

## CHICKEN PARMESAN

preheat oven to 350° Serves 8

1 egg ½ C. bread crumbs ½ C. parmesan cheese 8 pieces chicken	Beat egg with 1 T. water in small bowl. Mix bread crumbs & cheese in flat dish. Roll chicken in egg mixture, then in crumb mixture. Place pieces in oiled covered baking dish.
2 C. tomato sauce  1/4 C. onion, chopped  1/2 tsp. basil  1/2 oregano  3 cloves garlic, chopped  8 chicken pieces  1 C. shredded mozzarella	Mix together tomato sauce, onion, and spices. Pour over chicken. Sprinkle shredded mozzarella cheese over top. Cover and bake in 350° oven for 1 hour. Serve with cooked spaghetti or noodles.