewer are orienting their lives around their beliefs.

This decline matters because perceived importance is closely tied to lived discipleship. When belief ceases to carry weight in a person's worldview, Christian practices, such as church engagement and evangelism, tend to follow suit.

Faith Only Matters to Half of Believers

% Agree Strongly "My religious faith is very important in my life today"



Barna Group: n=138,566 U.S. Adults Between January 2000 and October 2025.

[Download image](#) • Created with [Datawrapper](#)

COJOURNER: BIND UP THE BROKEN HEARTED

Yeshayahu [Isaiah] 61:1

Rabbi Shmuel Wolkenfeld

June 13, 2026 | 28th of Sivan, 5786

כ"ח בְּסִיוָן תשפ"ו



OR HAOLAM
MESSIANIC SYNAGOGUE

Cojourner: Bind up the Brokenhearted, Yesh/Is 61.1

1. Scriptures on sharing Yeshua
 2. Intimidation
 3. Cojourner concept
 4. Talmidut / Discipleship
- 
- The background of the slide features a dark blue gradient with a faint, repeating pattern of a hand holding an open book. The text is overlaid on this background.

