

ONES CURRIED CHICKEN SALAD

serves 20

Salad ingredients:

3 stalks celery, chopped

2½ C. cooked, deboned chicken

2 medium apples, chopped

(tart are best - Fuji, Jonathan...)

½ medium red onion, finely chopped

½ C. red bell pepper, chopped

½ C. white grapes, halved

½ C. almonds, toasted and chopped

Mix ingredients in large bowl together with dressing.

(other options: pineapple chunks, raisins, water chestnuts, toasted sesame seeds)

Dressing:

½ C. mayo (or 1/4 C. mayo, 1/4 C. sour cream) juice of 1 lime or lemon

1 Tbsp. apple cider vinegar (or additional lime or lemon juice)

21/2 Tbsp. half and half

½ Tbsp. sugar

2½ Tbsp. curry powder

½ Tbsp. tumeric (optional)